



# July 2018

Monday-Friday 8am-4pm

[www.mcminnseniors.com](http://www.mcminnseniors.com)

205 McMinn Ave. | Athens, TN 37303

423-745-6830 | [mcminnsenior@commcast.net](mailto:mcminnsenior@commcast.net)

**Weekly Events: Maneuvers & Billiards: Daily | Fiber Arts-Weaving, Crocheting, Knitting, Etc.: Tues 1pm | Rook: Tues 12pm | Pinochle: Thurs 12pm | Duplicate Bridge: Thurs 1pm | Shuffleboard, horseshoes & pool tournaments begin at 9:30 am; you must be signed up by 9:15am to qualify to play. (Please stop by the front office to update your membership form with updated emergency contact numbers.)**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> 10:00 Bingo/Hospice of Chattanooga 11:20 Lunch w/Friends/MSAC. 2:00 Yoga (Cancelled) 6:30 Covered Dish Supper 7:00 Band/Dance	<b>3</b> 9:00 BP/ Life Care 9:00 Quilting 9:00 Sassy Steps – Walking 10:00 Choir 11:20 Lunch w/Friends/Life Care	<b>4</b> <b>Closed in Observance of Independence Day!</b>	<b>5</b> 9:00 Sassy Steps – Walking 11:20 Lunch w/Bateman 12:00 Wii Bowling 3:00 Chess Club	<b>6</b> 9:30-11:00 Cornhole Tourney 9:30 Dance/Jam Session 11:20 Lunch w/Bateman 6:30 Board Games 7:00-9:00 Friday Night Dance
<b>9</b> 10:00 Bingo/Avalon 11:20 Lunch w/Friends/Avalon 2:00 Yoga 6:30 Covered Dish Supper 7:00 Band/Dance	<b>10</b> 9:00 BP/ Guardian 9:00 Quilting 9:00 Sassy Steps – Walking 10:00 Choir 11:20 Lunch w/Friends/MSAC Choir 4:00 Relative Care Giver Program	<b>11</b> 8:30-9:30 Starr Regional Quarterly Glucose/BP Screening 10:00 Bingo/ Eagle Home Care 11:20 Lunch w/Friends/ NHC 2:00 Yoga 4:00 Pickleball (AMS)	<b>12</b> 9:00 Sassy Steps 10:00 – Pottery Class- Must Register. 9:30am – Pool Tournament – 11:20 Lunch w/Bateman 3:00 Chess Club 6:30 – Pottery Class – Must Register	<b>13</b> 9:00 US Cellular – Technology Workshop 9:30 Shuffle board Singles 9:30 Dance/Jam Session 11:20 Lunch w/Bateman 6:30 Board Games 7:00-9:00 Friday Night Dance
<b>16</b> 10:00 Bingo/ Beltone 11:20 Lunch w/Friends/Premier Properties 2:00 Yoga 6:30 Covered Dish Supper 7:00 Band/Dance	<b>17</b> 9:00 BP/NHC Home Care 9:00 Quilting 9:00 VIPS Volunteer Meeting 9:00 Sassy Steps – Walking 10:00 Choir 11:20 Lunch w/Friends/ Marshall Hill Baptist	<b>18</b> 10:00 Bingo/Etowah Healthcare 11:20 Lunch w/Friends/ Starr Regional 2:00 Yoga 4:00 Pickleball (AMS)	<b>19</b> 9:00 Sassy Steps – Walking 11:20 Lunch w/Bateman 12:00 Wii Bowling 3:00 Chess Club	<b>20</b> 9:00 Hospice 101 by Cassie Taylor 9:30 Horseshoes Tourney 9:30 Dance/Jam Session 11:20 Lunch w/Bateman 6:30 Board Games 7pm-9pm – Friday Night Dance and Finger Foods.

Monday	Tues	Wednesday	Thursday	Friday
<b>23</b> 9:30 Bingo AT Shoney's sponsored by Diane Beaty 11:20 Lunch w/Friends/Chef's Choice 12:00 MSAC Board Meeting 2:00 Yoga 6:30 Covered Dish Supper 7:00 Band/Dance	<b>24</b> 9:00 BP/ STARR 9:00 Quilting 9:00 Sassy Steps – Walking 10:00 Choir 11:20 Lunch w/Friends/ King Audiology 12:00 Senior Olympic Meeting	<b>25</b> 9:00 Wellness Wednesday Sponsored by Starr 10:00 Bingo/Michaels 11:20 Lunch w/Friends/ Dominion 2:00 Yoga 4:00 Pickleball (AMS)	<b>26</b> 9:00 Donuts with Dominion 9am-2pm – St. Mary's Clinic 9:00 Sassy Steps – Walking 9:30 Bingo with Friends- Must bring a prize to play. 11:20 Lunch w/Bateman 12:00 Wii Bowling 3:00 Chess Club	<b>27</b> 9:00 Set-up begins for Korean Veterans Day Program 9:30 Shuffle board doubles 9:30 Dance/Jam Session 11:20 Lunch w/Bateman 6:30 Board Games 7pm-9pm Friday Night Dance
<b>30</b> 10:00 Bingo/ Family Home Care 11:20 Lunch w/Friends/Intrepid 2:00 Yoga 6:30 Covered Dish Supper 7:00 Band/Dance	<b>31</b> 9:00 BP/ Mell 9:00 Quilting 9:00 Sassy Steps – Walking 10:00 Choir 11:20 Lunch w/Friends/ TACO TUESDAY sponsored by Wilma and Christine  11:20 Director's Leadership Council Meeting & Luncheon – 5 Individuals will be selected monthly to sit down with the Director and be updated on Center news, Financials, Programming, and have a brief question and answer session.	<p style="text-align: center;">Mell is still searching for calendar committee members who would be willing to help her with new programming and the calendar. Let her know if you can assist.</p>		

Please stop by the Welcome and Reception Office and introduce yourself to our new summer intern Morgan. Morgan has recently graduated high school and was accepted into the TCAT sponsored Work Ready Program where she will be learning new skill-sets to enable her to gain steady worthwhile employment when she leaves us. Stop in and make her feel welcome and tell her what a wonderful job she is doing in assisting our seniors and our community! Welcome Morgan!

Mell & Chuck will be keeping office hours in the Senior Olympic /Nutrition Office on Tuesday's and Thursday's from 2pm-3:30pm. Stop by to pick up or drop off a registration form, volunteer to help with an event, or have your questions answered. You may also call the center at 423-745-6830 and ask for extension 105. Email inquiries may be addressed to: [sesrolympics@hotmail.com](mailto:sesrolympics@hotmail.com)

Shuffle Board and Horseshoe Tourneys are subject to cancellation based on inclement weather or temperature. Notice of cancellation will be posted on the Facebook page and a paper notice posted by the greeter's desk no later than 9am the day of the tourney. Make-up dates are subject to availability. Mell is in need of volunteers to assist with scorekeeping for Shuffle board and Horseshoes. If interested, please notify the front office.