

DIRECTIONS TO SUN SALUTATIONS YOGA & WELLNESS CENTER

332 CHICOPEE ROAD, BUXTON, MAINE 04093

Phone: (207) 642-6751

Text Only: (207) 318-8464 (please include full name in text)

FROM THE CENTER OF GORHAM (USM):

Follow Rt. 25 West toward Standish. At roundabout take 1st exit to continue on Rt. 25 West (Ossipee Trail). Take a LEFT onto Rt. 112 South (Dow Road). Take a RIGHT onto Line Road (at the "Welcome to Buxton" sign). Take the IMMEDIATE LEFT onto Cemetery Road. Go STRAIGHT through the 1st intersection. Take a RIGHT at the 2nd intersection (the Buxton United Methodist Church is at the corner). Sun Salutations Yoga & Wellness Center is the 1st driveway on the LEFT after Cummings Road, you will see the studio's sign (#332).

FROM STANDISH CENTER:

Follow Rt. 35 toward Bonny Eagle. Take a LEFT onto Chicopee Road. Follow to intersection, going past the Chicopee Fire Dept (Chicopee Road becomes Gillette Road when Standish crosses over into Buxton). Take a LEFT at this intersection (the Buxton United Methodist Church is on the corner). Sun Salutations Yoga & Wellness Center is the 1st driveway on the LEFT after Cummings Road, you will see the studio's sign (#332).

FROM RT. 112 (BONNY EAGLE PLAZA/RITE AID IN BUXTON):

Follow Rt. 112 (Parker Farm Road) toward Gorham. Take a LEFT onto Chicopee Road (across from Turkey Lane). On Chicopee Road, you will go past The Roost function hall on the left. At the 1st intersection (with the Buxton United Methodist Church on the the corner), go STRAIGHT. Sun Salutations Yoga & Wellness Center is the 1st driveway on the LEFT after Cummings Road, you will see the studio's sign (#332).