



Free weekly Physical Activities in Nicholas County

▶ **Craigsville Walking Group**

▶ What: Walk a mile or more, indoors with the group

▶ When: Every Tuesday and Thursday at 12:30pm-2:00pm

▶ Where: St. Luke's United Methodist Church in Craigsville, WV

▶ **Richwood Walking Group**

▶ What: Walking Group in Richwood

▶ When: Tuesday at 5pm

▶ Where: Pratt Park in Richwood

For more information: visit our website calendar:

- Activeswv.org
- Active Southern West Virginia Bulletin Board Facebook group.
- Email becka@activeswv.com or call (304) 254-8488.

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SOUTHERN WEST VIRGINIA

April-June 1st
2017