

## *PRESENTER - ANDREW SEUBERT, LMHC, NCC*

Andrew is a nationally certified counselor, licensed mental health counselor and an EMDRIA-approved consultant and trainer with extensive background in an Existential-Gestalt approach to growth and therapy. Always drawn to forms of therapy that address the entire person—mind, body, emotions, creativity and spirit, Andrew has developed an extremely holistic approach in his work with individuals, couples, families and groups.



Formerly an educator, musician and Peace Corps Volunteer, Andrew has consulted with Corning Inc., small businesses and human service agencies, providing stress management and conflict resolution training, as well as workshops and coaching that facilitate personal growth and performance enhancement. He has published peer-reviewed articles and book chapters, as well as his two books, "The Courage to Feel", and his recently released book and workbook "How Simon Left His Shell: The Courage to Feel for Young People."

Andrew is a highly engaging, interactive therapist and retreat/workshop facilitator whose passion about his work is expressed in his use of music, creative imagination, experiential approaches and humor.

In addition to working with a broad spectrum of therapeutic issues, Andrew has a strong interest in healing from trauma and PTSD, particularly through the use of EMDR. This interest also informs

his approach in working with eating disorders and helping couples create and renew their relationship. His passion for an integration of psychotherapy and spirituality is a driving force, whether in individual sessions, workshops or intensive Personal Therapeutic Retreats.



# 'Parts'/Ego State Work in EMDR Practice

*Take your Practice to the next level*

12 EMDRIA approved CEUs are available

Presented By



*Friday & Saturday  
September 22 & 23, 2017*

ANDREW SEUBERT LMHC, NCC

TRAINER

Seneca Lake, Burdett, NY

*Not limited to EMDR trained Practitioners*

## TAKE YOUR EMDR PRACTICE TO THE NEXT LEVEL

JOIN US FOR THIS GREAT OPPORTUNITY WITH  
ANDREW.

ClearPath Healing Arts Center is very pleased to offer a "Parts/ego state" training with Andrew Seubert, LMHC, NCC. Andrew will be offering a two-day workshop on the integration of "parts" or ego state practice with EMDR.

This workshop has evolved from his work as an EMDR consultant and trainer, during which Andrew realized the crucial need for ego state competence when working with trauma and dissociation (this workshop will NOT address extreme forms of dissociation, viz., DDNOS and DID).

### PARTICIPANTS WILL LEARN:

- o theories of dissociation
- o traditions of "parts" work
- o recognition of and contact with parts
- o how to develop resources with parts
- o how to achieve internal collaboration
- o how to resolve internal blaming
- o to work with negative introjects
- o steps in attachment repair via parts work
- o problem solving internal blocks
- o Integrating EMDR with parts work

## WORKSHOP TOPICS

### DAY 1:

- o Review of theories of dissociation
- o Traditions/systems of ego state/"parts" work
- o Somatic, cognitive and affective indicators of the presence of "parts"
- o Contacting parts via "dissociative table"
- o Purpose/intentionality of parts
- o Essential skills (scripts/practice)
- o Preventing the part from becoming the whole
- o EMDR phase model and parts work
- o Practice throughout the day

### DAY 2:

- o Video: Bringing the steps together
- o Practicum
- o Internal civil war and forgiveness
- o Introjects and "parts"
- o Resources and "parts"
- o Attachment repair with "parts"
- o EMDR process and ego state inclusion
- o Case consultation

Limited to 12 participants

### WHAT PARTICIPANTS ARE SAYING:

I am impressed by Andrew's wealth of knowledge and expertise regarding ego state therapy and eating disorders. When I saw him present this workshop, I was struck by his sensitivity to his clients and to his audience; their questions and concerns. His approach will expand your understanding of parts work and add creative interventions to your EMDR 'tool box'.

*Carol Forgash, LCSW, EMDRIA Approved Consultant*

*Co-Author: Healing the Heart of Trauma and Dissociation with EMDR and Ego State Therapy*

Andrew is the real deal as a trainer and a masterful clinician! When I signed up for my first training with Andrew (EMDR Basic Skills) I had no idea what a transformative experience it would be. I expected what I had experienced in trainings, ... someone who told all about the 'what' of the selected topic, ... Andrew was the first person who actually taught the 'how', as in how to actually use the technique presented!! Over the days of training I watched a clearly masterful clinician turn a concept into practice, and I was awed ... I now jump on any opportunity to learn from Andrew again and just completed another 2-day training that was the same remarkable experience. I look forward to the next opportunity and I thank Andrew for the work he puts into the delivery of such a wonderful experience of true learning.

*Linda J. Nelson, Penn Yan NY*

This workshop is available to Clinicians without EMDR training. Go to [www.clearpathtrainingcenter.com/Events](http://www.clearpathtrainingcenter.com/Events) to view, print, sign & attach the disclaimer with your registration.

## Registration - 'Parts'/Ego State Work September 22 & 23, 2017

Name: \_\_\_\_\_

License Title (EG: LPC, Psy.D etc): \_\_\_\_\_

License Number: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Phone (most reachable) \_\_\_\_\_

E-mail: \_\_\_\_\_

**Online registration and payment, Links to Details (directions, hotels, etc.) and our Cancellation Policy can be found on our website at**

[www.clearpathtrainingcenter.com/Events](http://www.clearpathtrainingcenter.com/Events) and you can Register online now...

Or complete the registration form, with check made out to ClearPath Healing Arts Center and mail to:

ClearPath Healing Arts Center  
3835 North Falls Road  
Burdett, NY 14818

Contact Andrew on (607) 703 0510 or [Seuberta@mac.com](mailto:Seuberta@mac.com)

This workshop is available to Clinicians without EMDR training.

Go to [www.clearpathtrainingcenter.com/Events](http://www.clearpathtrainingcenter.com/Events) to view, print, sign & attach the disclaimer with your registration.

Accommodation options can also be found at:-

[Watkins Glen Chamber of Commerce Lodgings Page](#)

## Workshop Fees:

**\$320** for Private Practitioners

**\$300** for employees of  
Non-Profit Organizations with  
proof of employment.

**EARLY BIRD BONUS \$20 off fees  
prior to August 25th, 2016**

*Full payment due by first day of training*

Want CEU's? (Add \$30) Circle

Yes

No

**Amount Enclosed: \$** \_\_\_\_\_

Check ☐ Paid Online ☐ By Arrangement ☐

Using credit card? Add 3% transaction fee and  
Register online now...

◇ To be eligible for the Non-Profit Rate you  
must be employed for 20 hours or more per  
week in a Non-Profit Organization

Name or Organization:

\_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

*For further inquiries contact Rose on  
607 703 0510 or  
[Info@clearpathhealingarts.com](mailto:Info@clearpathhealingarts.com)*