

## Chapter 40

# While My Guitar Gently Weeps

### BIBLE

All the angels were standing in a circle round the throne and round the Elders and the four living creatures, and they fell on their faces in front of the throne and worshipped God.<sup>1</sup>

They sang a new song, saying, “You are worthy to take the book, and to open its seals: for you were killed, and bought us for God with your blood, out of every tribe, language, people, and nation.”<sup>2</sup>

The third poured out his bowl into the rivers and springs of water, and they became blood.<sup>3</sup> He is clothed in a garment sprinkled with blood. His name is called “The Word of God.”<sup>4</sup>

He gathered together all the princes of Israel, with the priests and the Levites,<sup>5</sup> saying, “This is the blood of the covenant which God has commanded you.”<sup>6</sup>

“My little children, of whom I am again in travail until Christ is formed in you<sup>7</sup> - I have been silent a long time. I have been quiet and restrained myself. Now I will cry out like a travailing woman. I will both gasp and pant.<sup>8</sup> For I am full of words. The spirit within me constrains me.”<sup>9</sup>

### COMMENTARY

<sup>1</sup> **Revelation 7:11** [*The “angels” are the Beatles*] On the cover of *Sgt Pepper’s Lonely Hearts Club Band*, the Beatles are depicted standing around the “throne,” a drumhead emblazoned with the Sgt Pepper logo. The “new” turned-on Beatles are dressed in psychedelic attire, and are standing next to the “old” pre-turned on Beatles (the four living creatures), with mop top haircuts and matching suits.

<sup>2</sup> **Revelation 5:9** “Seals” are chakras, or spiritual energy centers within the body. The angels, getting very metaphysical with their new song, are singing about opening our chakras, dying to the small self, embracing the Christ, and sacrificing our will to God.

<sup>3</sup> **Revelation 16:4** [*“The third” is George, “the third angel”*]

<sup>4</sup> **Revelation 19:13**

<sup>5</sup> **1 Chronicles 23:2**

<sup>6</sup> **Hebrews 9:20** Blood represents life. We are saved by the blood of Christ, which represents real, spiritual life.

<sup>7</sup> **Galatians 4:19** Awakening to the indwelling Christ presence is our hope of glory.

<sup>8</sup> **Isaiah 42:14**

<sup>9</sup> **Job 32:18**

“You adulterers and adulteresses, don't you know that friendship with the world is enmity with God? Whoever therefore wants to be a friend of the world makes himself an enemy of God.<sup>10</sup> Even so you also outwardly appear righteous to men, but inwardly you are full of hypocrisy and iniquity.<sup>11</sup>

“Turn at my reproof. Behold, I will pour out my spirit on you. I will make known my words to you.<sup>12</sup> The ear that listens to reproof lives, and will be at home among the wise.”<sup>13</sup>

“Yahweh has sent to you all his servants the prophets, rising up early and sending them (but you have not listened, nor inclined your ear to hear).<sup>14</sup>

“For John came to you in the way of righteousness, and you didn't believe him, but the tax collectors and the prostitutes believed him. When you saw it, you didn't even repent afterward, that you might believe him.<sup>15</sup>

“Behold, Yahweh's hand is not shortened, that it can't save; nor his ear dull, that it can't hear.<sup>16</sup> But your iniquities have separated you and your God, and your sins have hidden his face from you, so that he will not hear.<sup>17</sup>

<sup>10</sup> **James 4:4** To be “adulterated” is to be contaminated, corrupted, impure. George describes those who have become adulterated by the world in “While My Guitar Gently Weeps”: “I don't know how someone controlled you, they bought and sold you.”

<sup>11</sup> **Matthew 23:28** In “While My Guitar Gently Weeps,” George chastises those who appear righteous on the outside but on the inside are full of iniquity: “I don't know how you were inverted, nobody alerted you.”

<sup>12</sup> **Proverbs 1:23**

<sup>13</sup> **Proverbs 15:31** George: “With every mistake we must surely be learning.” (“While My Guitar Gently Weeps”)

<sup>14</sup> **Jeremiah 25:4**

<sup>15</sup> **Matthew 21:32** Beatle John came to show us the truth, “though not many had ears,” as George recounts in “All Those Years Ago,” his tribute to his fellow band member released in 1981. “You were the one that they said was so weird,” he recalls. “You had control of our smiles and our tears, all those years ago.”

<sup>16</sup> **Isaiah 59:1**

<sup>17</sup> **Isaiah 59:2** Sin is a consciousness of fear and lack where we feel separate from God. By spiritual law, there will be consequences for any actions we take while in this condition.

“No one has seen God at any time. If we love one another, God remains in us, and his love has been perfected in us.”<sup>18</sup>

“A new commandment I give to you, that you love one another, just like I have loved you; that you also love one another.”<sup>19</sup>

“If I speak with the languages of men and of angels, but don't have love, I have become sounding brass, or a clanging cymbal.”<sup>20</sup> So then let's not sleep, as the rest do, but let's watch and be sober.<sup>21</sup>

“But if you will not hear it, my soul shall weep in secret for [your] pride; and my eye shall weep bitterly, and run down with tears, because Yahweh's flock is taken captive.”<sup>22</sup>

“A voice is heard on the bare heights, the weeping [and] the petitions of the children of Israel; because they have perverted their way, they have forgotten Yahweh their God.”<sup>23</sup>

Some believed the things which were spoken, and some disbelieved.<sup>24</sup> He went out, and wept bitterly.<sup>25</sup> But he withdrew himself into the desert, and prayed.<sup>26</sup>

“Help us, God of our salvation, for the glory of your name. Deliver us, and forgive our sins, for your name's sake.”<sup>27</sup>

<sup>18</sup> **1 John 4:12** Ferdinand Foch: “The most powerful weapon on earth is the human soul on fire.”

<sup>19</sup> **John 13:34** George's last words: “Everything else can wait but the search for God cannot wait, and love one another.”

<sup>20</sup> **1 Corinthians 13:1** Robert Browning: “Take away love and our earth is a tomb.”

<sup>21</sup> **1 Thessalonians 5:6** George: “I see the love there that's sleeping.” (“While My Guitar Gently Weeps”)

<sup>22</sup> **Jeremiah 13:17** “I don't know how nobody told you how to unfold your love,” George cries in “While My Guitar Gently Weeps.”

<sup>23</sup> **Jeremiah 3:21** In “While My Guitar Gently Weeps,” George laments those who have forgotten God: “I don't know how you were diverted, you were perverted too.”

<sup>24</sup> **Acts 28:24**

<sup>25</sup> **Luke 22:62** [*“He” is George*] George: “Still my guitar gently weeps.” (“While My Guitar Gently Weeps”)

<sup>26</sup> **Luke 5:16**

<sup>27</sup> **Psalms 79:9** As a solo artist, George wrote a sequel to “While My Guitar Gently Weeps” entitled “This Guitar (Can't Keep From Crying).” Focusing more on his personal difficulties this time rather than the plight of mankind, he is still “crying,” but now has “learned to get up when I fall” and is “happier than I've ever been.”

“We have sinned, and have dealt perversely, and have done wickedly, and have rebelled, even turning aside from your precepts and from your ordinances.”<sup>28</sup>

“Hear me, Yahweh, hear me, that this people may know that you, Yahweh, are God, and that you have turned their heart back again.”<sup>29</sup> Don't hold the iniquities of our forefathers against us. Let your tender mercies speedily meet us, for we are in desperate need.<sup>30</sup>

“I will meditate on your precepts, and consider your ways.”<sup>31</sup> Then I will teach transgressors your ways. Sinners shall be converted to you.<sup>32</sup>

“Let the words of my mouth and the meditation of my heart be acceptable in your sight, Yahweh, my rock, and my redeemer.”<sup>33</sup> My eyes stay open through the night watches, that I might meditate on your word.<sup>34</sup>

“Preserve my soul, for I am godly. You, my God, save your servant who trusts in you.”<sup>35</sup> For you formed my inmost being. You knit me together in my mother's womb.<sup>36</sup>

“Open my eyes, that I may see wondrous things out of your law.”<sup>37</sup> The heavens are yours. The earth also is yours; the world and its fullness. You have founded them.<sup>38</sup>

<sup>28</sup> **Daniel 9:5** Elbert Hubbard: “We are punished by our sins, not for them.”

<sup>29</sup> **1 Kings 18:37**

<sup>30</sup> **Psalm 79:8** George, using a dirty floor as a metaphor for our spiritual condition, describes how we are in need of God's tender mercies in “While My Guitar Gently Weeps”: “I look at the floor and see it needs sweeping.”

<sup>31</sup> **Psalm 119:15**

<sup>32</sup> **Psalm 51:13**

<sup>33</sup> **Psalm 19:14**

<sup>34</sup> **Psalm 119:148** Meditation and chanting were the hallmark of George's spiritual practice. George: “If there's a God, I want to see Him. It's pointless to believe in something without proof, and Krishna consciousness [chanting] and meditation are methods where you can actually obtain God perception.”

<sup>35</sup> **Psalm 86:2** To affirm “I am godly” is to claim our Divine nature. We existed in spiritual form before our present incarnation, and we will continue to exist after we leave the physical world. While in a body, we realize our oneness with an omnipresent God through the Christ.

<sup>36</sup> **Psalm 139:13**

<sup>37</sup> **Psalm 119:18**

<sup>38</sup> **Psalm 89:11** George: “I look at the world and I notice it's turning” (“While My Guitar Gently Weeps”)



“Lord, open my lips. My mouth shall declare your praise.<sup>39</sup> I will speak, that I may be refreshed. I will open my lips and answer.<sup>40</sup>

“Yahweh, our Lord, how majestic is your name in all the earth!<sup>41</sup> I have remembered your name, Yahweh, in the night, and I obey your law.<sup>42</sup>

“Give your servant therefore an understanding heart to judge your people, that I may discern between good and evil; for who is able to judge this great people of yours?”<sup>43</sup>

God said to him, “Because you have asked this thing, and have not asked for yourself long life, nor have you asked for riches for yourself, nor have you asked for the life of your enemies, but have asked for yourself understanding to discern justice;<sup>44</sup> behold, I have done according to your word. Behold, I have given you a wise and understanding heart; so that there has been no one like you before you, and after you none will arise like you.<sup>45</sup>

“I have also given you that which you have not asked, both riches and honor, so that there will not be any among the kings like you for all your days.”<sup>46</sup>

When he opened the seventh seal, there was silence in heaven for about half an hour.<sup>47</sup>

<sup>39</sup> **Psalm 51:15** Chanting is praising the name of the Divine over and over in a rhythmic way. George: “The response that comes from chanting is in the form of bliss, or spiritual happiness, which is a much higher taste than any happiness found here in the material world. ... One of the main differences between silent meditation and chanting is that silent meditation is rather dependent on concentration, but when you chant, it’s more of a direct connection with God.”

<sup>40</sup> **Job 32:20**

<sup>41</sup> **Psalm 8:9**

<sup>42</sup> **Psalm 119:55** “Chant in the name of the Lord and you’ll be free,” George advises us in “Awaiting On You All,” from his solo album *All Things Must Pass*.

<sup>43</sup> **1 Kings 3:9** An “understanding heart” is Christ consciousness.

<sup>44</sup> **1 Kings 3:11** George’s prayer is answered, not by an external power but within his own consciousness.

<sup>45</sup> **1 Kings 3:12**

<sup>46</sup> **1 Kings 3:13** When we center ourselves in higher consciousness, we open up to Divine prosperity.

<sup>47</sup> **Revelation 8:1** The seven seals are the seven chakras within the body. As George continues to meditate, chant and pray, his chakras are opened and he experiences perfect control of his mind for a half hour.

When he rose up from his prayer, he came to the disciples, and found them sleeping because of grief.<sup>48</sup> He asked them, “Don’t you understand, yet?”<sup>49</sup> My heart was hot within me. While I meditated, the fire burned: I spoke with my tongue.”<sup>50</sup>

Jacob awakened out of his sleep, and he said, “Surely Yahweh is in this place, and I didn’t know it.”<sup>51</sup>

Yahweh’s angel appeared to him, and said to him, “Yahweh is with you, you mighty man of valor!”<sup>52</sup> He said to him, “What is your name?” He said, “Jacob.”<sup>53</sup>

He said, “Your name will no longer be called Jacob, but Israel; for you have fought with God and with men, and have prevailed.”<sup>54</sup>

“Even now I know that, whatever you ask of God, God will give you.”<sup>55</sup> The sun will be no more your light by day; nor will the brightness of the moon give light to you, but Yahweh will be your everlasting light, and your God will be your glory.<sup>56</sup> Blessed be Yahweh’s name, from this time forward and forever more!”<sup>57</sup>

Jacob went on his way, and the angels of God met him.<sup>58</sup> When he saw them, Jacob said, “This is God’s army.” He called the name of that place Mahanaim.<sup>59</sup>

<sup>48</sup> **Luke 22:45**

<sup>49</sup> **Mark 8:21**

<sup>50</sup> **Psalms 39:3**

<sup>51</sup> **Genesis 28:16** Lanny Wolfe:

“Surely the presence of the Lord is in this place. I can feel His mighty power and His grace.” (“Surely the Presence of the Lord is in This Place”)

<sup>52</sup> **Judges 6:12** [*“Yahweh’s angel” is George*] George: “If we were all perfected beings, we wouldn’t be here in the physical world.”

