BUFFALO
Pain and Healing

Pain Diary for Medial Branch Nerve Blocks (Facet Nerve Blocks)

The medial branch nerve block is intended to provide you with pain relief. We hope that your pain is reduced after these injections, but the first 8 hours after the injection are important for diagnostic purposes in determining if we blocked the right source of pain coming from your back. This pain diary is based on a scale of 0 (no pain) to 10 (worst imaginable pain). Please be sure to complete this pain diary as accurately as possible. You may: 1) bring this form to your next appointment if you are already scheduled for one, 2) fax this to 716-650-5744, 3) Email to bernardhsumd@yahoo.com, or 4) mail to: 1412 Sweet Home Road, Suite 6, Amherst, NY 14228.

Patient Name: _____ Date: _____

Please rate your pain on a scale of 0 (no pain) to 10 (worst pain possible):

Pain rating before the injection: **Time :** **Area of Spine:**

0 1 2 3 4 5 6 7 8 9 10

30 minutes after injection: **Time:**

0 1 2 3 4 5 6 7 8 9 10

1 hour after: **Time:**

0 1 2 3 4 5 6 7 8 9 10

2 hours after: **Time:**

0 1 2 3 4 5 6 7 8 9 10

3 hours after: **Time:**

0 1 2 3 4 5 6 7 8 9 10

4 hours after: **Time:**

0 1 2 3 4 5 6 7 8 9 10

6 hours after: **Time:**

0 1 2 3 4 5 6 7 8 9 10

8 hours after: **Time:**

0 1 2 3 4 5 6 7 8 9 10

1 day after: **Time:**

0 1 2 3 4 5 6 7 8 9 10

2 days after: **Time:**

0 1 2 3 4 5 6 7 8 9 10