

October
2021



United Church News

PASTOR'S POST

Greetings,

I remember watching one of those old lunch time soap operas and there was a main character, we'll call her Lucy, who ended up in the hospital with a horrible disease and a less than promising outlook. Can you imagine such a thing on a soap opera? After receiving the unwelcome news from her doctor, Lucy's friend brought a gift. The gift was a small empty bottle, with the label "Hope." The friend told Lucy to take a spoonful of "Hope" every day.

Rev. Dr. Martin Luther King, Jr. once said, "We must accept finite disappointment but never lose infinite hope." In these days of breaking news for every story, a never-ending news cycle, and headlines that cry out about doom and gloom, we need hope now more than ever. So, if not in a small empty bottle, where do we find our hope?

I like to hike. I find that when I am out on a hiking trail, the more strenuous the better, my hope to finish the hike flourishes.

Reaching out to others in a kind and caring way is important. The hope to make a positive difference in the life of another is always possible.

A friend once told me she found hope reading to a class of second graders at the school where she volunteered.

A counselor once shared that there is hope in the present moment. It is not found in trying to relive the past or in getting too far ahead in the future.

A friend likes to bake. She finds hope whenever she starts to mix the ingredients for her next culinary creation.

As a pastor I must tell you that hope is found throughout scripture. My online concordance shows 202 references. Here's one of them: "*Rejoice in hope, be patient in suffering, persevere in prayer*" (Romans 12:12).

And yes, I find great hope in the power of prayer.

Where are the places and what are the ways you find hope? It seems when we think about it, the sources of hope are endless. It's our ability to see those sources that's often limited.

And as for that old soap opera, I don't know whatever became of Lucy, but I'll never forget the bottle of "Hope." In fact, I have a small container of it on my bookshelf. I think I'll take a teaspoon right now.

Pastor Brady



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Greetings from our Music Minister!



From our Music Ministry department:

A huge thank you to our congregation who has been so supportive and vocal in complimenting our summer music program! Your words mean so much to our Praise Team, including Beverly Fletcher and Floyd Ellison!

We welcome back our Tenor soloist, Craig Zimmerman, and will be pleased that our Alto soloist, Caryl Leander, will be back with us by October 10.

Please invite your neighbors to our worship service for our ALL BROADWAY music morning on October 24, 2021.

Unfortunately, you can see that September has slipped away without having our choir rehearsals begin. This is very disappointing to me, but with the new Covid variant, we have to be very diligent in protecting each other. The Safety Team will address the possibility of Choir beginning again at their October meeting. It's always important to discuss the safety of a group singing together, which normally uses more breath in a confined space, but also the fact that our Christmas cantata usually attracts a large audience, which could also be dangerous at this time!

Whoever could've imagined that people raising their voices together to praise God, plus providing worship for a large congregation at Christmas time, could ever have been a bad thing??

I guess we will leave it in God's hands, and do it in His time.

Remember that you can hear all of our worship music, scripture, and sermons under my name on YouTube. Thank you everyone who has watched!

Yours for a song,

Alan Paulson

Minister of Music

Email: alanpaulson1@gmail.com

Text: 602-427-7035





Greetings from your Parish Nurse!

Some of you have asked me about the Covid Booster Shots. Here is what I have gathered from the CDC and FDA. Booster shots are recommended only for those over 65 and those who are at high risk for complications to covid due to other chronic disease. Our older populations and those at high risk of infections have always been the most vulnerable – so the idea is to continue to protect them. There is some evidence that the former vaccines lose some of their effectiveness over time and that a booster may increase the protection. This recommendation is based on only a limited study at this time, (only on a study in Israel involving 20 people), so the FDA did not feel that it warranted distribution to all Americans at this time. Further studies will hopefully follow soon giving more information about the vaccines and their protection. Remember that two doses of the vaccine were shown to give us 90% or more efficacy (or protection) as opposed to influenza shots that have a lower efficacy. So even if the efficacy of the Covid 19 vaccines has fallen a bit, it may still offer more protection than we have from influenza vaccines.

Only Pfizer and BioNtech booster vaccines are recommended at this time. These are the vaccines that were studied and are ready with the data for the boosters. Those who received their first vaccines from Moderna or Johnson and Johnson will have to wait a bit for their booster. The CDC and FDA are not recommending a booster of Pfizer for those receiving Moderna or Johnson and Johnson vaccines.