<sup>53</sup> **Genesis 32:27**

<sup>54</sup> **Genesis 32:28** *Israel* symbolizes God consciousness. With the help of George, Jacob’s Divine self has prevailed over his human self.

<sup>55</sup> **John 11:22** Since Jacob’s will is now in alignment with God’s will, he will get whatever he asks.

<sup>56</sup> **Isaiah 60:19** Paul: “I’m really glad that most of the songs dealt with love, peace, understanding... There was a good spirit behind it all, which I’m very proud of... It were a grand thing, The Beatles.”

<sup>57</sup> **Psalms 113:2** Matt Redman:

“Blessed be the name of the Lord. Blessed be your name.” (“Blessed Be Your Name”)

<sup>58</sup> **Genesis 32:1** [*The “angels of God” are the Beatles*]

<sup>59</sup> **Genesis 32:2** *Mahanaim* means “two camps.” It symbolizes the human and the Divine sharing the same space. We are not pure spirits, we are *embodied* spirits.

## Chapter 41

### Something In The Way She Moves

#### BIBLE

Then the angel of Yahweh stood in a narrow path between the vineyards, a wall being on this side, and a wall on that side.<sup>1</sup>

Behold, there a woman met him with the attire of a prostitute, and with crafty intent.<sup>2</sup>

Turning to the disciples, he said privately, "Blessed are the eyes which see the things that you see."<sup>3</sup> He said to them, "Go and tell that fox, 'Behold, I cast out demons and perform cures today and tomorrow, and the third day I complete my mission.'"<sup>4</sup>

They called Rebekah, and said to her, "Will you go with this man?" She said, "I will go."<sup>5</sup>

Yahweh's angel found her by a fountain of water in the wilderness, by the fountain on the way to Shur.<sup>6</sup>

He said, "Come in, you blessed of Yahweh. Why do you stand outside? For I have prepared the house, and room for the camels."<sup>7</sup> He said "moreover, I have *something* to tell you." She said, "Say on."<sup>8</sup>

#### COMMENTARY

<sup>1</sup> **Numbers 22:24** [*The "angel of Yahweh" is George, the "third angel"*]

<sup>2</sup> **Proverbs 7:10**

<sup>3</sup> **Luke 10:23** In "Something," George tells us there's "something in the things she shows me."

<sup>4</sup> **Luke 13:32**

<sup>5</sup> **Genesis 24:58**

<sup>6</sup> **Genesis 16:7** [*"Yahweh's angel" is George*]

<sup>7</sup> **Genesis 24:31**

<sup>8</sup> **1 Kings 2:14** There are more than 150 different cover versions of George's beautiful "Something", second only to "Yesterday" in the number of times that a Beatle song has been recorded by another artist. Artists who have covered "Something" include Elvis Presley, Ray Charles, James Brown, Shirley Bassey, Tony Bennett, Ike & Tina Turner, Eric Clapton, Joe Cocker, Isaac Hayes, Julio Iglesias, Neil Diamond, Peggy Lee, Lena Horne, Della Reese, Perry Como, Johnny Mathis, Engelbert Humperdinck, Liberace, Andy Williams, Willie Nelson, Smokey Robinson, and Frank Sinatra, who called it the "greatest love song of the last 50 years."

“Behold, you are beautiful, my love. Behold, you are beautiful. Your eyes are doves, beloved.”<sup>9</sup> Your temples are like a piece of a pomegranate behind your veil.<sup>10</sup>

“Let’s go early up to the vineyards. Let’s see whether the vine has budded, its blossom is open, and the pomegranates are in flower. There I will give you my love.”<sup>11</sup>

When he had come, he blew a trumpet in the hill country of Ephraim; and the children of Israel went down with him from the hill country, and he led them.<sup>12</sup>

As they went on their way, he entered into a certain village, and a certain woman named Martha received him into her house.<sup>13</sup> The man looked steadfastly at her, remaining silent, to know whether Yahweh had made his journey prosperous or not.<sup>14</sup>

About this time, he went into the house to do his work, and there were none of the men of the house inside.<sup>15</sup>

Having come in, the angel said to her, “Rejoice, you highly favored one! The Lord is with you. Blessed are you among women!”<sup>16</sup>

<sup>9</sup> **Song Of Solomon 1:15** George: “I think all love is part of a universal love. When you love a woman, it’s the God in her that you see. The only complete love is for God.”

<sup>10</sup> **Song Of Solomon 6:7** George struggled for a while trying to come up with the second line of “Something.” “Attracts me like no other lover” was, briefly, “attracts me like a pomegranate.”

Pomegranates, along with grapes and figs, were the fruits that the spies brought back to Moses to demonstrate the fertility of the promised land. (Numbers 13:16-27)

<sup>11</sup> **Song of Solomon 7:12** George: “I’ll make love to you, if you want me to.” (“Love You To”)

<sup>12</sup> **Judges 3:27**

<sup>13</sup> **Luke 10:38**

<sup>14</sup> **Genesis 24:21** George’s widow Olivia Harrison: “George had a really curious mind, and when he got into something, he wanted to know everything. He had a crazy side, too. He liked to have fun, you know.”

<sup>15</sup> **Genesis 39:11** George’s friend Terry Gilliam (member of *Monty Python*): “I’ve always been intrigued with George’s spirituality, which is absolutely essential to him. But he was living in the material world. So he was caught in these two worlds, a very spiritual world and a very material world.”

<sup>16</sup> **Luke 1:28**

“I have rejoiced in the way of your testimonies, as much as in all riches.<sup>17</sup> Your two breasts are like two fawns, that are twins of a roe.<sup>18</sup>

“How beautiful and how pleasant you are, love, for delights!<sup>19</sup> How well you prepare your way to seek love! Therefore you have taught even the wicked women your ways.”<sup>20</sup>

He asked for water. She gave him milk. She brought him butter in a lordly dish.<sup>21</sup> When she had brought them near to him to eat, he took hold of her, and said to her, “Come, lie with me, my sister!”<sup>22</sup>

It came to pass afterward, that he loved a woman in the valley of Sorek, whose name was Delilah.<sup>23</sup> She sits at the door of her house, on a seat in the high places of the city.<sup>24</sup>

He began to tell the people this parable. “A man planted a vineyard, and rented it out to some farmers, and went into another country for a long time.”<sup>25</sup> When she heard this, she arose quickly, and went to him.<sup>26</sup>

He said to her, “Stand in the door of the tent, and it shall be, when any man comes and inquires of you, and says, ‘Is there any man here?’ that you shall say, ‘No.’”<sup>27</sup>

<sup>17</sup> **Psalm 119:14** “There’s something in the way she woos me,” George declares in “Something.”

<sup>18</sup> **Song Of Solomon 7:3** Allen W Pollack on “Something”: “It’s a slow, passionate number in which the protagonist stands on the knife edge of likely and inevitably falling in love but without the complete certainty that he will yet arrive there. It’s an exquisitely bittersweet state of heart effectively evoked in the music as much as it is specified by the words.”

<sup>19</sup> **Song of Solomon 7:6** When George first played “Something” to a group of Krishna followers, he told them it was actually about Lord Krishna. George realized however that he could never sing a love song to a man on a Beatle album. “I had to say ‘she’,” he told his friends, “otherwise they’d think I’m a poof.”

<sup>20</sup> **Jeremiah 2:33** Derek Johnson of the NME, in an unusually prescient review of “Something” written shortly after its release in 1969: “It’s a song that grows on you, and mark my words, it will - in a big way!”

<sup>21</sup> **Judges 5:25**

<sup>22</sup> **2 Samuel 13:11**

<sup>23</sup> **Judges 16:4**

<sup>24</sup> **Proverbs 9:14**

<sup>25</sup> **Luke 20:9**

<sup>26</sup> **John 11:29**

<sup>27</sup> **Judges 4:20**

“Now I ask one petition of you. Don’t deny me.” She said to him, “Say on.”<sup>28</sup> He said, “Please show me your glory.”<sup>29</sup>

They lie all night naked without clothing, and have no covering in the cold.<sup>30</sup> She opens her mouth with wisdom. Faithful instruction is on her tongue.<sup>31</sup>

He said, “Do it a second time;” and they did it the second time. He said, “Do it a third time;” and they did it the third time.<sup>32</sup>

“My dove in the clefts of the rock, in the hiding places of the mountainside, let me see your face. Let me hear your voice; for your voice is sweet, and your face is lovely.”<sup>33</sup>

“You have walked in the way of your sister; therefore will I give her cup into your hand.”<sup>34</sup>

The young lady ran, and told her mother's house about these words.<sup>35</sup> “My beloved thrust his hand in through the latch opening. My heart pounded for him!”<sup>36</sup>

“His mouth is sweetness; yes, he is altogether lovely. This is my beloved, and this is my friend, daughters of Jerusalem.”<sup>37</sup>

<sup>28</sup> **1 Kings 2:16**

<sup>29</sup> **Exodus 33:18** “There’s something in her style that shows me,” George declares in “Something.”

<sup>30</sup> **Job 24:7**

<sup>31</sup> **Psalms 31:26**

<sup>32</sup> **1 King 18:34**

<sup>33</sup> **Song of Solomon 2:14** “Because you’re sweet and lovely, girl, I love you”, George sings in “For You Blue.”

<sup>34</sup> **Ezekiel 23:31** “There’s something in the way she moves,” George observes in “Something.” This lyric comes from the James Taylor song, “Something in the Way She Moves.” Taylor was a recording artist for the Beatles label *Apple* at the time.

<sup>35</sup> **Genesis 24:28**

<sup>36</sup> **Song of Solomon 5:4**

<sup>37</sup> **Song Of Solomon 5:16** Olivia Harrison, on George’s reputation as a womanizer: “He did like women and women did like him. If he just said a couple of words to you it would have a profound effect. So it was hard to deal with someone who was so well loved... You go through challenges in your marriage and here is what I found: the first time we had a big hiccup in the road, we came through things, and then you go, ‘Wow!’ There is a reward at the end of it... ‘There is this incredible reward because you have lived through more and you have let go of something.”



“His heart is as firm as a stone, yes, firm as the lower millstone.<sup>38</sup> My beloved is white and ruddy. The best among ten thousand.”<sup>39</sup>

The angel of Yahweh went further, and stood in a narrow place, where there was no way to turn either to the right hand or to the left.<sup>40</sup>

And he said, “Yahweh is my rock, my fortress, and my deliverer, even mine.<sup>41</sup> For if a man thinks himself to be something when he is nothing, he deceives himself.”<sup>42</sup>

“Most certainly I tell you, a servant is not greater than his lord, neither one who is sent greater than he who sent him.<sup>43</sup> Whoever exalts himself will be humbled, and whoever humbles himself will be exalted.”<sup>44</sup>

“For Yahweh takes pleasure in his people. He crowns the humble with salvation.<sup>45</sup> The result of humility and the fear of Yahweh is wealth, honor, and life.”<sup>46</sup>

“Yahweh’s curse is in the house of the wicked, but he blesses the habitation of the righteous.<sup>47</sup> Surely he mocks the mockers, but he gives grace to the humble.”<sup>48</sup>

“Blessed are the poor in spirit, for theirs is the Kingdom of Heaven.”<sup>49</sup>

<sup>38</sup> **Job 41:24**

<sup>39</sup> **Song Of Solomon 5:10**

<sup>40</sup> **Numbers 22:26** [*George is “the angel of Yahweh”*]

<sup>41</sup> **2 Samuel 22:2** Ernest Hemingway: “There is nothing noble in being superior to your fellow man; true nobility is being superior to your former self.”

<sup>42</sup> **Galatians 6:3** Saint Augustine: “Humility is the foundation of all the other virtues.”

<sup>43</sup> **John 13:16** (Anonymous) “True humility is staying teachable, regardless of how much you already know.”

<sup>44</sup> **Matthew 23:12** John Ruskin: “I believe the first test of a truly great man is in his humility.”

<sup>45</sup> **Psalms 149:4** Thomas Merton: “Pride makes us artificial and humility makes us real.”

<sup>46</sup> **Proverbs 22:4** To have a “fear of Yahweh” is to be in awe of Divine power and of our own potential as expressions of the Divine.

<sup>47</sup> **Proverbs 3:33** Harold Warner: “Humility is the gateway into the grace and the favor of God.”

<sup>48</sup> **Proverbs 3:34** C.S. Lewis: “Humility is not thinking less of yourself, it is thinking of yourself less.”

<sup>49</sup> **Matthew 5:3** To be “poor in spirit” is to be humble, to realize that all our blessings and gifts come from God.

