



## **Pacific Jujitsu Alliance**

PO Box 1881, Phoenix, Oregon 97535

[www.pacificjujitsualliance.com](http://www.pacificjujitsualliance.com)

# ***Newsletter – September 2015***

### **A Message from Professor Bob McKean**

*Ohana 2016* is less than 10 months away. It does not seem that long ago when the Pacific Jujitsu Alliance co-hosted *Ohana 2014*. We learned first hand how much work, time and effort it takes to host an *Ohana* event. The PJA will be giving Professor Herb LaGue, and his staff from the Bushidokan Federation, our full support and thank you for hosting such a large and important event in 2016 for the Danzan Ryu community.

*Ohana* brings the Danzan Ryu community together for a long weekend of quality training, learning, exchanging of techniques and understanding of the ryu Professor Henry S. Okazaki lovingly developed and passed on to us. This is a time when all of us come together in solidarity as disciples of Professor Okazaki. New friendships are made and old friendships are made even stronger.

All the DZR organizations show their support for *Ohana 2016* by sending their members to this event and help in promoting *Ohana 2016* by placing the event flier in their newsletters and on their respective websites. Unfortunately there is one DZR organization that has not been supporting or promoting *Ohana* for a number of years. For a large organization, very few of its members have been in attendance. While the other DZR organizations gladly promote *Ohana*, this particular organization will only include the *Ohana 2016* flier in its electronic newsletter if the host will buy an ad in their newsletter. It seems their newsletter is only for their organization and they do not promote events being held by other DZR organizations. Somehow this does not seem to be in the spirit of kokua and does not support our DZR *Ohana*. I'm sure if Professor Okazaki, or the founding fathers of this organization, were alive today, they would not approve of this kind of behavior.

The *Ohana 2016* flier is attached to the e-mail sent along with this newsletter. Like the other DZR organizations, the PJA did not charge the host of *Ohana 2016* a fee to distribute their flier in our newsletter.

I hope to see all of you at *Ohana 2016*. The PJA will be there.

## **PJA Website**

The Pacific Jujitsu Alliance website, [www.pacificjujitsualliance.com](http://www.pacificjujitsualliance.com), has been reformatted and updated by Professor Mike Tucker. Please take time to look it over. Professor Mike Tucker put a lot of time and effort into this project. Thank you, Mike!

# ***Ohana 2016***

**When:** June 17 – 20, 2016      **Where:** Sparks, Nevada

**Registration Information:** [www.DanzanRyuOhana.org](http://www.DanzanRyuOhana.org)

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## **New PJA Black Belt Members**

The PJA welcomes our new black belt members to our Ohana

Vikram Sarath – shodan  
*Student of Professor Barb Gessner*

Pablo King – shodan  
*Student of Sensei Jon Sylvia*

Janine Simpson - shodan  
*Student of Professor Mike Tucker*

# 柔術 It's All In The Romanization

By Professor Kai Li

A good friend asked me this morning:

"So which is it really: 'Jiu-Jitsu', 'Jujitsu', or 'Jūjutsu'?"

Excellent question. It is all in the Romanization.

In the 1800's the English used "Jiu-jitsu" and it was the popular spelling that everyone adopted. It appeared in newspapers, exhibition posters, and early books on the subject.

After WWI, American scholars in Japan felt "Jujitsu" was a more accurate Romanization for the Kanji 柔術 and popularized it. That shift can be seen in various publications of the day.

After WWII the Japanese themselves felt that the Hepburn Romanization system (ironically developed back in 1885) was the more accurate in the conversion of Japanese to English sounds, hence "Jūjutsu".

Other variants such as "Ju-Jitsu" & "Ju-Jutsu" (with hyphens) are used in France/Canada & in China/Asia respectively.

They are all the same thing though, attempts to express the kanji 柔術 in English!

No matter how you spell it in English, the kanji remains the same and translates "jūjutsu" as "the gentle art".

If you really want to have fun with it the first character 柔, "jū", can be translated as "gentle", "soft", "yielding", "flexible", "adaptable", "pliable", & "supple". The second character 術, "jutsu", can be translated as "art", "method", & "technique".

So with a little creativity we can see how this "adaptable method" has changed with the times, culture, people and environment to find a unique home in far away lands from the art Professor Henry Okazaki developed in Hawaii to the art Carlos & Helio Gracie developed in Brazil.

The influence of jūjutsu through Judo founder Dr Jigoro Kano on the rest of the world cannot be understated.

Professor Kano developed Judo as a way for practitioners of various jūjutsu systems to come together to practice safely with resistant opponents.

Shotokan Karate founder Ginchin Funakoshi & Aikido founder Morihei Ueshiba both adopted Professor Jigoro Kano's Kyu-Dan ranking system. Martial arts in Korea and around the world followed their lead. Today Kendo, Kenpo/Kempo, Kajukenbo, TaeKwonDo, Hapkido, and many other systems have adopted Dr

Kano's system. Even Krav Maga founder Imi Liechtenfeld can be seen wearing Judo Gi (uniforms) and obi (belts) while teaching his classes in Israel.

