

INTEGRIS PSYCHOLOGY SUPPORTING POSITIVE OUTCOMES CAREGIVER SUPPORT GROUP

Facilitated by: Allie Weaver, CRC & Mary Ryan, MSW

STARTING MAY 21, 2015



When is it?

3rd Thursday of every month at 6:00pm in the Jones Education Room at Jim Thorpe Rehabilitation at INTEGRIS Southwest Medical Center.

Who can come?

This support group is only offered for caregivers of patients with any chronic medical condition.



Why a group session?

Caregivers will be able to connect with others, express their feelings, and gain insights from others who are going through similar challenges.

What will the support group give me?

We will offer education, community resources, development of effective patient-caregiver communication strategies, emotional support and guidance, as well as self-care/coping skills.

Contact Respite care, private duty caregivers, or a trusted friend/family member to provide care for your loved one so that you may join us.

For more information contact: Allie Weaver, CRC (405) 636-7883

INTEGRIS

Jim Thorpe Rehabilitation