“Make my joy full, by being like-minded, having the same love, being of one accord, of one mind;<sup>50</sup> doing nothing through rivalry or through conceit, but in humility, each counting others better than himself.<sup>51</sup>

“Likewise, you younger ones, be subject to the elder. Yes, all of you clothe yourselves with humility, to subject yourselves to one another; for ‘God resists the proud, but gives grace to the humble.’<sup>52</sup>

“Sing praise to Yahweh, you saints of his. Give thanks to his holy name.<sup>53</sup> The crucible is for silver, and the furnace for gold; but man is refined by his praise.<sup>54</sup>

“Oh give thanks to Yahweh, for he is good, for his loving kindness endures forever.<sup>55</sup> Praise Yahweh, my soul, and don’t forget all his benefits.<sup>56</sup> What will I give to Yahweh for all his benefits toward me?<sup>57</sup>

“Again, if two lie together, then they have warmth; but how can one keep warm alone?”<sup>58</sup>

<sup>50</sup> **Philippians 2:2**

<sup>51</sup> **Philippians 2:3**

<sup>52</sup> **1 Peter 5:5** Rabindranati Tagore:  
“We come nearest to the great when we are great in humility”

<sup>53</sup> **Psalms 30:4**

<sup>54</sup> **Proverbs 27:21**

<sup>55</sup> **1 Chronicles 16:34**

Dhani Harrison, on his father: “I think the two sides of him allowed him to do what he needed to do in this life and have the experiences that he had. When he died there was only one side of him which was the deeply, deeply spiritual person, and he was very set, pointed on one goal, and there was no more mischief or conflict or up and down. There was just one him.”

<sup>56</sup> **Psalms 103:2** Olivia Harrison:

“Life to [George] was a quest for deeper meaning and everything was important to him but nothing really mattered. His particular way of embracing and dismissing life’s joys and disasters was completely disarming...He plunged in to the heart of people, places and things he encountered, the good and the bad. He claimed to be a sinner but never a saint.”

<sup>57</sup> **Psalms 116:12**

<sup>58</sup> **Ecclesiastes 4:11** George:

“Everyone who comes out of Liverpool thinks they are a comedian, and we [The Beatles] were no exception.”

## Chapter 42

# Salt and Light

### BIBLE

The apostles said to the Lord, “Increase our faith.”<sup>1</sup> As they traveled east, they found a plain in the land of Shinar, and they lived there.<sup>2</sup>

The fourth poured out his bowl on the sun, and it was given to him to scorch men with fire.<sup>3</sup>

He said, “Bring me a new jar, and put salt in it.” They brought it to him.<sup>4</sup> “Can that which has no flavor be eaten without salt? Or is there any taste in the white of an egg?”<sup>5</sup>

“You are the salt of the earth, but if the salt has lost its flavor, with what will it be salted? It is then good for nothing, but to be cast out and trodden under the feet of men.”<sup>6</sup>

“Let your speech always be with grace, seasoned with salt, that you may know how you ought to answer each one.”<sup>7</sup>

“Even so, let your light shine before men; that they may see your good works, and glorify your Father who is in heaven.”<sup>8</sup> You are the light of the world. A city located on a hill can't be hidden.<sup>9</sup> Be therefore imitators of God, as beloved children.”<sup>10</sup>

### COMMENTARY

<sup>1</sup> **Luke 17:5** [*The “apostles” are the Beatles*]

<sup>2</sup> **Genesis 11:2** In February 1968, The Beatles traveled east to India where they attended a Transcendental Meditation training session taught by the Maharishi. As a result, they helped to increase the popularity of Eastern spirituality and meditation practice in the West. Author Phillip Goldberg in *American Veda* called their trip “the most momentous spiritual retreat since Jesus spent those forty days in the wilderness.”

<sup>3</sup> **Revelation 16:8** [*“The fourth” is Ringo, the “fourth angel”*]

<sup>4</sup> **2 Kings 2:20**

<sup>5</sup> **Job 6:6**

<sup>6</sup> **Matthew 5:13** Salt gives flavor and enhances everything it comes into contact with.

<sup>7</sup> **Colossians 4:6**

<sup>8</sup> **Matthew 5:16** When we are in alignment, the Universe is free to express itself through us. This is where our real power comes from. It is also our purpose for existing.

<sup>9</sup> **Matthew 5:14**

<sup>10</sup> **Ephesians 5:1** Ramana Maharshi: “Your own Self-Realization is the greatest service you can render the world.”

He said to them, "Is the lamp brought to be put under a basket or under a bed? Isn't it put on a stand?"<sup>11</sup> Arise, shine; for your light has come, and the glory of Yahweh is risen on you.<sup>12</sup>

"Then your light shall break forth as the morning, and your healing shall spring forth speedily; and your righteousness shall go before you; the glory of Yahweh shall be your rear guard."<sup>13</sup>

"Finally, brothers, rejoice. Be perfected, be comforted, be of the same mind, live in peace, and the God of love and peace will be with you."<sup>14</sup> If iniquity is in your hand, put it far away. Don't let unrighteousness dwell in your tents.<sup>15</sup>

"Mercy to you and peace and love be multiplied."<sup>16</sup>

He lifted up his eyes and looked, and saw that three men stood opposite him. When he saw them, he ran to meet them from the tent door, and bowed himself to the earth,<sup>17</sup> saying: "We give you thanks, Lord God, the Almighty, the one who is and who was; because you have taken your great power, and reigned."<sup>18</sup>

"To God our Savior, who alone is wise, be glory and majesty, dominion and power, both now and forever. Amen."<sup>19</sup>

<sup>11</sup> **Mark 4:21** (Chinese proverb) "Better to light a candle than to curse the darkness."

<sup>12</sup> **Isaiah 60:1** Johann Wolfgang von Goethe: "Someday perhaps the inner light will shine forth from us, and then we'll need no other light."

<sup>13</sup> **Isaiah 58:8**

<sup>14</sup> **2 Corinthians 13:11** Ringo's most popular solo single "It Don't Come Easy" was released in April 1971. In it, he reminds us that although "it don't come easy," "we will make it work out better" if we will only "come together," "use a little love," and "remember peace."

<sup>15</sup> **Job 11:14** After years of hard partying, Ringo has been sober since 1986. Ringo: "That's all that alcohol and drugs do, they cut off your emotions in the end."

<sup>16</sup> **Jude 1:2** "Peace and love!" has become Ringo's public mantra in recent years.

<sup>17</sup> **Genesis 18:2**

<sup>18</sup> **Revelation 11:17**

<sup>19</sup> **Jude 1:25** Ringo, in a 2010 Interview with the *LA Times*: "I feel the older I get, the more I'm learning to handle life. Being on this quest for a long time, it's all about finding yourself...For me, God is in my life. I don't hide from that ...I think the search has been on since the '60s. I stepped off the path there for many years and found my way [back] onto it, thank God."

## Chapter 43

# We're Only Trying To Get Us Some Peace

### BIBLE

A sound of battle is in the land, and of great destruction.<sup>1</sup> “Make an uproar, you peoples, and be broken in pieces! Listen, all you from far countries: dress for battle, and be shattered! Dress for battle, and be shattered!”<sup>2</sup>

They went out, they and all their armies with them, many people, even as the sand that is on the seashore in multitude, with very many horses and chariots.<sup>3</sup> The thing was right in the eyes of the king and of all the assembly.<sup>4</sup>

I saw an angel flying in mid heaven, having an eternal Good News to proclaim to those who dwell on the earth, and to every nation, tribe, language, and people.<sup>5</sup>

For I tell you, among those who are born of women there is not a greater prophet than John the Baptizer, yet he who is least in God's Kingdom is greater than he.<sup>6</sup>

He was returning and sitting in his chariot, and was reading the prophet Isaiah.<sup>7</sup> He said, “Come with me, and see my zeal for Yahweh.” So they made him ride in his chariot.<sup>8</sup>

### COMMENTARY

<sup>1</sup> **Jeremiah 50:22** [*The “sound of battle” is the Vietnam War*]

The war in Vietnam (1955-1975) spanned the Beatles career.

<sup>2</sup> **Isaiah 8:9** Jonathan Swift:

“War! that mad game the world so loves to play.”

<sup>3</sup> **Joshua 11:4** Bertrand Russell:

“War does not determine who is right — only who is left.”

<sup>4</sup> **2 Chronicles 30:4** Carl Sandburg:

“Sometime they'll give a war and nobody will come.”

<sup>5</sup> **Revelation 14:6** [*The angel is John*] John: “Declare it. Just the

same way we declare war. That is how we will have peace... We just need to declare it.”

<sup>6</sup> **Luke 7:28** Through his music and philosophy, John's mission was to “baptize” us, cleansing us spiritually and setting us free from limiting beliefs.

<sup>7</sup> **Acts 8:28** Eckhart Tolle: “You find peace not by rearranging the circumstances of your life, but by realizing who you are at the deepest level.”

<sup>8</sup> **2 Kings 10:16** Zeal is an important aspect of manifesting our desires. Emotions such as passion, enthusiasm, and excitement help to bring our intentions into being.

He said, “I am the voice of one crying in the wilderness, ‘Make straight the way of the Lord,’ as Isaiah the prophet said.”<sup>9</sup>

“Blessed are the peacemakers, for they shall be called children of God.”<sup>10</sup> Deceit is in the heart of those who plot evil, but joy comes to the promoters of peace.<sup>11</sup>

“My anguish, my anguish! I am pained at my very heart; my heart is disquieted in me; I can't hold my peace; because you have heard, O my soul, the sound of the trumpet, the alarm of war.”<sup>12</sup>

“My soul has had her dwelling too long with him who hates peace.”<sup>13</sup> Don't envy the man of violence. Choose none of his ways.<sup>14</sup> “There is no peace”, says my God, “for the wicked.”<sup>15</sup>

“A man of violence entices his neighbor, and leads him in a way that is not good.”<sup>16</sup> An evil speaker won't be established in the earth. Evil will hunt the violent man to overthrow him.<sup>17</sup>

“You have heard that it was said, ‘An eye for an eye, and a tooth for a tooth.’”<sup>18</sup> But I tell you, don't resist him who is evil; but whoever strikes you on your right cheek, turn to him the other also.<sup>19</sup>

<sup>9</sup> **John 1:23**

<sup>10</sup> **Matthew 5:9** John: “You're all geniuses, and you're all beautiful. You don't need anyone to tell you who you are. You are what you are. Get out there and get peace, think peace, and live peace and breathe peace, and you'll get it as soon as you like.”

<sup>11</sup> **Proverbs 12:20** John F. Kennedy: “Mankind must put an end to war or war will put an end to mankind.”

<sup>12</sup> **Jeremiah 4:19**

<sup>13</sup> **Psalms 120:6**

<sup>14</sup> **Proverbs 3:31**

<sup>15</sup> **Isaiah 57:21** John speaks out against the wicked in “Revolution”: “But if you want money for people with minds that hate, all I can tell you is brother you have to wait.”

<sup>16</sup> **Proverbs 16:29** John: “We all have Hitler in us, but we also have love and peace. So why not give peace a chance for once?”

<sup>17</sup> **Psalms 140:11** (traditional Native American saying) “No tree is foolish enough to have its branches fight among themselves.”

<sup>18</sup> **Matthew 5:38**

<sup>19</sup> **Matthew 5:39** John: “If you want peace, you won't get it with violence. Please tell me one militant revolution that worked...Count me out if it's for violence. Don't expect me on the barricades unless it's with flowers.”



“If your enemy is hungry, give him food to eat. If he is thirsty, give him water to drink.”<sup>20</sup>

“Don't we all have one father? Hasn't one God created us? Why do we deal treacherously every man against his brother, profaning the covenant of our fathers?”<sup>21</sup> The Spirit himself testifies with our spirit that we are children of God.<sup>22</sup>

“Deliver me, Yahweh, from the evil man. Preserve me from the violent man,”<sup>23</sup> those who devise mischief in their hearts. They continually gather themselves together for war.<sup>24</sup>

“The arrogant shall not stand in your sight. You hate all workers of iniquity.”<sup>25</sup> They plot injustice, saying, ‘We have made a perfect plan!’ Surely man's mind and heart are cunning.”<sup>26</sup>

“Take counsel together, and it will be brought to nothing; speak the word, and it will not stand: for God is with us.”<sup>27</sup> He who tills his land shall have plenty of bread, but he who chases fantasies is void of understanding.<sup>28</sup>

“Depart from evil, and do good. Seek peace, and pursue it.”<sup>29</sup> There is no king saved by the multitude of an army. A mighty man is not delivered by great strength.<sup>30</sup>

<sup>20</sup> **Proverbs 25:21**

<sup>21</sup> **Malachi 2:10** Gandhi: “An eye for an eye only ends up making the whole world blind.”

<sup>22</sup> **Romans 8:16** The relationship that we can have with our Heavenly father is very much like that between a child and a wise, loving parent.

<sup>23</sup> **Psalm 140:1** Albert Einstein: “Peace cannot be kept by force, it can only be achieved by understanding.”

<sup>24</sup> **Psalm 140:2**

<sup>25</sup> **Psalm 5:5** John makes fun of the arrogant in “Hey Bulldog” : “What makes you think you're something special when you smile.”

<sup>26</sup> **Psalm 64:6** “You say you got a real solution, well, you know we'd all like to see the plan,” John tells us in “Revolution.” Even our best plans are doomed to fail when they are not part of God's will.

<sup>27</sup> **Isaiah 8:10**

<sup>28</sup> **Proverbs 12:11** In “Revolution”, John criticizes those who chase fantasies: “But if you go carrying pictures of Chairman Mao, you ain't gonna make it with anyone anyhow.”

<sup>29</sup> **Psalm 34:14** John: “We're only trying to get us some peace.” (“The Ballad Of John And Yoko”)

<sup>30</sup> **Psalm 33:16** John: “If everyone demanded peace instead of another television set, then there'd be peace.”

