

MARCH 2024

Marvell Academy K3-12th

LUNCH



School Information: Marvell Academy
www.marvelacademyeagles.com
Payschools: www.payschoolscentral.com



March is National Nutrition Month! To celebrate, try eating at least one new food each week. Keep it interesting by picking out new foods you've never tried before, like mango, lentils, quinoa, kale, or sardines.

References: Academy of Nutrition & Dietetics, USDA MyPlate

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

All K3 & K4 plates are served with milk in compliance with state regulations.



Cheeseburger
Chips
Lettuce / Pickles
Fruit

4

Chicken Noodle Soup
Grilled Cheese
Sandwich
Carrots
Fruit

5

PIZZA

6

Popcorn Chicken
French Fries
Peas
Fruit

7

**NO
PLATE LUNCH**

8



11



12



13



14



15

Steak Fingers
Mashed Potatoes
Green Beans
Fruit

18

Chicken Fajita Salad
Fruit

19

PIZZA

20

Deli Sandwich
Chips
Lettuce / Pickles
Fruit

21

Hot Pockets
Salad
Fruit

22

Chicken Rebelde
Beans
Fruit

25

Ham & Cheese Sliders
Chips
Carrots
Fruit

26

PIZZA

27

Spaghetti
Garlic Bread
Broccoli
Fruit

28

NO SCHOOL



29

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