



Retreat

Annual Relax

Life With Maude Retreat
June 21st, 22nd & 23rd

A weekend of spiritual exploration and renewal.

A weekend to quiet your mind, destress and find

peace while having the opportunity to

experience a variety of activities including meditations, channeling, soul songs, card reading, bio-feedback, Reiki Healing, intuitive painting, get a massage, hypnosis, past life regression, mediumship, crystal bowl

meditation - Fire/Water Ceremony, trade blanket

- a variety of natural healing techniques, group discussions, learn how to build and maintain a garden tower - holistic classes and so much more!

\$20 one time entry fee for the entire weekend.

There are some events/activities that charge a small fee for the service or merchandise but

there will be numerous free activities and events to enjoy as well!

where: The Shepherd Sanctuary

1445 Shraderville Road, Shepherd, Tex 77371

281-705-2581

Cabins - RV & Camping Spots - Call Peach to check availability

Friday Evening Fire/Water Ceremony followed by the Trade Blanket - Then bring your favorite pot luck dish to share with everyone after the ceremonies are finished that evening!!

Saturday: Fulfilled day of Classes/Events & Activities

Sunday: Classes/Activities

Breakfast Saturday & Sunday morning & Dinner Saturday Evening will be provided to those that are staying on the retreat grounds. No lunches provided... everyone will need to bring a picnic style lunch & drinks.

Times and Prices for classes/events/activities can be found on our website - spiritwhispersmeditation.com