“For all the armor of the armed man in the noisy battle, and the garments rolled in blood, will be for burning, fuel for the fire.<sup>31</sup> But Yahweh is in his holy temple. Let all the earth be silent before him!<sup>32</sup>

“For thus said the Lord Yahweh, the Holy One of Israel, ‘You will be saved in returning and rest. Your strength will be in quietness and in confidence.’ You refused.<sup>33</sup>

“For my brothers' and companions' sakes, I will now say, ‘Peace be within you.’<sup>34</sup> Mark the perfect man, and see the upright, for there is a future for the man of peace.<sup>35</sup>

“Don’t say, ‘I will pay back evil.’ Wait for Yahweh, and he will save you.<sup>36</sup> Yahweh will give strength to his people. Yahweh will bless his people with peace.<sup>37</sup>

“Now may the Lord of peace himself give you peace at all times in all ways. The Lord be with you all.”<sup>38</sup>

He went out from there. He came into his own country, and his disciples followed him.<sup>39</sup>

Then those who gladly received his word were baptized. There were added that day about three thousand souls.<sup>40</sup>

<sup>31</sup> **Isaiah 9:5**

<sup>32</sup> **Habakkuk 2:20** Spending time in the silence helps us to find God and develop peace of mind. Without peace of mind, peace in the outer world is not possible.

<sup>33</sup> **Isaiah 30:15** We have to tune out the noise of the world in order to experience the peace of God.

<sup>34</sup> **Psalms 122:8** The peace of God is within us, we just need to claim it for ourselves and for others.

<sup>35</sup> **Psalms 37:37** Deepak Chopra: “Our most important task is to transform our consciousness so that violence is no longer an option for us in our personal lives, that understanding that a world of peace is possible only if we relate to each other as peaceful beings, one individual at a time.”

<sup>36</sup> **Proverbs 20:22** Thich Nhat Hanh: “If in our daily life we can smile, if we can be peaceful and happy, not only we, but everyone will profit from it. This is the most basic kind of peace work.”

<sup>37</sup> **Psalms 29:11** John: “All we are saying is give peace a chance.” (“Give Peace A Chance”)

<sup>38</sup> **2 Thessalonians 3:16** St. Francis of Assisi: “Lord, make me an instrument of your peace. Where there is hatred let me sow love.”

<sup>39</sup> **Mark 6:1**

<sup>40</sup> **Acts 2:41** To be “baptized” is to be cleansed spiritually.

## Chapter 44

# Because The World Is Round

### BIBLE

Again, the next day, John was standing with two of his disciples.<sup>1</sup> He was transfigured before them. His face shone like the sun, and his garments became as white as the light.<sup>2</sup>

He was not the light, but was sent that he might testify about the light.<sup>3</sup> In the hearing of all the people, he said to his disciples<sup>4</sup> “God said, ‘Let there be light’, and there was light.<sup>5</sup> God saw the light, and saw that it was good. God divided the light from the darkness.<sup>6</sup>

“Come and see God's deeds - awesome work on behalf of the children of men!<sup>7</sup> Sing to the glory of his name! Offer glory and praise!<sup>8</sup>

“Let all the earth fear Yahweh. Let all the inhabitants of the world stand in awe of him.<sup>9</sup>

“Whatever Yahweh pleased, that he has done, in heaven and in earth, in the seas and in all deeps;<sup>10</sup> who causes the clouds to rise from the ends of the earth; who makes lightning with the rain; who brings forth the wind out of his treasures.<sup>11</sup>

### COMMENTARY

<sup>1</sup> **John 1:35**

<sup>2</sup> **Matthew 17:2** John wore a white suit for his wedding to Yoko Ono and also, famously, for the photo that was used on the cover of *Abbey Road*. The color white represents transcendent values such as purity, wholeness, and harmony.

<sup>3</sup> **John 1:8** John: “I mean to show everybody the light.” (“The Word”)

<sup>4</sup> **Luke 20:4**

<sup>5</sup> **Genesis 1:3**

<sup>6</sup> **Genesis 1:4** Eckhart Tolle: “Anything unconscious dissolves when you shine the light of consciousness on it.”

<sup>7</sup> **Psalms 66:5** Amit Ray: “Earth is the holiest place in the Universe; loving the earth, and loving life is the way to generate positive vibrations.”

<sup>8</sup> **Psalms 66:2**

<sup>9</sup> **Psalms 33:8** To “fear” God is to be in awe of Divine power.

<sup>10</sup> **Psalms 135:6**

<sup>11</sup> **Psalms 135:7** In “Because,” John is in awe of the Universe and all that God has created. “Because the wind is high it blows my mind,” he shares. John loved word play, and this is one of three puns in “Because.” (Pun #1: On a blustery day, the wind “blows” hard.)

“To him who alone does great wonders; for his loving kindness endures forever.<sup>12</sup> He is before all things, and in him all things are held together.<sup>13</sup> We love him, because he first loved us.”<sup>14</sup>

“Beloved, if God loved us in this way, we also ought to love one another.<sup>15</sup> He who doesn't love doesn't know God, for God is love.”<sup>16</sup>

“He loves righteousness and justice. The earth is full of the loving kindness of Yahweh.<sup>17</sup> Be glad in Yahweh, and rejoice, you righteous! Shout for joy, all you who are upright in heart!”<sup>18</sup>

When he had said this, and had taken bread, he gave thanks to God in the presence of all, and he broke it, and began to eat.<sup>19</sup>

He was withdrawn from them about a stone's throw, and he knelt down and prayed.<sup>20</sup> “Be exalted, God, above the heavens! Let your glory be over all the earth.<sup>21</sup> For your loving kindness is great above the heavens. Your faithfulness reaches to the skies.”<sup>22</sup>

“I indeed declare, Love stands firm forever. You established the heavens. Your faithfulness is in them.”<sup>23</sup> Therefore I will give thanks to you, Yahweh, among the nations, and will sing praises to your name.”<sup>24</sup>

<sup>12</sup> **Psalm 136:4** John: “Love is old, love is new.” (“Because”)

<sup>13</sup> **Colossians 1:17** The loving kindness of the Universe is the energy that holds everyone and everything together.

<sup>14</sup> **1 John 4:19**

<sup>15</sup> **1 John 4:11** In “Because,” John reminds us that love is all that matters: “love is all, love is you.”

<sup>16</sup> **1 John 4:8**

<sup>17</sup> **Psalm 33:5**

<sup>18</sup> **Psalm 32:11** We are “righteous” when we are able to choose love even in the most difficult of circumstances. When we are able to freely give and receive love we are set free. We have found an inner sense of joy.

<sup>19</sup> **Acts 27:35**

<sup>20</sup> **Luke 22:41**

<sup>21</sup> **Psalm 108:5** In “Because,” John is in awe of the glory that is found over all the earth: “Because the world is round it turns me on.” (Pun #2: Since the world spins on its axis, it “turns.”)

<sup>22</sup> **Psalm 108:4** In “Because,” John proclaims the splendor of the Universe that reaches to the skies: “Because the sky is blue it makes me cry.” (Pun #3: People cry when they are sad and “blue.”)

<sup>23</sup> **Psalm 89:2** Franklin P. Jones: “Love doesn't make the world go 'round. Love is what makes the ride worthwhile.”

<sup>24</sup> **2 Samuel 22:50**

## Chapter 45

### A New Heaven And A New Earth

#### BIBLE

All the people saw him walking and praising God.<sup>1</sup> For all the prophets and the law prophesied until John.<sup>2</sup>

He said to them, "Please hear this dream which I have dreamed.<sup>3</sup> I was in the Spirit on the Lord's day, and I heard behind me a loud voice, like a trumpet.<sup>4</sup> I heard, but I didn't understand: then I said, my lord, what shall be the issue of these things?"<sup>5</sup>

"Yahweh answered me, 'Write the vision, and make it plain on tablets, that he who runs may read it.'<sup>6</sup> Write therefore the things which you have seen, and the things which are, and the things which will happen hereafter.'<sup>7</sup>

"Then I saw, and considered well. I saw, and received instruction.<sup>8</sup> I saw a new heaven and a new earth: for the first heaven and the first earth have passed away, and the sea is no more.<sup>9</sup>

"There will be no curse any more. The throne of God and of the Lamb will be in it, and his servants serve him.<sup>10</sup> He will wipe away from them every tear from their eyes. Death will be no more; neither will there be mourning, nor crying, nor pain, any more. The first things have passed away.<sup>11</sup>

#### COMMENTARY

<sup>1</sup> **Acts 3:9**

<sup>2</sup> **Matthew 11:13** John: "The more I see the less I know for sure."

<sup>3</sup> **Genesis 37:6** John is "in the middle of a dream" in "I'm Only Sleeping."

<sup>4</sup> **Revelation 1:10**

<sup>5</sup> **Daniel 12:8**

<sup>6</sup> **Habakkuk 2:2** "Listen to the color of your dreams," John urges us in "Tomorrow Never Knows."

<sup>7</sup> **Revelation 1:19**

<sup>8</sup> **Proverbs 24:32** John's solo composition "Imagine," in which he invites us to envision a world at peace, was released in 1971.

<sup>9</sup> **Revelation 21:1** In "Imagine," the "first heaven" has passed away: "Imagine there's no heaven...no hell below us." The first heaven is a actual place that we hope to go to (instead of hell) when we die. But the new heaven is a place in our consciousness that we can go to now.

<sup>10</sup> **Revelation 22:3** In "Imagine," "all the people [are] living for today," no longer cursed by living in the past or future, outside of God awareness.

<sup>11</sup> **Revelation 21:4** In "Imagine," there's "nothing to kill or die for" and "no need for greed or hunger."

“I saw the holy city, New Jerusalem, coming down out of heaven from God, prepared like a bride adorned for her husband.<sup>12</sup> I saw no temple in it, for the Lord God, the Almighty, and the Lamb, are its temple.<sup>13</sup>

“The city has no need for the sun, neither of the moon, to shine, for the very glory of God illuminated it, and its lamp is the Lamb.<sup>14</sup> The nations will walk in its light. The kings of the earth bring the glory and honor of the nations into it.<sup>15</sup>

“The whole earth was of one language and of one speech.<sup>16</sup> The multitude of those who believed were of one heart and soul. Not one of them claimed that anything of the things which he possessed was his own, but they had all things in common.<sup>17</sup> The whole earth is at rest, and is quiet. They break out song.<sup>18</sup>

“Now I, John, am the one who heard and saw these things. When I heard and saw, I fell down to worship before the feet of the angel who had shown me these things.<sup>19</sup> Behold, my eye has seen all this. My ear has heard and understood it.”<sup>20</sup>

When he had finished prophesying, he came to the high place.<sup>21</sup> He made the holy anointing oil and the pure incense of sweet spices, after the art of the perfumer.<sup>22</sup>

<sup>12</sup> **Revelation 21:2** Albert Einstein: “Logic will take you from A to B. Imagination will take you everywhere.”

<sup>13</sup> **Revelation 21:22** In “Imagine,” there is no temple because “there’s no religion.” John: “The concept of positive prayer ... If you can *imagine* a world at peace, with no denominations of religion—not without religion but without this my God-is-bigger-than-your-God thing—then it can be true.”

<sup>14</sup> **Revelation 21:23** In “Imagine,” there is no sun or moon; there is “above us only sky.”

<sup>15</sup> **Revelation 21:24** In “Imagine,” the nations will walk in the light of God and “the world will be as one.”

<sup>16</sup> **Genesis 11:1** In “Imagine,” everyone speaks the same language because “there’s no countries.”

<sup>17</sup> **Acts 4:32** In “Imagine,” there are “no possessions” and “all the people [are] sharing all the world.”

<sup>18</sup> **Isaiah 14:7** In “Imagine,” “all the people [are] living life in peace.”

<sup>19</sup> **Revelation 22:8** John and Yoko: “Wishing is more effective than waving flags. It works. It’s like magic. Magic is simple. Magic is real...Magic is logical. Try it sometimes.”

<sup>20</sup> **Job 13:1**

<sup>21</sup> **1 Samuel 10:13**

<sup>22</sup> **Exodus 27:39**



Smoke went out of his nostrils.  
Consuming fire came out of his  
mouth. Coals were kindled by it.<sup>23</sup>  
Immediately his ears were opened,  
and the impediment of his tongue was  
released, and he spoke clearly.<sup>24</sup> “I  
will ascend above the heights of the  
clouds! I will make myself like the  
Most High!”<sup>25</sup>

He dreamed yet another dream, and  
told it to his brothers, and said,  
“Behold, I have dreamed yet another  
dream: and behold, the sun and the  
moon and eleven stars bowed down to  
me.”<sup>26</sup> Look to the heavens, and see.  
See the skies, which are higher than  
you.<sup>27</sup>

“I saw in the visions of my head on  
my bed, and behold, a watcher and a  
holy one came down from the sky.”<sup>28</sup>  
On the top of high places by the way,  
where the paths meet, she stands.<sup>29</sup>  
She is more precious than rubies.  
None of the things you can desire are  
to be compared to her.<sup>30</sup>

“Then the Spirit lifted me up, and I  
heard behind me the voice of a great  
rushing, saying, Blessed be Yahweh’s  
glory from his place.”<sup>31</sup> I saw in the  
vision; now it was so, that when I  
saw, I was in the citadel of Susa,  
which is in the province of Elam; and  
I saw in the vision, and I was by the  
river Ulai.<sup>32</sup>

<sup>23</sup> **Psalm 18:8**

<sup>24</sup> **Mark 7:35**

<sup>25</sup> **Isaiah 14:14** “Climb in the back  
with your head in the clouds and  
you’re gone,” John sings in “Lucy  
In The Sky With Diamonds.”

