## Feeding Guidelines for LRS Frenzy Foods

**Storage:** Upon unpacking your LRS foods from the cooler, it is wise to slide them inside a second "freezer grade" zip-lock bag to fend off any moisture, which is the cause of freezer burn. (If you plan on storing extra packs for longer than a few weeks, it helps to wrap them in brown paper grocery bags.)

Please keep LRS foods frozen at all times to prevent condensation from forming in the bags, which will freeze into ice crystals. Remove your pack of food for only as long as necessary to break off a piece of food, then reseal the pouch and place it back in the freezer promptly. **Now it's time to feed your fishy friends!** 

- Take an appropriately sized piece of LRS food and place it in a cup or container with an inch or two of tank water. Let it thaw for 5-10 minutes.
- After the food thaws, take a fork or your finger and agitate the food mix until the chunk breaks up into the desired size pieces for your fish. If you have mostly larger fish you will want to leave it chunky and clumped together. For smaller fish and coral feeding continue stirring to break up the food as fine as you like.
- Next you can use a turkey baster to directly spot feed fish and corals, or simply pour the food into the aquarium a little at a time with a teaspoon.
- As an alternative, some customers place the frozen food chunk in the aquarium and let the fish pick and nibble at the chunk as it thaws. This avoids some of the smaller pieces of foods getting blown around by the power heads.

## More detailed instructions and feeding videos can be found at www.ReefFrenzy.com

We feel our foods are the cleanest blends on the market but all living organisms (i.e.- raw seafood) have a certain amount of phosphorous in their tissue. No amount of straining can eliminate this, but we take great pains to remove the bones and skeletons, which are rich in phosphorus. We also rinse all ingredients before final blending. LRS foods have a reputation of having lower phosphates than other food products, which can reduce problem algae and nitrate issues in your aquarium. Be careful not to overfeed ANY foods.

Please feed only as much as your fish will consume promptly. Feeding time should not create a "blizzard" with LRS foods blowing all around your tank. There are no fillers, binders, fishmeal or wheat germ additives in our foods. Therefore, you can feed less to get the desired results.

We would like to personally thank you for using LRS Frenzy Foods and supporting an American family owned an operated business. We are true hobbyists at heart who care about the success of our customers in this rewarding, and educational hobby.

Sincerely, Larry & Veronica DuPont, Owners- LRS Foods, LLC

"Jackson" the LRS mascot inspected your order prior to shipping and gave it his stamp of approval!



