

9 STATION MULTI GYM
FUNCTIONAL TRAINER
POWER LIFTING STATION
SQUAT RACKS
SMITH MACHINE
ASSITED PULL UP/DIP MACHINE
PULL UP BARS
INNER OUTER THIGH
LEG EXTENSION
HAMSTRING CURL
45 DEGREE LEG PRESS
HORIZONTAL LEG PRESS
STANDING CALF
SEATED CALF
PEC DECK/DELT MACHINE
CABLE FLY PEC STATION
LEVERAGE FLAT BENCH PRESS
DECLINE BENCHES
MULTI ANGLE DECLINE BENCH
INCLINE BENCHES
INCLINE PRESS
SHOULDER PRESS
LEVERAGE INCLINE PRESS
FLAT BENCHES
T-BAR ROW
LEVERAGE BACK ROW
LOW ROW CABLE MACHINE
BACK EXTENSION MACHINE
PREACHER CURL BENCH
BICEP CABLE CURL
LEVERAGE TRICEP DIP
TRICEP CABLE PULL DOWN
ROMAN CHAIR
AB CRUNCH MACHINE
DUMBELLS
PRE-LOADED BARS