<sup>26</sup> **Genesis 37:9** John was inspired to  
write “Lucy In The Sky With  
Diamonds.” after his young son  
Julian showed him a picture he had  
made of a friend named Lucy.  
Julian had sketched in some stars in  
the sky above Lucy and called the  
drawing *Lucy In The Sky With  
Diamonds*.

<sup>27</sup> **Job 35:5** In “Lucy In The Sky  
With Diamonds,” John sees the  
“marmalade skies.”

<sup>28</sup> **Daniel 4:13** In “Lucy In The Sky  
With Diamonds,” John has a vision  
of Lucy “in the sky.”

<sup>29</sup> **Proverbs 8:2**

<sup>30</sup> **Proverbs 3:15** Rubies, like  
diamonds, are considered *precious  
stones*.

<sup>31</sup> **Ezekiel 3:12**

<sup>32</sup> **Daniel 8:2** John invites us to share  
his vision in “Lucy In The Sky  
With Diamonds”: “Picture yourself  
in a boat on a river.” John had a  
great imagination, and he knew that  
visualization was the first step in  
creating a better world for  
ourselves. We could picture  
ourselves on a river, or we could  
picture ourselves living in a world  
with everyone in peace.

“By the river on its bank, on this side and on that side, shall grow every tree for food, whose leaf shall not wither, neither shall its fruit fail: it shall bring forth new fruit every month, because its waters issue out of the sanctuary; and its fruit shall be for food, and its leaf for healing.”<sup>33</sup>

“The flowers appear on the earth. The time of the singing has come, and the voice of the turtledove is heard in our land.”<sup>34</sup>

“It will happen in that day, that the mountains will drop down sweet wine, the hills will flow with milk, all the brooks of Judah will flow with waters, and a fountain will come forth from the house of Yahweh, and will water the valley of Shittim.”<sup>35</sup>

“Now to him who is able to do exceedingly abundantly above all that we ask or think, according to the power that works in us,<sup>36</sup> who alone has immortality, dwelling in unapproachable light; whom no man has seen, nor can see: to whom be honor and eternal power. Amen.”<sup>37</sup>

This is the disciple who testifies about these things, and wrote these things. We know that his witness is true.<sup>38</sup> Many of the multitude therefore, when they heard these words, said, “This is truly the prophet.”<sup>39</sup>

<sup>33</sup> **Ezekiel 47:12** In “Lucy In The Sky With Diamonds,” John describes the “tangerine trees” and “marmalade skies.” The fantastic images in the song were inspired by the work of Lewis Carroll. Two of John’s favorite books as a child were Carroll’s *Alice’s Adventures in Wonderland* and *Through The Looking Glass*. Carroll is one of the celebrities portrayed on the cover of the Sgt. Pepper album.

<sup>34</sup> **Song of Solomon 2:12** In “Lucy In The Sky With Diamonds,” John describes the “cellophane flowers” that “grow so incredibly high.”

<sup>35</sup> **Joel 3:18** John, who describes a place where “everything flows” in “Glass Onion”, tells us about “a fountain” by “a bridge” in “Lucy In The Sky With Diamonds.”

<sup>36</sup> **Ephesians 3:20** “Lucy In The Sky With Diamonds” was initially banned by the BBC because of the fact that the first letters of the three nouns in the song’s title spell out LSD. Although John was using acid on a regular basis during the time he wrote the song, he always maintained that the LSD acronym was a pure coincidence.

<sup>37</sup> **1 Timothy 6:16**

<sup>38</sup> **John 21:24**

<sup>39</sup> **John 7:40** John: “Surrealism had a great effect on me because then I realised that the imagery in my mind wasn’t insanity. Surrealism to me is reality.”

## Chapter 46

### More Wisdom from Paul

#### BIBLE

A vision appeared to Paul in the night. There was a man of Macedonia standing, begging him, and saying, “Come over into Macedonia and help us.”<sup>1</sup>

By faith, he left Egypt, not fearing the wrath of the king; for he endured, as seeing him who is invisible.<sup>2</sup> When he arrived and saw what the grace of God had done, he was glad and encouraged them all to remain true to the Lord with all their hearts.<sup>3</sup>

He taught in their synagogues, being glorified by all,<sup>4</sup> and they were astonished at his teaching, for his word was with authority.<sup>5</sup>

“All the saints greet you.<sup>6</sup> These words, which I command you this day, shall be on your heart.<sup>7</sup> And you shall teach them diligently to your children, and shall talk of them when you sit in your house, and when you walk by the way, and when you lie down, and when you rise up.<sup>8</sup>

“Count it all joy, my brothers, when you fall into various temptations.<sup>9</sup> For you need endurance so that, having done the will of God, you may receive the promise.<sup>10</sup>

#### COMMENTARY

<sup>1</sup> **Acts 16:9** Paul: “Life is an energy field, a bunch of molecules. And these particular molecules formed to make these four guys, [the Beatles] ... I have to think that was something metaphysical.

Something alchemic. Something that must be thought of as magic.”

<sup>2</sup> **Hebrews 11:27** With faith in our Creator, we can endure the hardships that come our way.

<sup>3</sup> **Acts 11:23**

<sup>4</sup> **Luke 4:15**

<sup>5</sup> **Luke 4:32**

<sup>6</sup> **2 Corinthians 13:13**

<sup>7</sup> **Deuteronomy 6:6**

<sup>8</sup> **Deuteronomy 6:7** The process of aligning ourselves with our true nature must take priority. We keep our focus on God when we talk, when we sit, when we walk, when we lie down, and when we rise up.

<sup>9</sup> **James 1:2** “When you find yourself in the thick of it, help yourself to a bit of what is all around you,” is Paul’s advice in “Martha My Dear.”

<sup>10</sup> **Hebrews 10:36** “Hold your head up,” Paul recommends in “Martha My Dear.” This is good advice, literally. Our body posture and our physical gestures influence the way we think and feel.

“Without faith it is impossible to be well pleasing to him, for he who comes to God must believe that he exists, and that he is a rewarder of those who seek him.”<sup>11</sup>

“Therefore I take pleasure in weaknesses, in injuries, in necessities, in persecutions, in distresses, for Christ's sake. For when I am weak, then am I strong.”<sup>12</sup>

“Be of the same mind one toward another. Don't set your mind on high things, but associate with the humble. Don't be wise in your own conceits.”<sup>13</sup>  
See how good and how pleasant it is for brothers to live together in unity!<sup>14</sup>

“Cease from anger, and forsake wrath. Don't fret, it leads only to evil doing.”<sup>15</sup>  
Follow after peace with all men, and the sanctification without which no man will see the Lord.”<sup>16</sup>

<sup>11</sup> **Hebrews 11:6** Rob Breznsky: “All of creation is conspiring to shower us with blessings. Life is crazily in love with us- brazenly and innocently in love with us... The Universe always gives us exactly what we need- exactly when we need it.”

<sup>12</sup> **2 Corinthians 12:10** In “Obladi Oblada,” Paul suggests that we reframe the challenges that we face in life; “Obladi oblada” is an African tribal expression that means “oh well, life goes on!”

<sup>13</sup> **Romans 12:16** “Pride can hurt you too,” John and Paul remind us in “She Loves You.”

<sup>14</sup> **Psalm 133:1** In “All Together Now,” Paul urges us to live together in unity as part of a colorful tapestry: “Black, white, green, red...all together now.”

Lynne McTaggart: “Cooperation, even sacrifice, is intrinsic to the biological makeup of all living things...we exist in a dynamic relationship of connection and constant influence .”

<sup>15</sup> **Psalm 37:8** In “Getting Better” Paul, with John, is learning how to control his anger: “Man I was mean but I'm changing my scene and I'm doing the best that I can.”

<sup>16</sup> **Hebrews 12:14** If we are not at peace, we will be unable to “see” the Lord.

“The beginning of strife is like breaching a dam, therefore stop contention before quarreling breaks out.<sup>17</sup> Be angry, and don't sin. Don't let the sun go down on your wrath.<sup>18</sup>

“In love of the brothers be tenderly affectionate to one another; in honor preferring one another;<sup>19</sup> not lagging in diligence; fervent in spirit; serving the Lord;<sup>20</sup> rejoicing in hope; enduring in troubles; continuing steadfastly in prayer.<sup>21</sup>

“You have heard that it was said, ‘You shall love your neighbor, and hate your enemy.’<sup>22</sup>

“But I tell you, love your enemies, bless those who curse you, do good to those who hate you, and pray for those who mistreat you and persecute you;<sup>23</sup> that you may be children of your Father who is in heaven. For he makes his sun to rise on the evil and the good, and sends rain on the just and the unjust.<sup>24</sup>

“The poor man and the oppressor have this in common: Yahweh gives sight to the eyes of both.<sup>25</sup> He changes the times and the seasons; he removes kings, and sets up kings; he gives wisdom to the wise, and knowledge to those who have understanding.<sup>26</sup>

“Yahweh makes poor, and makes rich. He brings low, he also lifts up.<sup>27</sup>

<sup>17</sup> **Proverbs 17:14** In “We Can Work It Out,” Paul urges us to avoid strife before quarreling breaks out: “We can work it out and get it straight, or say good-night.”

<sup>18</sup> **Ephesians 4:26** Anger can be a useful emotion if used properly. Mental health experts teach anger *management* rather than anger *elimination*. Letting anger control us, however, is “sin,” separating us from God. We want to use our anger constructively, but not become a chronically angry person.

<sup>19</sup> **Romans 12:10**

<sup>20</sup> **Romans 12:11**

<sup>21</sup> **Romans 12:12**

<sup>22</sup> **Matthew 5:43**

<sup>23</sup> **Matthew 5:44**

<sup>24</sup> **Matthew 5:45**

<sup>25</sup> **Proverbs 29:13** In the material world, there is duality. Everything has its opposite. There is evil and there is good, there are the just and the unjust, the oppressed and those who oppress others. From our perspective, evil, injustice, and oppression are not welcome, but from God's perspective, all is in Divine order.

<sup>26</sup> **Daniel 2:21** Max Ehrmann, from *Desiderata*: “You are a child of the universe, no less than the trees and the stars; you have a right to be here. And whether or not it is clear to you, no doubt the universe is unfolding as it should.”

<sup>27</sup> **1 Samuel 2:7**

“But concerning the times and the seasons, brothers, you have no need that anything be written to you.<sup>28</sup> For there is a time and procedure for every purpose, although the misery of man is heavy on him.<sup>29</sup>

“A time to be born, and a time to die; a time to plant, and a time to pluck up that which is planted.<sup>30</sup> A time to kill, and a time to heal; a time to break down, and a time to build up.<sup>31</sup>

“A time to weep, and a time to laugh; a time to mourn, and a time to dance.<sup>32</sup> A time to cast away stones, and a time to gather stones together; a time to embrace, and a time to refrain from embracing.<sup>33</sup>

“A time to seek, and a time to lose; a time to keep, and a time to cast away.<sup>34</sup> A time to tear, and a time to sew; a time to keep silence, and a time to speak.<sup>35</sup>

“A time to love, and a time to hate; a time for war, and a time for peace.<sup>36</sup>

“But above all things, my brothers, don’t swear— not by heaven, or by the earth, or by any other oath; but let your ‘yes’ be ‘yes’, and your ‘no’, ‘no’; so that you don’t fall into hypocrisy.<sup>37</sup>

<sup>28</sup> **1 Thessalonians 5:1**

<sup>29</sup> **Ecclesiastes 8:6**

<sup>30</sup> **Ecclesiastes 3:2** Ecclesiastes 3:1-8 were used by Pete Seeger as lyrics for “Turn! Turn! Turn!” which was a #1 song for the Byrds in 1965.

<sup>31</sup> **Ecclesiastes 3:3**

<sup>32</sup> **Ecclesiastes 3:4**

<sup>33</sup> **Ecclesiastes 3:5**

<sup>34</sup> **Ecclesiastes 3:6**

<sup>35</sup> **Ecclesiastes 3:7** *The law of sewing and ripping*: If we rip our clothing and stitching is needed, fortunately there will be “a time to sew”!

<sup>36</sup> **Ecclesiastes 3:8** Within the duality of the material world is perfection because it gives us a chance to use our free will, have preferences, make choices, learn, and grow. We don’t welcome sadness, but without it how could we experience joy? How could we experience success without failure? Our task is to be in the natural flow of life instead of fighting against it, and to make choices that are based in love.

<sup>37</sup> **James 5:12** “You say yes, I say no” Paul shares in “Hello Goodbye,” his song about opposites: “yes/no,” “stop/go,” “high/low,” and “hello/goodbye.” Paul, on “Hello Goodbye”: “The answer to everything is simple. It’s a song about everything and nothing. If you have black you have to have white. That’s the amazing thing about life.”