Booster shots are recommended at 6-8 months following the completion of the first vaccinations. The time period varies depending on the different institutions. But this means if you received your 2nd shot in February, you are now in your 7th month. If you received it in April, you are only in your 5th month. Both Walgreens and CVC Pharmacies have the boosters available. My understanding is that at this time, you can walk in and request the vaccine. Or call ahead and schedule an appointment. Be sure to take your record of the Covid vaccines you received, your picture ID and your insurance information. The pharmacies are offering both Covid boosters and Influenza vaccines at the same time. Personally, I want to get mine separated by at least a month or two in order to give my body a chance to respond and normalize again. Apparently this is not the recommendation to the Pharmacies, so you have a choice.

I hope this helps to answer some of the questions and concerns. Please call or email me at the church if you have other questions or concerns. I will be seeing you.

Greetings from your Parish Nurse!

Lisa Dunbar

**COMMUNION at
United Church**

**For World Communion Sunday on
October 3rd communion elements
will be provided**



Are you in need of pastoral care?

**If so, please contact the church
office at 623-933-0058.**

**Office Hours: Monday through
Thursday,**

9:00 a.m.—12:00 p.m.



The bookshelves in the Friendship Center and Beehive are brimming with all kinds of books (some with large print.)

It's a good time to browse the shelves and take several books home to read. You may find your favorite author, choose a first edition, fiction, non-fiction, biography, devotional, self-help and classic.

There is no time limit on these books. Please just return them on the designated shelf in the Beehive.

Thanks and happy reading!



SUN CITY OUTREACH

NEIGHBORHOOD WATCH

UPCOMING EVENTS TO SHARE WITH YOUR NEIGHBORS

We have several events coming up in the near future that should be of interest for you and your neighbors.

Please share the events and dates and we hope to see many of you attend the presentations.

KEEPING SUN CITY SAFE POSSE HEADQUARTERS 10862 W Sunland Drive

Sun City Posse - Maricopa County Sheriff Office - Sun City Fire and Medical

OCTOBER 16, 2021 9:00am - 1:00pm

FIRE SAFETY IN THE HOME SUN CITY FIRE & MEDICAL 10417 Grand Ave

OCTOBER 20, 2021 10:00am - 11:30am RCSC GRAND AVE RSVP 623-972-2555 or register at

outreach@suncityposse.org

Sun City Neighborhood Watch

Lt. Maria Coesens



Join us on Tuesday October 5, 2021 at 1pm for our next Speaker Series. *Alive by Design* from Dr. Albert Kim of Signature Chiropractic will be speaking about protecting our bodies and balancing our lives. There is to be a drawing for a door prize of a gift certificate for Signature Chiropractic for a free consultation. Join the fun in the Beehive and learn what you can do to take care of yourself.

Halloween Word Search

C O A I O E I Q A I I I P E U
S P N Q Q N U J W Y T L G L P
T N W E I T G N Q S W C E N I
R L V Y Y T N D O L O L V C W
E L D R V I R H I N A U L S I
A D T X L Q G I E D G R G C T
T G D B B U X E C M N V A P C
E P O G Q F W M B K J U O M H
S G F Q A O U G O Z B A M U E
J I X Y L A V N A N K Y T M S
I M O L L W E M C Z S K C M J
D U A P U M P K I N V T F Y C
O H A Z Y T C O S T U M E K G
C I L P E O C T O B E R Y R M
E P P X R S H W R H L J S S E



Fun
Costume
Mummy
October
Halloween
Goblin

Trick
Ghost
Monster
Witches
Pumpkin
Treat





October Birthdays

Grace Havlik	10/01
Robin Lemkuil	10/01
Ruth Troyer	10/05
Lavetras Edwards	10/13
Pat Dilmore	10/14
Ruby Brown	10/18
Marc Essig	10/20
Randy Skanes	10/21
Mary Sue Andreason	10/22
Bud Haynes	10/23
Don Stampfl	10/23
Jon Foote	10/25
Yolanda Winbush	10/25
Phyllis Eldridge	10/26
Nancy Westcott	10/27



October Anniversaries

Vern & Beverly Peterson	10/10
Bud & Mary Sue Andreason	10/26
Jerry & Donna Walter	10/28

Valley View Food Bank

Jesse Ramirez, Valley View Director, is so appreciative of all donations from United Church throughout the years. Your generosity helps so many families in need in our community. We are again collecting food items for the food bank. See the list below of the items Jesse needs.

