

Nordic Schedule 2022-23

Date	Day	Locations	Time	Host	Style / Race Format	Sequence
12/31/2022	Saturday	Prospect	9:30am	Lenox	Skating - Wave Start	Girls
1/7/23	Saturday	Mohawk	10:00am	Mohawk	Skating - Mass Start??	Boys
1/14	Saturday	Mohawk	10:00am	Mohawk/Amherst	Classical - Wave Start	Girls
1/21	Saturday	Wahconah	10:00am	Wahconah/WCC	Classical - Mass Start	Boys
25-Jan	Wednesday	Wahconah	3:30 PM	Wahconah/Hoosac	Skating - Mass Start	Girls
2/1	Wednesday	Greylock	3:30 PM	Greylock	Skating - Mass Start Chevron	Boys
2/11	Saturday	Greylock	10:00am	Greylock/Simsbury	Relay or Sprints- Skating	
2/14	Tuesday	State Championship	11:00am	Prospect Mnt.	Freestyle - Wave Start	
2/15-16	Back-up dates					