“Finally, brothers, whatever things are true, whatever things are honorable, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report; if there is any virtue, and if there is any praise, think about these things.<sup>38</sup> And God is able to make all grace abound to you, that you, always having all sufficiency in everything, may abound to every good work.”<sup>39</sup>

Early in the morning, while it was still dark, he rose up and went out, and departed into a deserted place, and prayed there.<sup>40</sup> The wilderness grasslands overflow. The hills are clothed with gladness.<sup>41</sup>

“I delight to do your will, my God. Yes, your law is within my heart.<sup>42</sup> Let me understand the teaching of your precepts! Then I will meditate on your wondrous works.”<sup>43</sup>

“Search me, God, and know my heart. Try me, and know my thoughts.<sup>44</sup> Let your hand be ready to help me, for I have chosen your precepts.”<sup>45</sup>

“Of the glorious majesty of your honor, of your wondrous works, I will meditate.”<sup>46</sup>

When it was late in the day, his disciples came to him, and said, “This place is deserted, and it is late in the day.”<sup>47</sup>

<sup>38</sup> **Philippians 4:8** In “Fixing A Hole,” Paul describes how he is keeping his thoughts aligned with Source: “I’m painting the room in a colorful way, and when my mind is wandering there I will go.”

<sup>39</sup> **2 Corinthians 9:8** In “Fixing A Hole,” Paul is in the flow and has all sufficiency in everything: “And it really doesn’t matter if I’m wrong or right. Where I belong I’m right.”

<sup>40</sup> **Mark 1:35** [*“He” is Paul*] In “Mother Nature’s Son,” Paul gets alone in nature to align with his higher self: “Find me in my field of grass- Mother Nature’s Son.” Paul wrote this song while the Beatles were in India learning how to meditate from the Maharishi. Paul: “It was a great gift that Maharishi has given us. It came during a period at the end of the 60’s when we were looking for something that could bring us more stability, and it was a lifelong gift. It’s something you can call on at any time.”

<sup>41</sup> **Psalm 65:12**

<sup>42</sup> **Psalm 40:8** If God’s law is within our heart, we are aligned with our higher nature. When we feel God, we feel good. Paul is delighted in “Good Day Sunshine”: “I feel good in a special way,” he shares.

<sup>43</sup> **Psalm 119:27**

<sup>44</sup> **Psalm 139:23**

<sup>45</sup> **Psalm 119:173**

<sup>46</sup> **Psalm 145:5**

<sup>47</sup> **Mark 6:35**

And they found him, and told him, “Everyone is looking for you.”<sup>48</sup> He said to them, “Why were you looking for me? Didn’t you know that I must be in my Father’s house?”<sup>49</sup>

“With God is my salvation and my honor. The rock of my strength, and my refuge, is in God.”<sup>50</sup> However, the Most High doesn’t dwell in temples made with hands, as the prophet says.<sup>51</sup>

“Can any hide himself in secret places so that I shall not see him? says Yahweh. Don’t I fill heaven and earth? says Yahweh.”<sup>52</sup>

“My soul, wait in silence for God alone, for my expectation is from him.”<sup>53</sup> Yahweh is good to those who wait for him, to the soul that seeks him.<sup>54</sup>

“Seeing then that these things can’t be denied, you ought to be quiet, and to do nothing rash.”<sup>55</sup> Be silent at the presence of the Lord Yahweh, for the day of Yahweh is at hand. For Yahweh has prepared a sacrifice. He has consecrated his guests.<sup>56</sup>

“All these blessings will come upon you, and overtake you, if you listen to Yahweh your God’s voice.”<sup>57</sup>

He said to them, “Depart for three days, then come back to me.” The people departed.<sup>58</sup>

<sup>48</sup> **Mark 1:37** Aristotle: “In all things of nature, there is something of the marvelous.”

<sup>49</sup> **Luke 2:49** Divine intelligence is present everywhere. It permeates all of creation.

<sup>50</sup> **Psalm 62:7** William Wordsworth: “Come forth into the light of things, let nature be your teacher.”

<sup>51</sup> **Acts 7:48** Albert Einstein: “Look deep into nature, and then you will understand everything better.”

<sup>52</sup> **Jeremiah 23:24** A.W. Tozer: “Always, everywhere God is present, and always He seeks to discover Himself to each one.”

<sup>53</sup> **Psalm 62:5** Paul and John’s “Wait” is all about waiting for your good: “If your hearts strong hold on,” they advise. “Wait till I come back to your side.”

<sup>54</sup> **Lamentations 3:25** Paul E. Miller: “If you wait, your heavenly Father will pick you up, carry you out into the night, and make your life sparkle. He wants to dazzle you with the wonder of his love.”

<sup>55</sup> **Acts 19:36** In “The Fool on the Hill” the wise “fool” is “keeping perfectly still.”

<sup>56</sup> **Zephaniah 1:7** God is found in the silence. Lao Tzu: “Silence is a source of great strength.”

<sup>57</sup> **Deuteronomy 28:2** Confucius: “Silence is a true friend who never betrays.”

<sup>58</sup> **1 Kings 12:5** Paul Simon: “Listen to the sound of silence.”

## Chapter 47

# She Came In Through The Bathroom Window

### BIBLE

Paul stayed two whole years in his own rented house, and received all who were coming to him.<sup>1</sup> It happened at midnight, that the man was startled and turned himself; and behold, a woman lay at his feet.<sup>2</sup>

He said, “Who are you?” She answered, “I am Ruth your handmaid. Therefore spread your skirt over your handmaid; for you are a near kinsman.”<sup>3</sup>

With persuasive words, she led him astray. With the flattering of her lips, she seduced him.<sup>4</sup> She caught him by his garment, saying, “Lie with me!” He left his garment in her hand, and ran outside.<sup>5</sup>

Then came the woman in the dawning of the day, and fell down at the door of the man’s house where her lord was, until it was light.<sup>6</sup>

Joseph, her husband, being a righteous man, and not willing to make her a public example, intended to put her away secretly.<sup>7</sup>

### COMMENTARY

<sup>1</sup> **Acts 28:30** “She Came In Through The Bathroom Window” was inspired by an actual incident involving a woman who gained unauthorized entry into Paul’s house in St. John’s Wood. A fan of the group used a ladder to reach a bathroom window that had been left slightly open (Paul was not home at the time). Once the young lady got in, she opened the front door, and let several other girls in. They took a few of Paul’s belongings, mainly clothes and photographs.

<sup>2</sup> **Ruth 3:8** As he had done before with “With a Little Help From My Friends,” Joe Cocker covered and reinterpreted “She Came in Through the Bathroom Window” as a slower, more soulful song, reaching number 30 on the US Billboard Hot 100 chart in 1970.

<sup>3</sup> **Ruth 3:9**

<sup>4</sup> **Proverbs 7:21** “Your lips are moving, I cannot hear. Your voice is soothing, but the words aren’t clear,” Paul observes in “I’m Looking Through You.”

<sup>5</sup> **Genesis 39:12**

<sup>6</sup> **Judges 19:26**

<sup>7</sup> **Matthew 1:19**

He said, “This is Wickedness”; and he threw her down into the middle of the ephah basket; and he threw the weight of lead on its mouth.<sup>8</sup> “A wife who commits adultery! who takes strangers instead of her husband!”<sup>9</sup>

Her husband is respected in the gates, when he sits among the elders of the land.<sup>10</sup> All the city was moved, and the people ran together. They seized Paul and dragged him out of the temple. Immediately the doors were shut.<sup>11</sup>

The high priest, Ananias, commanded those who stood by him to strike him on the mouth.<sup>12</sup> “If a man be found lying with a woman married to a husband, then they shall both of them die, the man who lay with the woman, and the woman: so you shall put away the evil from Israel.”<sup>13</sup>

Then Paul said to him, “God will strike you, you whitewashed wall! Do you sit to judge me according to the law, and command me to be struck contrary to the law?”<sup>14</sup> Withdraw your hand far from me; and don't let your terror make me afraid.<sup>15</sup>

“Yahweh is my shepherd: I shall lack nothing.<sup>16</sup> He makes me lie down in green pastures. He leads me beside still waters.<sup>17</sup> He restores my soul. He guides me in the paths of righteousness for his name's sake.<sup>18</sup>

<sup>8</sup> **Zechariah 5:8** “She Came In Through The Bathroom Window” is part of the brilliant and innovative 16 minute medley of songs that end the *Abbey Road* album and also effectively end the Beatles recording career. *Rolling Stone*: “The *Abbey Road* medley is the matured Beatles at their best: playful, gentle, acerbic, haunting and bonded by the music. Their harmonies are ravishing and complex; the guitars are confident and cutting.”

<sup>9</sup> **Ezekiel 16:32**

<sup>10</sup> **Proverbs 31:23**

<sup>11</sup> **Acts 21:30**

<sup>12</sup> **Acts 23:2**

<sup>13</sup> **Deuteronomy 22:22**

<sup>14</sup> **Acts 23:3**

<sup>15</sup> **Job 13:21**

<sup>16</sup> **Psalm 23:1** The 23<sup>rd</sup> Psalm, one of the most beloved passages found in the Bible, is a powerful affirmation that we can use to lift ourselves up in consciousness. When we let God “shepherd” us through life, everything we need is provided.

<sup>17</sup> **Psalm 23:2** Universal law stipulates that all things work together for our good, although this truth can be hard to grasp when we are going through challenges.

<sup>18</sup> **Psalm 23:3** The Divine will guide us along a path that allows it to express uniquely through us in order to serve the greater Good.

“Surely goodness and loving kindness shall follow me all the days of my life, and I will dwell in Yahweh’s house forever.<sup>19</sup>

“Yahweh is my light and my salvation. Whom shall I fear? Yahweh is the strength of my life. Of whom shall I be afraid?<sup>20</sup>

“But I know you, that you don’t have God’s love in yourselves.<sup>21</sup> He who is of God hears the words of God. For this cause you don’t hear, because you are not of God.<sup>22</sup>

“You are trapped by the words of your mouth. You are ensnared with the words of your mouth.<sup>23</sup>

“You judge according to the flesh. I judge no one.<sup>24</sup> Even if I do judge, my judgment is true, for I am not alone, but I am with the Father who sent me.<sup>25</sup>

“Don’t you believe that I am in the Father, and the Father in me? The words that I tell you, I speak not from myself; but the Father who lives in me does his works.<sup>26</sup>

“But with me it is a very small thing that I should be judged by you, or by man’s judgment. Yes, I don’t judge my own self.<sup>27</sup> For God will bring every work into judgment, with every hidden thing, whether it is good, or whether it is evil.<sup>28</sup>

<sup>19</sup> **Psalm 23:6**

<sup>20</sup> **Psalm 27:1** Rick Warren: “Fear is a self imposed prison that will keep you from becoming what God intends for you to be. You must move against it with the weapons of faith and love.”

<sup>21</sup> **John 5:42**

<sup>22</sup> **John 8:47** If we are “of God,” we see things the way God sees them, from a higher level of awareness.

<sup>23</sup> **Proverbs 6:2** Aldous Huxley: “Thanks to words, we have been able to rise above the brutes; and thanks to words, we have often sunk to the level of the demons.”

<sup>24</sup> **John 8:15**

<sup>25</sup> **John 8:16** Judgment that comes from “the Father,” or the God within, is wisdom and discernment.

<sup>26</sup> **John 14:10** Ralph Waldo Emerson: “Within man is the soul of the whole; the wise silence; the universal beauty.”

<sup>27</sup> **1 Corinthians 4:3**

<sup>28</sup> **Ecclesiastes 12:14** Every thought word and deed on our part, good or bad, has a consequence. For instance, when a person chooses to ignore their Divine nature and operate in fear, ignorance, and hatred, they will reap what they sow: more fear, ignorance and hatred. Robert Louis Stevenson: “Sooner or later everyone sits down to a banquet of consequences.”

“Don't judge, and you won't be judged. Don't condemn, and you won't be condemned. Set free, and you will be set free.”<sup>29</sup>

Paul said, “I pray to God, that whether with little or with much, not only you, but also all that hear me today, might become such as I am, except for these bonds.”<sup>30</sup>

“Now my head will be lifted up above my enemies around me. I will offer sacrifices of joy in his tent. I will sing, yes, I will sing praises to Yahweh.”<sup>31</sup>

“While I live, I will praise Yahweh. I will sing praises to my God as long as I exist.”<sup>32</sup> Sing to the glory of his name! Offer glory and praise!”<sup>33</sup>

A good man shall obtain favor from Yahweh, but he will condemn a man of wicked devices.<sup>34</sup> The king sent and freed him; even the ruler of peoples, and let him go free.<sup>35</sup>

He got up, took his mat and walked out in full view of them all. This amazed everyone and they praised God, saying, “We have never seen anything like this!”<sup>36</sup>

<sup>29</sup> **Luke 6:37** If we have a judgmental, condemning, unforgiving spirit that focuses on the worst qualities of others, we contribute towards keeping them stuck where they are. In addition, through the law of attraction we will tend to attract people and situations that keep ourselves grounded at that same level of consciousness. Constructive criticism, however, can be quite helpful. We can see things in others that they can't see. Francois de la Rochefoucauld: “Few people have the wisdom to prefer the criticism that would do them good, to the praise that deceives them.”

<sup>30</sup> **Acts 26:29**

<sup>31</sup> **Psalm 27:6** “You were above me, but not today,” Paul declares in “I'm Looking Through You.”

<sup>32</sup> **Psalm 146:2** (Anonymous) “Turn your worry into worship and watch God turn your battles into blessings.”

<sup>33</sup> **Psalm 66:2** Ellen G. White: “Singing is as much an act of worship as is prayer.”