Jesse Ramirez
Director, Valley View Food Bank
12321 NW Grand Ave

El Mirage AZ Mirage, AZ 85335

Canned vegetables, canned fruit, canned tuna fish or canned chicken.

Peanut butter and jelly

Canned spaghetti, or canned meat or box mac and cheese.



Men's Breakfast is back!

Tuesday October 5th at 8am at the Royal Café. Please join us.

Neighbors in Need Offering Date: October 3, 2021

Neighbors in Need (NIN) is a special mission offering of the United Church of Christ that supports ministries of justice and compassion throughout the United States. This year, special consideration will be given to projects focusing on serving our immigrant neighbors and communities.



Treasures 4 Teachers

Journal making resumes the 3rd Tuesday of each month in the Beehive from 1pm to 3pm.

Hedy Hall,

Mission Board-Chairperson

THE HARD WORK AND CHALLENGE OF FORGIVENESS

A Free Webinar Program October 9, 2021, 10:00am to 12:00pm

The Rev. Dr. Joretta Marshall, author of *How Can I Forgive* and co-editor with Maria Fortune of *Forgiveness and Abuse: Christian and Jewish Reflections*, will examine life incidents in which we are called upon to forgive or be forgiven. She will explore the theological context and spiritual demands of being forgiving and forgiven. A Q&A segment will follow her presentation.

Registration for the webinar offering can be made at

www.desertgardenucc.org

Blanket Drive



The Mission Board will be accepting new or clean and gently used blankets on Sunday October 17, 2021. All donations will be delivered to Dysart Community Center. Thank you for making a difference in the lives of many individuals.

Hedy Hall

Mission Board



October 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 OFFICE CLOSED AA meeting in meeting room 7-8 pm	2 OFFICE CLOSED
3 Worship 10:00 am Worship online World Communion elements will be provided	4 Walking group 1pm Safety meeting 2pm	5 Men's Breakfast Royal Café 8 am Friendship Service 9am Dr. Kim speaker series 1pm AA meeting in meeting room 7-8 pm	6 Book Study at 10:30 am Grace Chapel Walking group 1pm AA meeting in meeting room 7-8 pm	7	8 OFFICE CLOSED AA meeting in meeting room 7-8 pm	09 OFFICE CLOSED
10 Worship 10:00 am Worship online	11 Walking group 1pm Columbus Day	12 Friendship Service 9am AA meeting in meeting room 7-8 pm	13 Book Study at 10:30 am Grace Chapel Walking group 1pm AA meeting in meeting room 7-8 pm	14 Ladies Lunch 1pm at Georges Café Lakeview Lane. It's a Halloween theme RSVP by October 12	15 OFFICE CLOSED AA meeting in meeting room 7-8 pm	16 OFFICE CLOSED
17 Worship 10:00 am Worship online Blanket Drive Sunday 	18 Walking group 1pm	19 Friendship Service 9am Journal making in the Beehive 1pm – 3pm AA meeting in meeting room 7-8 pm	20 Book Study at 10:30 am Grace Chapel Walking group 1pm AA meeting in meeting room 7-8 pm	21	22 OFFICE CLOSED AA meeting in meeting room 7-8 pm	23 OFFICE CLOSED
24 Worship 10:00 am Worship online	25 Walking group 1pm	26 Friendship Service 9am AA meeting in meeting room 7-8 pm	27 Book Study at 10:30 am Grace Chapel Walking group 1pm AA meeting in meeting room 7-8 pm	28	29 OFFICE CLOSED AA meeting in meeting room 7-8 pm	30
31 Worship 10:00am Healing service. Worship online 						

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Facebook: United Church of Sun City



October 2021

STAFF:

Rev. Brady Abel, Senior Pastor

Bill Zimmer, Moderator

Alan Paulson, Minister of Music

Soloists: Craig Zimmerman, Caryl Leander & Kira Kadel

Beverly Fletcher, Organist

Mindy Ochoa, Administrative Assistant

Donna Halasz, Office Assistant

Lisa Dunbar, Parish Nurse

Steve Halasz, Custodian

Robin Lemkuil, Media

Greg Yagi, Video Tech

All Members & Friends of United Church, Ministers of the Good News

Office Hours 9:00am to 12:00pm—Monday through Thursday

The office is closed on Friday and Major Holidays

Sunday Worship Service 10am in the Sanctuary and also online.

Coffee Fellowship—Suspended until further notice

Communion the 1st Sunday of each Month bring your own elements

Choir rehearsal—Suspended until September

Bible Study—Email each week

Healing Service: October 31, 2021