

**Morrow County Services for Older Citizens**  
**41 West Center Street, Mount Gilead, OH 43338**  
**Phone 419-946-4191 Fax 419-946-1037**

**October 2018 Menu**

**Monday                      Tuesday                      Wednesday                      Thursday                      Friday**

1 Chicken Alfredo California blend Juice Pears Roll Milk	2 BBQ Riblet Tater Tots Peas and Carrots Peaches Bun Milk	3 Chipped Beef Over Texas Toast Cottage Cheese Corn Cauliflower Pineapple Milk	4 Burger Greek Lemon Chicken Soup Tossed Salad Peaches Bun Milk	5 The Manhattan Green Beans Grapes Milk (Roast Beef and Mashed Potatoes over Texas Toast)
8 Closed in observation of Columbus Day	9 Meatloaf Peas Mashed Potatoes Strawberries Roll Oatmeal Cookie Milk	10 Chicken and Noodles Carrots Cole Slaw Tropical Fruit Bread Milk	11 Hot Dog Chili Tossed Salad Oranges Bun Milk	12 Pork Cutlet Sweet Potatoes Broccoli Fruit Cocktail Roll Pudding Milk
15 Breakfast Bowl Grape Juice Apples Muffin Milk	16 Chicken Breast Baked Beans Orange Juice Apples Bread Mini Bread Sticks Milk	17 Sausage Mixed Vegetables Mac and Cheese Peaches Bread Milk	18 Peanut Butter and Jelly Sandwich Chicken Noodle Soup Mixed Fruit Tossed Salad Milk	19 Salisbury Steak Mashed Potatoes Corn Pears Bread Oatmeal Cookie Milk
22 Cabbage Rolls Sliced Potatoes Strawberries Bread Graham Crackers Milk	23 Turkey Breast Mashed Potatoes Green Beans Fruit Cocktail Muffin Pudding Milk	24 Shredded Chicken Over Biscuit Red Skin Potatoes Peas and Onions Tropical Fruit Milk	25 Pizza Patty Potato Soup Tossed Salad Pears Bun Milk	26 Chicken Legs Scalloped Potatoes California Blend Peaches Cookie Bread Milk
29 Manicotti with Meatballs Italian Blend Italian Green Beans Pineapple Focaccia Bread Milk	30 Chicken Ala King Over Biscuit Lima Beans Corn Pineapple Milk	31 Beef Stroganoff Broccoli Strawberry Kiwi Juice Oranges Roll Milk		

**Please note if you are calling for a meal you will need to call the day before by 1:00pm. If you are calling for a meal for music on Monday night you need to call on Friday by 1:00pm. Thank You**

**It is also very important that you cancel your meal by 1:00pm the day before your delivery. We know emergencies happen, but please let us know as soon as you can so we can take you off the route for the day.**

**We cannot leave a meal if you are not home.**