<sup>34</sup> **Proverbs 12:2** When we are in alignment with our higher nature, we naturally obtain God's favor, without having to ask for it.

<sup>35</sup> **Psalm 105:20** God uses other people to bring His favor to us.

<sup>36</sup> **Mark 2:12** [*“He” is Paul*]



## Chapter 48

### Let It Be

#### BIBLE

After the uproar had ceased, Paul sent for the disciples, took leave of them, and departed to go into Macedonia.<sup>1</sup> When he had gone through those parts, and had encouraged them with many words, he came into Greece.<sup>2</sup>

He was teaching in one of the synagogues on the Sabbath day.<sup>3</sup> Immediately many were gathered together, so that there was no more room, not even around the door; and he spoke the word to them.<sup>4</sup>

But when the Jews saw the multitudes, they were filled with jealousy, and contradicted the things which were spoken by Paul, and blasphemed.<sup>5</sup>

“Behold, you are of nothing, and your work is of nothing. He who chooses you is an abomination.”<sup>6</sup> For wherever the carcass is, there is where the vultures gather together.<sup>7</sup>

“As for the word that you have spoken to us in Yahweh’s name, we will not listen to you.”<sup>8</sup>

#### COMMENTARY

<sup>1</sup> **Acts 20:1** Paul was inspired to write “Let it Be” after his mother Mary, who died of breast cancer when he was 14, appeared to him one night in a dream, giving him strength while he was going through a difficult time. Paul: “In the dream she said, ‘It’ll be all right.’ I’m not sure if she used the words ‘Let it be’ but that was the gist of her advice.”

<sup>2</sup> **Acts 20:2** Paul: “I do these songs still: ‘Let it Be’ and the like. And to actually see young kids crying over the spirit in the song, I’m very proud of that. It could have gone the other way. I say to people ‘Hey if the Beatles were really bad, we could have played Hitler’s game. We could have got kids to do anything, such was our power.’”

<sup>3</sup> **Luke 13:10** Paul: “I think we gave some sort of freedom to the world. I meet a lot of people now who say the Beatles freed them up. If you think about it the world was slightly more of an upper-class place until the Beatles came along.”

<sup>4</sup> **Mark 2:2**

<sup>5</sup> **Acts 13:45**

<sup>6</sup> **Isaiah 41:24**

<sup>7</sup> **Matthew 24:28**

<sup>8</sup> **Jeremiah 44:16**

When Paul wanted to enter in to the people, the disciples didn't allow him.<sup>9</sup> He departed there, and went into the house of a certain man named Justus, one who worshiped God, whose house was next door to the synagogue.<sup>10</sup> He went in therefore, and shut the door on them both, and prayed to Yahweh.<sup>11</sup>

“Hear, Yahweh, my prayer. Listen to the voice of my petitions.<sup>12</sup> Hide me from the conspiracy of the wicked, from the noisy crowd of the ones doing evil.<sup>13</sup>

“Teach me your way, Yahweh. Lead me in a straight path, because of my enemies.<sup>14</sup> Streams of tears run down my eyes, because they don't observe your law.<sup>15</sup>

“My soul is laid low in the dust. Revive me according to your word!<sup>16</sup> My heart is troubled, and doesn't rest. Days of affliction have come on me.<sup>17</sup>

“Out of the depths I have cried to you, Yahweh.<sup>18</sup> I am small and despised. I don't forget your precepts.<sup>19</sup> I have done what is just and righteous. Don't leave me to my oppressors.”<sup>20</sup>

The following night, the Lord stood by him, and said, “Cheer up, Paul, for as you have testified about me at Jerusalem, so you must testify also at Rome.<sup>21</sup> Greet Mary, who labored much for us.”<sup>22</sup>

<sup>9</sup> **Acts 19:30**

<sup>10</sup> **Acts 18:7**

<sup>11</sup> **2 Kings 4:33**

<sup>12</sup> **Psalms 86:6**

<sup>13</sup> **Psalms 64:2** Paul: “Now I need a place to hide away” (“Yesterday”)

<sup>14</sup> **Psalms 27:11** Paul is looking for direction in “The Long And Winding Road”: “Let me know the way...lead me to your door.”

<sup>15</sup> **Psalms 119:136** “Though the days are few they're filled with tears,” Paul cries in “You Won't See Me.”

<sup>16</sup> **Psalms 119:25** Paul: “I'm Down (I'm Really Down)” (“I'm Down”)

<sup>17</sup> **Job 30:27** “Yesterday all my troubles seemed so far away, now it looks as though they're here to stay,” Paul reveals in “Yesterday.”

<sup>18</sup> **Psalms 130:1** “Many times I've been alone and many times I've cried,” Paul shares in “The Long And Winding Road.”

<sup>19</sup> **Psalms 119:41** Paul: “I'm not half the man I used to be” (“Yesterday”)

<sup>20</sup> **Psalms 119:121** “Don't leave me waiting here,” Paul cries out in “The Long And Winding Road.”

<sup>21</sup> **Acts 23:11**

<sup>22</sup> **Romans 16:6** [*“Mary” is Paul's mother Mary McCartney*] “Mother Mary comes to me,” Paul shares in “Let it Be.” Paul, on his dream: “That's a wonderful thing about dreams: you actually are reunited with that person for a second; there they are and you appear to both be physically together again.”

An angel of the Lord appeared to him, standing on the right side of the altar of incense.<sup>23</sup> Mary said “My soul magnifies the Lord.”<sup>24</sup> My son, attend to my words. Turn your ear to my sayings.<sup>25</sup>

“My mouth will speak *words of wisdom*. My heart shall utter understanding.<sup>26</sup> I will instruct you and teach you in the way which you shall go. I will counsel you with my eye on you.<sup>27</sup> As one whom his mother comforts, so will I comfort you; and you will be comforted in Jerusalem.”<sup>28</sup>

“My son, don’t forget my teaching; but let your heart keep my commandments.<sup>29</sup> Let your garments be always white, and don’t let your head lack oil.”<sup>30</sup>

“Stop trusting in man, whose breath is in his nostrils; for of what account is he?”<sup>31</sup> Trust in Yahweh forever; for in Yah, Yahweh, is an everlasting Rock.<sup>32</sup>

“When they bring you before the synagogues, the rulers, and the authorities, don’t be anxious how or what you will answer, or what you will say.<sup>33</sup> Yahweh will fight for you, and you shall be still.”<sup>34</sup>

<sup>23</sup> **Luke 1:11** “In my hour of darkness she is standing right in front of me,” Paul informs us in “Let it Be.”

<sup>24</sup> **Luke 1:46** Although the reference to “Mother Mary” in “Let it Be” does not refer to the mother of Jesus, Paul encourages people to interpret the song any way they wish.

<sup>25</sup> **Proverbs 4:20** Paul: “Mother Mary makes it a quasi-religious thing, so you can take it what way. I don’t mind. I’m quite happy if people want to use it to shore up their faith. I have no problem with that. I think it’s a great thing to have faith of any sort, particularly in the world we live in.”

<sup>26</sup> **Psalm 49:3** Mary is “speaking words of wisdom” in “Let it Be.”

<sup>27</sup> **Psalm 32:8** In Luke 1:38 the Virgin Mary does in fact utter the words “let it be” while responding to the angel Gabriel: “Behold, the servant of the Lord; **let it be** done to me according to your word.”

<sup>28</sup> **Isaiah 66:13**

<sup>29</sup> **Proverbs 3:1**

<sup>30</sup> **Ecclesiastes 9:8** White represents purity; oil represents love.

<sup>31</sup> **Isaiah 2:22**

<sup>32</sup> **Isaiah 26:4**

<sup>33</sup> **Luke 12:22** Jon Kabat-Zinn: “It’s not a matter of letting go – you would if you could. Instead of ‘Let it go,’ we should probably say ‘Let it Be.’”

<sup>34</sup> **Exodus 14:14**

“Now, my son, may Yahweh be with you and prosper you, and build the house of Yahweh your God, as he has spoken concerning you.”<sup>35</sup>

“Peace I leave with you. My peace I give to you; not as the world gives, give I to you. Don't let your heart be troubled, neither *let it be* fearful.”<sup>36</sup>

“Now therefore write this song for yourselves, and teach it to the children of Israel: put it in their mouths, that this song may be a witness for me against the children of Israel.”<sup>37</sup>

The Preacher sought to find out acceptable words, and that which was written blamelessly, words of truth.<sup>38</sup> The multitude, crying aloud, began to ask him to do as he always did for them.<sup>39</sup> They all wept a lot, and fell on Paul's neck and kissed him.<sup>40</sup>

After he had taken leave of them, he went up the mountain to pray.<sup>41</sup>

“Teach me, Yahweh, the way of your statutes. I will keep them to the end.<sup>42</sup> Though princes sit and slander me, your servant will meditate on your statutes.”<sup>43</sup> For you have been my help. I will rejoice in the shadow of your wings.<sup>44</sup>

“How sweet are your promises to my taste, more than honey to my mouth!”<sup>45</sup> They are new every morning; great is your faithfulness.<sup>46</sup>

<sup>35</sup> **1 Chronicles 22:11**

<sup>36</sup> **John 14:27** Mary is counseling Paul to just “let it be”; to not let his heart be troubled and to not “let it be” fearful. “Let it Be,” released in March of 1970, was the Beatles next to last single. Their last single, “The Long And Winding Road,” was released two months later, shortly after the group had officially announced their breakup. Taken together, these two final gifts to the world, both written by Paul as piano based ballads, offer a powerful spiritual lesson. The way to navigate “the long and winding road” is simply to “let it be.”

<sup>37</sup> **Deuteronomy 13:19**

<sup>38</sup> **Ecclesiastes 12:10** [“*The Preacher*” is Paul]

<sup>39</sup> **Mark 15:8**

<sup>40</sup> **Acts 20:37**

<sup>41</sup> **Matthew 6:46**

<sup>42</sup> **Psalm 119:33** “Tell me tell me tell me come on tell me the answer,” Paul pleads in “Helter Skelter.”

<sup>43</sup> **Psalm 119:23** To meditate is simply to think deeply or focus the mind for a period of time, for spiritual purposes or simply as a way to relax. The purpose of spiritual meditation is to reside in our essential nature, to attain a sense of the Presence of God.

<sup>44</sup> **Psalm 63:7**

<sup>45</sup> **Psalm 119:103**

<sup>46</sup> **Lamentations 3:23**

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“Blessed are the people who learn to acclaim you. They walk in the light of your presence, Yahweh.<sup>47</sup> Let the proud be disappointed, for they have overthrown me wrongfully. I will meditate on your precepts.<sup>48</sup>

“I fade away like an evening shadow. I am shaken off like a locust.<sup>49</sup> But I will sing of your strength. Yes, I will sing aloud of your loving kindness in the morning. For you have been my high tower, a refuge in the day of my distress.<sup>50</sup>

“I will give thanks to you, Lord, among the peoples. I will sing praises to you among the nations.<sup>51</sup> I will sing a new song to you, God. On a ten-stringed lyre, I will sing praises to you.”<sup>52</sup>

Now very early in the morning, he came again into the temple, and all the people came to him. He sat down, and taught them.<sup>53</sup>

“Wake up, harp and lyre! I will wake up the dawn.<sup>54</sup> This greeting is by me, Paul, with my own hand.<sup>55</sup> I waited patiently for Yahweh. He turned to me, and heard my cry.<sup>56</sup>

“He has put a new song in my mouth, even praise to our God. Many shall see it, and fear, and shall trust in Yahweh.<sup>57</sup>

<sup>47</sup> **Psalm 89:15** Emmett Fox: “The root of all difficulties is a lack of the sense of the Presence of God.”

<sup>48</sup> **Psalm 119:78** Krishnamurti, on meditation: “It's something that comes naturally, when all positive and negative assertions and accomplishments have been understood and drop away easily. It is the total emptiness of the brain... It's out of this emptiness love comes, otherwise it's not love.”

<sup>49</sup> **Psalm 109:23** “There's a shadow hanging over me,” Paul observes in “Yesterday.”

<sup>50</sup> **Psalm 59:16** Cicero: “Gratitude is not only the greatest of virtues, but the parent of all others.”

<sup>51</sup> **Psalm 57:9 9**

<sup>52</sup> **Psalm 144:9**

<sup>53</sup> **John 8:2** Paul: “All day long, I'm sitting singing songs for everyone” (“Mother Nature's Son”)

<sup>54</sup> **Psalm 108:2** Paul: “I wake up to the sound of music” (“Let It Be”)

<sup>55</sup> **1 Corinthians 16:21**

<sup>56</sup> **Psalm 40:1** W.A. Criswell: “God sends people into our lives just when we need them, to say the right word, His word, just when we need it.”

<sup>57</sup> **Psalm 40:3 7** Paul, on songwriting: “People who create and write, it actually does flow-just flows from into their head, into their hand, and they write it down. It's simple.”