If you want to have even more fun, you will note that in English we read left to right horizontally as where Japanese is traditionally read right to left in vertical rows. Also, the kanji for the word "jūjutsu" and "yawara" can sometimes be written in exactly the same way.

"Yawara" can be written simply as 柔 or as 柔術 in Kanji. Sometimes both characters were used for the presentation of the boards. In any case, we have yet another opportunity to discover more about our history and the cultural context behind it.

To answer my friends question, technically "Jūjutsu" is currently the most correct. All, however are merely expressions of the same characters, 柔術 in Kanji.

Although not the common translation, I kind of like to use "Adaptable Method" as my personal expression of Jūjutsu (柔術) For me this expresses all that the art has been, is now, and has the potential to become.

In my personal experience, Kodokan Danzan Ryu Jujitsu, Kodokan Judo, Aikido, Gracie/Brazilian Jiu-Jitsu, Russian Sambo, Korean Hapkido Freestyle Wrestling, Kenpo/Kempo, Kajukenbo, Kali, Arnis, Eskrima, Silat, Jun Fan Jeet Kune Do, Kickboxing, Krav Maga, Systema, and several other martial arts or combatives systems were all "Adaptable Methods" designed to help its practitioners prevail over adverse circumstances. They all changed over time and within the cultural context depending on where and when they were practiced as well as by who was practicing them.

To carefully study the work of Charles Darwin is to see "survival of the fittest" as a form of "Survival Jūjutsu". Darwin did not mean to say that the one man who was in the best physical shape was the survivor. He meant the group that worked together to make better decisions. Efficient use of energy, resources, and combined skills and the wisdom to seek shelter, make fire, and seek shelter were far more important than just being individually strong or fast. Early human beings needed to find a way to work efficiently together. Long before the kanji 柔術 existed, they needed Jūjutsu.

It is also an interesting reflection of changing times and cultural interpretations that we have so many different terms for the same thing. Why should we be surprised when the Inuit people known as the Eskimo have fifty words for snow!

So regardless of whether you choose "The Gentle Art", "Soft Technique", "Yielding Method", or any other appropriate translation, and regardless of which Romanization your school uses, we are all part of the same Ohana forging our way through adversity as wisely, as efficiently, and as gently as we can.

Have fun with it!

## 22<sup>nd</sup> Annual Knives in the Woods



Brandon Johnson - KITW Advanced Instructor, CWKS #008

On was a quiet Friday evening vehicles slowly started to fill up the dojo parking lot in Crescent City, CA. The cool coast air hit as evening fell. Inside a multitude of edged weapons lay silently on several tables, end to end. The blades that were on display could easily cut human flesh with minimal effort. The seats started to fill up as the annual pre-class lecture time approached. The senior students began looking around the room, sizing up this year's newcomers with a smirk and slight predatory glance. Introductions commenced. It was apparent... "Hell is empty and all the devils are here"... (Shakespeare).

Day one: The sun may have been shielded by the usual coastal overcast, but it offered no quarter. This year two Basic Instructors were added to our roster, along with the promotion of our newest Master Instructor. All 12 KITW instructors were ready to open shop, barking at the class of 28 to hit the field. Out of the gate, two training groups were formed and instructors were divided up. The 28 newbie's were in for a hard weekend of sweat, dirt and blunt force trauma.

Starting with the basics and rotating the groups every half hour, the crew was starting to warm up. The gruff solid tone of instructor voices, conveyed the how's and why's of the KITW curriculum. A basic medical component on mitigating blood loss and identifying shock was also implemented in the curriculum this year.

The day wore on and the intensity steadily grew. Not only in technique but more importantly the combat mind set. The amalgamation of this technique and mindset began to show and was quite noticeable as the students and the instructors snaked their way through the dimly lit forest. Ah yes, the traditional gauntlet is in full swing!!

Through brush, uneven terrain and plenty of natural obstacles, students take turn after turn making their way down our traditional trial by fire. Bruised, sweaty and tired, day one ended in success with only one trip to the ER. Hey, what are a few stitches in the ear, between friends? Time for BBQ and beverages.

Day 2: The damp misty fog coated the arena as we all took to the training grounds. Some were a bit slower than the previous day but the anticipation of this whole endeavor could be seen in everyone's eyes. Wasting no time, a quick warm up and review of the basics was had. Today's syllabus moves towards the subject matter of sentry neutralization and distractions for ambush. The students took turns honing their sneaking abilities while the others tried to see how their "Spidey senses" held up.

