



2023 Beach Blast Rules:

Beach Blast will follow all [2023 USA Lacrosse Rules](#) as it pertains to each age level with the following modifications and clarifications:

SPECIAL NOTE:

- **Full checking for 2027 teams**
- **2028 Division - this age group may do full checking IF both teams agree prior to playing; if both teams are playing with full checking then all 2023 USL High School Girls Rules apply; if one team wants to play with full checking and one does not, then the transitional checking rule will stand.**

Sportsmanship:

Good sportsmanship is expected from officials, coaches, and players at all times. Any issues with player, coach, or fan sportsmanship shall be reported to and addressed by Beach Blast Tournament Directors Sue Murphy and Courtney Vaughn, and/or Head Official, Patty Daley.

Beach Blast Tournament Game Format and Game Rules:

- All games will start promptly at assigned times.
- The central horn indicates the starts and stops of games and halftimes.
- Each game is 50 minutes with 2, 25 minute halves. Playoff games are 1, 25 minute game.
- There are no team time-outs.
- During an injury, card or any stoppage, the clock will run.
- If a shot is taken at the end of the half or game, **prior** to the horn sounding, and the ball scores, the goal WILL stand.
- 8-meter shots will be played out, if the official calls the 8-meter shot **prior** to the horn sounding for the end of the half or game. Once the 8 meter shot is taken, the half or game is complete.
- If the weather reaches a certain temperature, Beach Blast Training Staff will mandate water breaks. The clock will run during mandated water breaks.
- Alternate possession – The team listed first on the schedule receives the first alternate possession. After the initial possession is awarded, the possession will then alternate.
- All substitutions are handled on the fly or after a scored goal.
- The draw will be taken to begin the game, half, and after a goal is scored (for all ages).
- The official score is on the scoreboard of the scorer's table, and is signed by the coaches.

Carding:

- All Yellow Card penalties are 2 minute non-releasable penalties and the team plays a "player down."
- 1 Yellow Card (Player) - The player must sit out for 2 minutes, running clock. The official will time all cards.
- 2 Yellow Cards (Player) – The player must sit out for the remainder of the game. The player may return to the next game.

Carding (cont'd):

- Red Card (Player) - The player must sit for the remainder of the game and the first half of the next game. Any player receiving a Red Card should meet with the Beach Blast Director / Head Official immediately following the game.
- Yellow Card (Coach) - A player from the field must come off the field for 2 minutes, running clock. The official will time all cards.
- 2 Yellow Cards (Coach) – The Coach must leave the game and remain away from the field until completion of the game.
- Red Card (Coach) – The Coach must leave the game area and remain away from the field until completion of the game.. Any coach receiving a Red Card should meet the Beach Blast Tournament Director/Head Official immediately following the game.

Youth Specific Rules – 2031 and 2032:

- 8 v 8 total (restraining line at midfield)
- 7 v 7 field players (2 attack, 3 middies, 2 defenders, 1 goalie)
- 2, 25 minute halves and a 5 minute halftime
- Draws will be taken after every goal and at the start of each half.
- Players hold for possession of the draw.
 - 3 players are placed on the 8 meter offensive end. 3 players are placed on the 8 meter defensive end.
 - The 7th team players will be at the center to take the draw.
 - Players must remain in their offensive/defensive 8 meter ends until the official signals that possession has been attained.
- Goalies are required. If a team plays without a goalie for any reason, they will receive an automatic forfeit in bracket play, no matter the score.
- Modified pockets allowed (no more than half the ball can be seen below sidewall)
- No checking
- Standard 3 seconds and shooting space rules
- 1v1 ground balls and 1v1 midfield defense are allowed as long as the official determines the play to be safe
- Kicking of the ball is permitted
- Player in possession of the ball may not hold the ball for more than 3 seconds when:
 - Closely guarded
 - The defense has both hands on the stick
 - The defense is in position to legally check if checking were allowed
- No coaches are allowed on the field. One referee will be on the field.
- Illegal or Dangerous Contact fouls are considered Major Fouls at this level. **NO** cards are issued at this level and team's do not play short. In the event of unsportsmanlike play, the player would be taken briefly off the field. The player may return to the game.

Rules Questions:

Patty Daley – 410-598-5074 - Patriciadaley74@gmail.com

Tournament Directors:

Sue Murphy - 804-385-9842 - coachsueMurphy@gmail.com

Courtney Vaughn - 410-596-5837 - info@beachblastlax.com

