

“Still Waters”

Week Five

Workbook

1. Read and journal

Ps 42:1-2, 63:1, 143:5-7

Is 41:17

How did these scriptures speak to you personally? _____

2. Read and journal

Ps 36:9

Is 55:1, 58:11

Jer 31:25

What did you learn about your Shepherd from this? _____

3. Read and journal

Deut 32:2

Zech 13:1

Ps 87:7

Matt 4:4, 5:6

Prov 14:27

John 7:37

Who and what should we be expecting to fill us? _____

4. Do you wake up hungering, panting, thirsting for God?
How would you describe the level of your desire for God?

5. Are you looking to God to “quench” your thirst? _____

Have you allowed other things/activities/relationships to
fill the void? What? Why? Is it working? _____

Write a prayer confessing the level of your thirst for Him. Confess and release to Him anything you have been using as a substitute or have allowed to interfere. Thank Him for loving you enough to provide “appropriate, healthy and abundantly” to meet all your needs. Ask God to fuel a deeper hunger for His word and His presence.

Day Two

1. Read and journal

Deut 32:2

Ps 133:3

Dew is only available late at night or early in the morning.

Do you spend time seeking God's daily refreshing and direction first thing in the morning? _____

At the end of the day? _____

Why is this important? _____

2. Read and journal

Gen 22:13

Job 1:5

Mark 1:35

What are these scriptures saying to you personally? How do they need to be applied in your life at this time? _____

3. Think about how you begin and end your day. How could these times be better utilized to provide you the “daily dew” you need? _____

4. Read and journal

Is 55:1-2

What dominates most of your focus during the day, your personal agenda or how God may be leading you to the “dew” that He knows you need? _____

What changes need to be made to change the way you plan and structure your day so that you are “following” the Shepherd and not “leaning on your own understanding”?

5. Why do you think He provides the “daily dew”? _____

Can you afford to miss out on the “dew”? Why not? _____

Write a prayer acknowledging need for “daily dew”. Thank Him providing and leading you to it. Ask Him to show you any changes you need to make to more closely follow Him into the “daily dew”. Commit to “more following and learning not to be distracted by other things/activities/relationships. If you have identified any of these distractions...confess them and ask for grace and guidance to walk away from them and toward the Shepherd. _____

Day Three

1. Read and journal

Gen 37:1-33

Sometimes the Shepherd will lead us into “deep wells”.

Describe a time when you have found yourself in a “deep well”. _____

2. Read and journal

Gen 45:3-7, 50:17-21

Why did Joseph go into a “deep well”? _____

Who actually put Joseph in a “deep well”? _____

Would Joseph have chosen a “deep well”? _____

Would YOU choose a “deep well”? _____

Was the “deep well” necessary? _____

3. What was the purpose of the “deep well”? _____

4. List the people who were provided for by the “deep well”
and

what they were provided (look back at the intervening
chapters if it’s been a while since you read Joseph’s story)

5. Looking back, can you identify any “deep wells” you have
been led to? Can you see the purpose and provision in
it? Did you see it at the time? _____

We tend to resist being led to “deep wells” to drink but the Wise Shepherd knows best. Write a prayer thanking God for knowing where the “deep wells” are and for gently leading us not only TO the wells but “THROUGH” the wells. Specifically, thank Him for your own “deep well” experiences and ask for the faith to follow obediently to “deep wells” He chooses for you. _____

DAY FOUR

1. Read and journal

Ps 36:8, 74:15, 78:16

Streams in the desert are few and far between. Only an experienced and wise Shepherd knows where the streams are and when they will be running. Who leads you to the “streams in the desert”? _____

Write about a time that God has led you to a “stream in the desert” _____

2. Read and journal

Ex 17:1–7

Judges 15:18–19

What does this say to you about how God may provide a “stream in the desert” for you? _____

Can you think of a time or situation when God has acted

in a miraculous/extraordinary way to provide you with a
“stream in the desert”?_____

How may you have missed this if you took matters into your
hands?_____

What do you fall back on instead of waiting for God to
provide?_____

Can you think of time you tried to strike out on your own?
How did that end? What did you learn?_____

3. Read and journal

2 Kings 5:1-13

What did the stream/river provide?_____

Would just “any stream” have produced the same result?_____

Your Shepherd knows exactly what you need and which
stream will provide it. Write about a time that you have
resisted availing yourself of the “healing stream” the

Shepherd was leading you to. _____

Did you ever submit or did you miss that opportunity by choosing to “lean on your own understanding”? _____

In what area of your life may you be missing a “healing stream” that the Shepherd is leading you to? _____

4. Write a prayer thanking God for being your Wise Shepherd who leads you to “streams in the desert”. Thank Him, specifically, for the times He has led to “healing streams”. Ask for the faith and wisdom to wait for HIS provision instead of chasing after your own. Confess any failure to wait for and submit to His leading. Ask Him to show you any area of your life in which you are not “following hard” after Him to “streams in the desert” He wants to provide you.

DAY FIVE

1. Read and journal

Ps 42:1

What has God shown you this week about the level of your hunger/thirst/desire for Him? What do you now understand about “daily dew” and what does God want you to change in response to that? _____

2. Looking back over the story of Joseph and thinking about “deep wells”, what has God shown you this week about “deep wells” and their purpose in your life? _____

3. Read and journal

Is 41:18, 44:3

Ezekiel 32:14

What has you learned about your Shepherd and the
“streams in the desert” He leads you to? _____

How does He want you to apply this to your life right now?

4. Read and journal

Prov 3:5-7

Is 5:13

Jer 2:13

What does this tell you about the role of the Shepherd? The
role of the Sheep? _____

How are you being led to apply this in your own life at this time? _____

5. Read and journal

Joshua 24:14-15

Is 5:13, 44:3, 55:2

What choices are you being led to make in your life right now? How do these scriptures speak to you about those choices? _____

Be sure to update your Shepherd/Sheep worksheet with all you have learned this week.

Write a prayer thanking God for the “daily dew”, “deep wells” and “streams in the desert”. Praise and worship Him for His wisdom and sovereignty and all the provision you receive from His hands. Ask for wisdom and faith to obediently follow where He leads, secure in the knowledge that He alone can lead you to “still waters”. Confess a “heart prone to wander” and thank Him that He never leads where we cannot follow. _____