The morning wore on and the sun started to make its way through the clouds just in time, for it was the moment when all the material given over the weekend would be put to the test. These Gladiators met in spectacular battle royal. Sparring with paint coated knives. Two groups were made and round after round went on. Paint smears indicated the intentions of each player to their opponent, a multitude of artists, painting a masterpiece of violence upon each other. The creativity went on as students were pitted against one another. Sometimes 3 at a time, each out for themselves. Some wielding two knives at a time, turning warriors into human blenders. Clashing together like category 5 hurricanes in the field, the weekend zenith was reached. I could see a smile under every paint splattered abrasion, minor bruise and trophy laceration. Every female and male, whether newbie or seasoned KITW veteran, held their own from start to finish. New skills were learned, new friendships made and old friendships strengthened. This is a tradition built over the past 22 years.

We have become a unique family of warriors. This is KITW.

# New DVDs on Stick and Cane Fighting

## Essential Stick & Cane

### Combative Techniques for Martial Artists

More than 200 techniques with the 3-foot stick or standard hook-handled walking cane presented in 3 DVDs with 4.5 hours of video. A 270-page Instructor's Manual has detailed descriptions of the techniques and how to teach them, as well as notes on movement, leverage, self-defense, medical implications, and stick fighting traditions around the world.

From Tom Lang, 5th-degree black belt, *Danzan Ryu Jujutsu*, Pacific Jujitsu Alliance, and 2nd degree black belt, *Muso Shinden Ryu Iaido* (sword drawing), All Japan Kendo Federation.

Author of *The Stick and Cane in Close Combat* and *The Jo: The Japanese Short Staff*.

**DVD 1: 96 Techniques; run time 105 minutes; \$39.95**

#### **BASIC COUNTERS TO UNARMED ATTACKS**

- List 1 Two-Handed Counterattacks
- List 2 One-Handed Counterattacks
- List 3 Countering a Wrist Grip
- List 4 Countering a Same-Side Grip on a Stick
- List 5 Countering a Cross-Side Grip on a Stick
- List 6 Countering a Two-Handed Grip on a Stick

#### **ADVANCED COUNTERS TO UNARMED ATTACKS**

- List 7 Countering a Reach
- List 8 Countering a Punch
- List 9 Countering a Kick
- List 10 Chokes and Necklocks
- List 11 Throws

**DVD 2: 90 Techniques run time 105 minutes; \$39.95**

#### **COUNTERING ARMED ATTACKS**

- List 16 Disarms from a One-Handed Stick Attack
- List 17 Disarms from a Two-Handed Stick Attack
- List 18 Countering a Club or Stick Attack
- List 19 Countering a Knife or Sword Attack

#### **CANE TECHNIQUES**

- List 12 Hook-Handled Cane Techniques
- List 13 Hooking Cane Techniques
- List 14 Straight Cane Techniques
- List 15 Countering a Grip on Your Cane Hand
- List 16 Cane-Taking Techniques **MASTER'S TECHNIQUES**
- List 21 Master's Techniques

**DVD 3: 48 Techniques; run time 50 minutes; \$29.95**

#### **STICK-HANDLING TECHNIQUES**

- List 22 Striking Patterns with a Stick or Cane
- List 23 Rolls with a Stick
- List 24 Exercises with a Stick

**All 3 DVDs, \$100. Free shipping!**

**Instructor's Manual \$29.95 at LuLu.com**

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# Japanese Martial Arts Character Dictionary

## Japanese Martial Arts Character Dictionary

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*The Hidden Symbols of the Japanese Martial Arts*

Japanese - English    English - Japanese

**Thomas R. Jenkins**

Some of the many subjects found in this dictionary: Aikido (way of harmony) Aikijujutsu (techniques of gentle accord) Amma (Japanese massage) Battojutsu (sword cutting) Bungel (literary arts) Bushido (way of the samurai) Butsido (Buddhism) Chado (way of tea) Haiku (Japanese poetry) Heiho (military strategy) Iaido (way of sword drawing) Jodo (way of the staff) Jojutsu (staff techniques) Judo (way of suppleness) Jujutsu (techniques of suppleness) Kalbogaku (anatomical terms) Kappo (resuscitation methods) Karate (empty hand combat) Kendo (way of the sword) Kempo/Kenpo (Chinese fist method) Kyudo (way of archery) Kyusho (vital points of the body) Naginata (halberd techniques) Ninjutsu (arts of subterfuge) Reigisaho (Japanese etiquette) Ryuha (Japanese martial systems) Selfukujutsu (healing arts) Shinto (Japanese ancestral religion) Sumo (Japanese wrestling) Zen (meditation).

The Japanese Martial Arts Character Dictionary is now directly available to you as an INTERNET DOWNLOAD for \$40.00. This unique, meticulously researched 960 page Kanji Dictionary is a must have for the serious student of the Japanese martial arts. Great gift for all levels of Japanese martial artists. The Dictionary is in PDF format which is compatible with most media devices. Not sold in stores. To order your Dictionary please contact the author at: [tjenkins@saber.net](mailto:tjenkins@saber.net)