

# Parent Partnerships

A Newsletter for Parents with Children who have Moderate to Severe Disabilities

Educational Equity For All

December 2016

### Common Core News



On December 10, 2015, President Barack Obama signed the Every Student Succeeds Act (ESSA), which reauthorized and updated the Elementary and

Secondary Education Act (ESEA). Overall, the new law provides states more authority on standards, assessments, accountability, supports, and interventions while preserving the general structure of the ESEA funding formulas. Most of the new provisions do not take effect until the 2017–18 school year.



Register Now for Kids Like Me Winter Break Camps



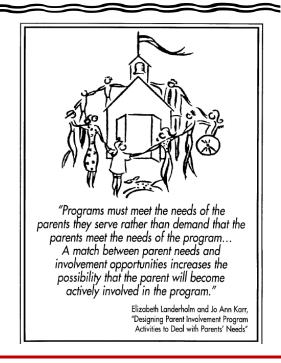
All three of Kids Like Me's unique day camps will be in session: Village Glen Day Camp, a specialized social skills camp for children ages 3-13 with Asperger's Disorder, high-functioning autism, and related social challenges; Camp Sunshine, designed for children ages 3-21 with moderate to severe autism and other developmental disabilities; and Teens on the Go, a social skills camp for teens ages 13-18 with Asperger's Disorder, high functioning autism, and related social challenges. Each camp strives to developmentally and chronologically match children across the spectrum to ensure an appropriate peer group for learning and fun. By enrolling in a camp program that is designed exclusively for them, children can develop positive behaviors and social skills while at the same time engaging in fun, age-appropriate activities. https://goo.gl/aUUXRx



## Parents of Children with Disabilities

by Gena Barnhill, Press Barnhill
Parents of Children with
Disabilities: A Survival Guide
for Fathers & Mothers is one of
Liberty University Press bestselling books. This book from an
experienced father and

mother who have been there, done that straight shooting, parent-to-parent, and is punctuated with carefully crafted, hard-hitting stories to increase interest. There are over 30 illustrations/cartoons to help the visual learner and to support key points. The length of the book is relatively short so that busy parents (especially fathers) will be more likely to read the book. Each chapter has a specific theme and each chapter ends with three or four, take-a-ways. <a href="https://goo.gl/Lxmxs1">https://goo.gl/Lxmxs1</a>





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### Feature Idea of Month



## Therapy Shoppe®

... the extraordinary little specialty shoppe for school and pediatric therapists, teachers, and parents

> Colored Bubble Wrap Popping Fidget Sheets<sup>TM</sup>

New! Bubble Wrap is a favorite sensory tool for popping, squeezing, finger strengthening, fidgeting, finger warm-ups, and deep pressure tactile input! An irresistible fidget and alerting tool for hair pullers, skin pickers, and sensory seekers.

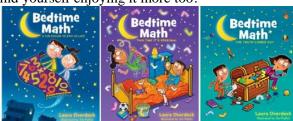




Bedtime Math wants to help parents make fun math a part of their kids' and families' daily routine, as common and beloved as the bedtime story. We make it easy to roll math into the day, whether at bedtime, bathtime, or snacktime. Here are some of the many offerings Bedtime Math provides for families:

- Roll some **fun nightly math**into your family routine
- Check out these best-selling <u>Bedtime Math books</u>
- ❖ Get the 4-1-1 on Crazy 8s, our high-energy <u>after-school math club</u>
- ❖ You're a math star! Track your progress on our <u>free</u> monthly calendar
- ❖ Make math feel real with our <u>printable activity pages</u>

Once you start exploring these offerings with your kids, you'll be amazed at how quickly they'll clamor for more. Soon you'll start seeing math all around you, and you may just find yourself enjoying it more too!



http://bedtimemath.org/bedtime-math-for-families/

#### **WEBSITES AND RESOURCES**

https://goo.gl/LLBS3P https://goo.gl/p9bV8e https://goo.gl/pMjCYG

### PROFESSIONAL DEVELOPMENT



## raising children network

the australian parenting website

Child disability parent support groups



In this short video, parents of children with disability talk about getting help and support from other parents.

They say it's good for both parents and children to spend time with other families facing the same issues. Parents and disability professionals share some tips on finding a peer support group near you.

http://raisingchildren.net.au/articles/disability\_support\_groups\_vi\_deo.html

## Social skills activities for children and teens:

Evidence-based ideas to help kids communicate, connect, empathize, and read minds

http://www.parentingscience.com/social-skills-activities.html

The 12 "Dos" of Holidays for special needs parents

http://www.specialneedsjungle.com/12-dos-christmas-specialneeds-parents/

- 1. Know your limits
- 2. Avoid perfection
- 3. Adopt self-help techniques
- 4. Try to have one good laugh a day
- 5. Eat Well
- 6. Live for today
- 7. Remember, you (and your Christmas efforts) are good enough!
- 8. Reward yourself
- 9. Ignore unhelpful people
- 10. Deep breath, be strong
- 11. Ask for help
- 12. Enjoy yourself



http://www.stopitnow.org/ohc-content/for-parents-of-children-with-disabilities

