



**PARISH OF OUR MOTHER OF PERPETUAL HELP  
Redemptorist Community**

**Rev Fr Patrick Massang, C.Ss.R.** (Parish Priest)

**Rev Fr Philip Lai, C.Ss.R.** (Assistant Parish Priest)

**Address:** 19-21, Jalan La Salle, Ipoh Garden, Ipoh Garden. *"Sent with Joy to Heal 2020"*

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**(11/10/2020 -**

*From Your Parish Priest...*)

**ATTENDING MASSES, FORMATION &  
OTHER ACTIVITIES IN O.M.P.H. IPOH**

**ONLY OMPH PARISHIONERS**

(citizens & non-citizens) and those serving in OMPH ministries are allowed to attend weekday and weekend masses and other activities at OMPH church.

\* Must NOT have visited/been to COVID-19 RED ZONE areas within the past 14 days.

\* Do NOT have fever/flu symptoms.

\* Government SOPs of mask wearing, hand sanitizing and physical distancing of minimum 1 meter to be observed.

\* Checking in using MySejahtera App. is a requirement.

**\*\* Catholics residing in Kuala Lumpur and the state of Selangor are requested to refrain from travelling to neighbouring states to attend Mass to avoid risk of transmission.**

**WEEKEND MASSES** (Saturdays & Sundays)

> Pre-registration with ministry/BEC heads or parish office. Attendance will be based on rostering exercise on first come first serve basis.

> Please come 30-45 minutes earlier before Mass starts for attendance marking, temperature taking and checking in with MySejahtera App. Government SOPs apply.

# Saturdays @ 5.30pm Mass in English.

# 1<sup>st</sup> Sun. of the month @ 8am in Bahasa Malaysia.

# Other Sundays @ 8 am Mass in English

# On Sundays at 11 am (in Tamil/Mandarin on an alternate weekly basis) (for confirmation of language, please check website)

**WEEKDAY MASSES** (Mondays, Wednesdays & Fridays) will be in English at 6.30 am. (if falls on public holiday, Mass will be at 8 am)

- No need to pre-register.

- When you come, take your own temperature on forehead using available auto thermal scanner, check in with MySejahtera App. or write on manual record. Government SOPs apply.

**OTHER CHURCH ACTIVITIES**

such as in-person CCR Prayer Meetings, RCIA classes and Legion of Mary (C) meetings.

^ Open to OMPH parishioners ONLY.

^ No need to pre-register.

^ When you come, take your own temperature on forehead using available auto thermal scanner, check in with MySejahtera App. Government SOPs apply.

**Funeral service** is allowed with the immediate family following the necessary permission by the Ministry of Health, Local police station. Contact the parish priest for funerals at 05 5458220.

(food for thought)

Gospel: Matthew 22:15-21.

***"The Mission"***

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The Society for the Propagation of the Faith, now celebrating its 180th anniversary, reminds us that we are all committed – or should be committed – to the worldwide mission of continuing the work of Jesus and proclaiming the Good News to the poor: to open the eyes of the spiritually blind and to free the spiritually oppressed.

The mission of Jesus surrounds us. There are those who are spiritually blind and oppressed all around us: in our own families, in our neighborhoods, in the workplace, in our government and society and, yes, even in the pews next to us every Sunday.

The mission of Jesus surrounds us. Mission Sunday reminds us not only of the work of the foreign missions, but of The Mission – the Gospel Mission, and our participation in it. It is a call to an activity much more significant. It is a call to follow in the footsteps of the Lord and of his first disciples. Take some time to renew your knowledge of the various and creative ways the first followers of Jesus met their deaths. Look at Archbishop Oscar Romero, or at the many other modern-day martyrs in places such as El Salvador, Bosnia or Algeria.

If we feel overwhelmed by our call to discipleship, let us continue to gather around the Table of the Lord, always to taste and see His Goodness - always to taste and see His Love - always to taste and see the power of the Risen Lord within our hearts and lives... so that through Him and with Him and in Him, we may sing a new song to the Lord, and "tell his glory among the nations; among all peoples, his wondrous deeds."

The mission of Jesus surrounds us.

**MARRIAGE:** Please contact the Parish Priest at least **SIX MONTHS** in advance.

**BAPTISM:** Please contact the Parish Priest at least **ONE MONTH** in advance.

**PARISH ACTIVITIES & MEETINGS:**

- |                        |             |                          |
|------------------------|-------------|--------------------------|
| * 20/10/2020 - 8.00 pm | - PRT       | (St.Mark's Rm.)          |
|                        | - 8.15 pm   | - Legion of Mary (C )    |
| * 22/10/2020 - 8.00 pm | - RCIA (E ) | (St.Mark's Rm.)          |
|                        | - 8.00 pm   | - RCIA (T)               |
|                        |             | (Wallace Rm.)            |
| * 23/10/2020 - 8.00 pm | - RCIA (C ) | (ven Francis Xavier Rm.) |
| * 28/10/2020 - 8.00 pm | - CCR       | (parish hall)            |

**ETERNAL HAPPINESS TO:**

- + John Chong Wai Fong departed on 14 October, 2020.  
+ Peter Loh Nam Kong departed on 14 October, 2020.

**NOVENA PRAYERS TO ST.PEREGRINE**

EVERY TUESDAY AT 5.45 PM in the Meditation Room. During this Novena Devotion, names of cancer patients will be lifted up. For enquiries, call: 019-5769166/ 012-5833904.

(All activities are cancelled)

**CHRISTIAN MEDITATION TIME**

All are welcome to join the Christian Meditation group which meets

\* **EVERY SATURDAY** AT 11.00 A.M. – 12 NOON in the Meditation room.

(All activities are cancelled)

**OMPH CATHOLIC CHARISMATIC RENEWAL**

Come join us in our Praise & Worship every fortnightly meetings on Wednesday.

**EVENING FOR THE ENGAGED 2020**

Couples planning to get married in the year 2020, please take note of the EE Weekends in english during the year. You are requested to register six (6) weeks before the weekend dates.

<b>Domus St.Anne, BM</b>	<b>*20 – 22 Nov., 2020</b>
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Please see your Parish Priest for registration.

**TAMIL MARRIAGE PREPARATION WEEKEND - 2020**

Closing date for registration (T): on 1st day of each month.

<b>Dormitory St.Anne, Bukit Mertajam</b>	<b>Nov.27-29</b>
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**"UPSETs MINDSETs"**

OMPH Catholic Charismatic Renewal Group invites ALL OMPH Parishioners to a sharing entitled **"UPSETs MINDSETs"** by Rev Fr Patrick Massang CSsR on Wednesday, 28 October 2020 at 8pm in OMPH HALL. Please check in with MySejahtera App and follow SOPs.

**ALL SOULS DAY – Mon. 2 Nov., 2020**

Mass at 7.00 am in the parish hall. There will be no mass at the cemetery. ONLY OMPH PARISHIONERS can attend this Mass. A collection will be taken up for the upkeep of the cemetery.

Please pre-register with ministry/BEC heads or parish office **by Wednesday, 28 October, 2020.**

- + Blessing of graves will be a 8 am.  
+ Blessing of OMPH niches at 11am.  
Check-in using MySejahtera App.  
Please follow SOPs.

**NEW-INTAKE (2020-2021) for "ADULTS ENQUIRY TO THE CATHOLIC FAITH"**

If you know of friends who are interested in making enquiry into the Catholic Faith, please register now at the parish office (055458220). Sessions will be held in English, Mandarin, Bahasa Malaysia & Tamil.

**SACRAMENT OF 1ST HOLY COMMUNION**

\* **Sunday 25 October, 2020 at 11.00 am Mass.**

# *Sacrament of Reconciliation* on Sat. 24 October, 2020 at 10 am.

\*\* Catholics residing in Kuala Lumpur and the state of Selangor are requested to refrain from travelling to neighbouring states to attend Mass to avoid risk of transmission.

Please check in with MySejahtera App. & follow the SOPs.

**From 31 Aug. till 31 Dec.2020**

The main gate of the church will remain closed and only **Individuals** (*not in groups*) who have a special and urgent reason to see the priest or office staff must first make a prior appointment before the visit. As far as possible, if the matter could be handled by avoiding any physical contact, alternative means of communication should be used – telephone call or email.

Visitors with prior appointments should have their hand sanitized and should be masked. Check in with MySejahtera App. Contact details of visitors will be recorded for the purpose of contact tracing. These guidelines may be revised from time to time in line with updates and additional SOPs issued by the authorities.

**LIGUORI BOOKSHOP**

**Opening hours:**  
**Sat. 5 pm to 7 pm**  
**Sun. 9 am – 11 am**

Those who are not attending mass but wish to visit our bookshop are most welcome to do so on Sat. 6.30pm or Sun. 9.00 am