“Yahweh is my strength and my shield. My heart has trusted in him, and I am helped. Therefore my heart greatly rejoices. With my song I will thank him.”<sup>58</sup>

“Grace to you and peace from God our Father and the Lord Jesus Christ.”<sup>59</sup> This is the message which we have heard from him and announce to you, that God is light, and in him is no darkness at all.<sup>60</sup>

“The light shines in the darkness, and the darkness hasn't overcome it.”<sup>61</sup> Therefore see whether the light that is in you isn't darkness.<sup>62</sup>

“If a house is divided against itself, that house cannot stand.”<sup>63</sup> Let your heart therefore be perfect with Yahweh our God, to walk in his statutes, and to keep his commandments, as it is today.<sup>64</sup>

“Then you will call, and Yahweh will answer; you will cry for help, and he will say, ‘Here I am’. If you take away from among you the yoke, finger pointing, and speaking wickedly;<sup>65</sup> and if you pour out your soul to the hungry, and satisfy the afflicted soul: then your light will rise in darkness, and your obscurity will be as the noonday.”<sup>66</sup>

<sup>58</sup> **Psalms 28:7** Robert Holden: “The real gift of gratitude is that the more grateful you are, the more present you become.”

<sup>59</sup> **2 Corinthians 1:2**

<sup>60</sup> **1 John 1:5** God is all there is, without any opposite, in the same way that light has no opposite. Darkness is not the *opposite* of light, it is the *absence* of light.

<sup>61</sup> **John 1:5 Paul:** “There is still a light that shines on me,” Paul affirms in “Let It Be.”

<sup>62</sup> **Luke 11:35** Desmond Tutu: “Hope is being able to see there is light despite all of the darkness.”

<sup>63</sup> **Mark 3:25** In “Let It Be” the “broken hearted people,” divided against themselves, “may be parted.”

<sup>64</sup> **1 Kings 8:61** A perfect heart is one that is whole and undivided. When we are conflicted internally, such as not being able to forgive someone, we are in effect waging war against ourselves.

<sup>65</sup> **Isaiah 58:9** In “Let it Be,” when the “broken hearted people” “agree” then “there will be an answer.”

<sup>66</sup> **Isaiah 58:10** Martin Luther King Jr.: “Darkness cannot drive out darkness; only light can do that. Hate cannot drive out hate; only love can do that.”



“In that day, the deaf will hear the words of the book, and the eyes of the blind will see out of obscurity and out of darkness.”<sup>67</sup>

“Ask a sign of Yahweh your God; ask it either in the depth, or in the height above.”<sup>68</sup> **Let it be**, when these signs have come to you, that you do what is appropriate for the occasion; for God is with you.<sup>69</sup>

“Yahweh will also be a high tower for the oppressed; a high tower in *times of trouble*.<sup>70</sup> He heals the *broken in heart*, and binds up their wounds.<sup>71</sup> They also who err in spirit will come to understanding, and those who grumble will receive instruction.”<sup>72</sup>

“Therefore, sirs, cheer up! For I believe God, that it will be just as it has been spoken to me.”<sup>73</sup> Don’t remember the former things, and don’t consider the things of old.<sup>74</sup> This is the day that Yahweh has made. We will rejoice and be glad in it!”<sup>75</sup>

He said to his disciples, “Therefore I tell you, don’t be anxious for your life, what you will eat, nor yet for your body, what you will wear.”<sup>76</sup>

<sup>67</sup> **Isaiah 29:18** In “Let It Be” “there is still a chance that they will see.”

<sup>68</sup> **Isaiah 7:11** Dr. Wayne Dyer: “The Divine is at work within you, moving you toward your life purpose. Let yourself be guided and see what happens when you simply ‘let it be’.”

<sup>69</sup> **1 Samuel 10:7** The affirmation “let it be” has a similar meaning to the Hebrew word “amen.”

<sup>70</sup> **Psalms 9:9** In “Let it Be,” Divine guidance and comfort comes to Paul in “times of trouble.”

<sup>71</sup> **Psalms 147:3** In “Let it Be,” when the “broken hearted people living in the world agree,” they are healed.

<sup>72</sup> **Isaiah 29:24**

<sup>73</sup> **Acts 27:25** Bhagavad Gita: “By working without attachment, one attains the Supreme.”

<sup>74</sup> **Isaiah 43:18** Lao Tzu: “If you are depressed you are living in the past. If you are anxious you are living in the future. If you are at peace you are living in the present.”

<sup>75</sup> **Psalms 118:24** Thich Nhat Hanh: “The miracle is not to walk on water. The miracle is to walk on the green earth, dwelling deeply in the present moment and feeling truly alive.”

<sup>76</sup> **Luke 12:22** Osho: “Trust does not mean that everything will be all right. Trust means everything is already all right.”

“Which of you by being anxious can add a cubit to his height?<sup>77</sup> Which of you, by being anxious, can add one moment to his lifespan?<sup>78</sup>

“Offer the sacrifices of righteousness. Put your trust in Yahweh.”<sup>79</sup>

When the king had heard the words of the law, he tore his clothes.<sup>80</sup>

The king answered the man of God, “Now intercede for the favor of Yahweh your God, and pray for me, that my hand may be restored me again.” The man of God interceded with Yahweh, and the king’s hand was restored to him again, and became as it was before.<sup>81</sup>

When the multitude saw what Paul had done, they lifted up their voice, saying in the language of Lycaonia, “The gods have come down to us in the likeness of men!”<sup>82</sup>

Many more believed because of his word.<sup>83</sup> But taking his leave of them, and saying, “I must by all means keep this coming feast in Jerusalem, but I will return again to you if God wills,” he set sail from Ephesus.<sup>84</sup>

For Paul had determined to sail past Ephesus, that he might not have to spend time in Asia; for he was hastening, if it were possible for him, to be in Jerusalem on the day of Pentecost.<sup>85</sup>

<sup>77</sup> **Luke 12:25** Corrie ten Boom: “Worry does not empty tomorrow of its sorrow, it empties today of its strength.”

<sup>78</sup> **Matthew 6:27** The Beatles: “Let it be.”

<sup>79</sup> **Psalms 4:5**

<sup>80</sup> **2 Chronicles 34:19**

<sup>81</sup> **1 Kings 13:6** [“*The man of God is Paul*”]

Paul is able to facilitate the healing of the king by knowing the truth about him. In his own mind, which is also the mind of God, he knows that the king is healthy, whole and complete, and he ignores any evidence that might seem to indicate otherwise.

<sup>82</sup> **Acts 14:11**

<sup>83</sup> **John 4:41** Since the breakup of the Beatles, Paul has become a crusader for environmentalism, animal rights, and vegetarianism. This is perhaps the closest thing to “religion” in his life.

<sup>84</sup> **Acts 18:21** Paul: “If anyone wants to save the planet, all they have to do is just stop eating meat. That’s the single most important thing you could do. Vegetarianism takes care of so many things in one shot: ecology, famine, cruelty.”

<sup>85</sup> **Acts 20:16** There is literally great peace inside *Jerusalem*; the third and fourth syllables of the name of the holy city are derived from *shalom*, which is the Hebrew word for peace.

## Chapter 49

# In The Wilderness

### BIBLE

Even the youths faint and get weary,  
and the young men utterly fall.<sup>1</sup> And  
no wonder, for even Satan  
masquerades as an angel of light.<sup>2</sup>

They traveled from the Red Sea, and  
encamped in the wilderness of Sin.<sup>3</sup>  
They wandered in the wilderness in a  
desert way. They found no city to live  
in,<sup>4</sup> but murmured in their tents, and  
didn't listen to Yahweh's voice.<sup>5</sup>

The prophets shall become wind, and  
the word is not in them. Thus shall it  
be done to them.<sup>6</sup> The new wine  
mourns. The vine languishes. All the  
merry-hearted sigh.<sup>7</sup>

They forgot God, their Savior, who  
had done great things in Egypt.<sup>8</sup> They  
were stoned. They were sawn apart.  
They were tempted. They were slain  
with the sword. They went around in  
sheep skins and in goat skins; being  
destitute, afflicted, ill-treated.<sup>9</sup>

Then they said to one another, "We  
aren't doing right. Today is a day of  
good news, and we keep silent. If we  
wait until the morning light,  
punishment will overtake us. Now  
therefore come, let's go and tell the  
king's household."<sup>10</sup>

### COMMENTARY

<sup>1</sup> **Isaiah 40:30**

<sup>2</sup> **2 Corinthians 11:14**

<sup>3</sup> **Numbers 33:11** [*The Beatles are the ones traveling from the Red Sea*] Early in 1969, the Beatles gathered together at a film studio in London to begin work on what would eventually become the *Let It Be* album. Tensions within the band were at an all-time high. This was, in effect, the group's "wilderness experience." They had lost sight of their mission, and teamwork and joyful self expression gave way to dissension and simply going through the motions. George, who described the troubled sessions as "the winter of discontent," quit the group briefly; John called it "the most miserable session on earth."

<sup>4</sup> **Psalm 107:4** The wilderness experience, when God seems far away, is designed to test us and help us to grow spiritually. Even Jesus spent time in the wilderness; the experience prepared him for what was to come later.

<sup>5</sup> **Psalm 106:25**

<sup>6</sup> **Psalm 106:21**

<sup>7</sup> **Hebrews 11:37**

<sup>8</sup> **Psalm 107:39**

<sup>9</sup> **Isaiah 24:7**

<sup>10</sup> **2 Kings 7:9**

“Come, and let us return to Yahweh; for he has torn us to pieces, and he will heal us; he has injured us, and he will bind up our wounds.”<sup>11</sup>

“Let us search and try our ways, and turn again to Yahweh.”<sup>12</sup> Let us lift up our heart with our hands to God in the heavens.”<sup>13</sup>

They said, “The Lord needs it.”<sup>14</sup>

Then they cried to Yahweh in their trouble, and he saved them out of their distresses.<sup>15</sup>

For the Son of Man came to save that which was lost.<sup>16</sup> He turns a desert into a pool of water, and a dry land into water springs.<sup>17</sup>

Then they all cheered up, and they also took food.<sup>18</sup> They traveled from the wilderness of Sin, and encamped in Dophkah.<sup>19</sup>

Then they returned to Jerusalem from the mountain called Olivet, which is near Jerusalem, a Sabbath day’s journey away.<sup>20</sup>

They came to Jerusalem with stringed instruments and harps and trumpets to the house of Yahweh.<sup>21</sup> One called to another, and said, “Holy, holy, holy, is Yahweh of Armies! The whole earth is full of his glory!”<sup>22</sup>

<sup>11</sup> **Hosea 6:1** The wilderness experience develops within us character, humility, and perseverance. It does not last, but it does take faith and patience to endure. We can do our part to end it by ignoring the voice of the ego and keeping our thoughts aligned with Source.

<sup>12</sup> **Lamentations 3:40**

<sup>13</sup> **Lamentations 3:41**

<sup>14</sup> **Luke 19:34**

<sup>15</sup> **Psalm 107:13**

<sup>16</sup> **Matthew 18:11** The Son of Man is God’s idea for us in expression. We must lift up the Son of Man in order to reach the Promised Land.

<sup>17</sup> **Psalm 107:35**

<sup>18</sup> **Acts 27:36**

<sup>19</sup> **Numbers 33:12**

<sup>20</sup> **Acts 1:12** Jerusalem represents the spiritual center of our consciousness. There is great peace in Jerusalem.

<sup>21</sup> **2 Chronicles 20:28** The *Let it Be* recordings were eventually set aside, not to be released for another year. Several months after this fiasco, Paul contacted longtime producer George Martin and said “Let’s get back and record like we used to- would you produce an album like you used to?” “Well if you allow me to, I will” was Martin’s response, and *Abbey Road* was born.

<sup>22</sup> **Isaiah 6:3**

## Chapter 50

### Abbey Road: The Final Album

#### BIBLE

The shepherds returned, glorifying and praising God for all the things that they had heard and seen, just as it was told them.<sup>1</sup>

God spoke all these words, saying:<sup>2</sup> “Let endurance have its perfect work, that you may be perfect and complete, lacking in nothing.<sup>3</sup> For you shall go out with joy, and be led forth with peace: the mountains and the hills shall break forth before you into singing; and all the trees of the fields shall clap their hands.”<sup>4</sup>

Every day, in the temple and at home, they never stopped teaching and preaching Jesus, the Christ.<sup>5</sup> Day by day, continuing steadfastly with one accord in the temple, and breaking bread at home, they took their food with gladness and singleness of heart.<sup>6</sup>

In front of the temple sanctuary was forty cubits.<sup>7</sup> Outside of the inner gate were rooms for the singers in the inner court, which was at the side of the north gate; and their prospect was toward the south; one at the side of the east gate having the prospect toward the north.<sup>8</sup>

#### COMMENTARY

<sup>1</sup> **Luke 2:20** [*“The shepherds” are the Beatles*]

The Beatles returned to the Abbey Road recording studio one last time to record their grand finale, *Abbey Road*.

<sup>2</sup> **Exodus 20:1**

<sup>3</sup> **James 1:4** *Abbey Road*, the last great Beatle album, was “perfect and complete, lacking in nothing.” John’s “Come Together” was a superb opening track, and fans and critics loved the medley of songs that ended the album. Especially impressive was how much George had matured as a songwriter. His two contributions, “Something” and “Here Comes The Sun,” are considered among the Beatles finest songs.

<sup>4</sup> **Isaiah 55:12** Pierre Teilhard de Chardin: “Joy is the infallible sign of the presence of God.”

<sup>5</sup> **Acts 5:42** [*The “temple” is the Abbey Road recording studio*]

<sup>6</sup> **Acts 2:46** After the acrimony involved in the *Let it Be* sessions, the Beatles came together “with one accord” and with “gladness and singleness of heart” to create the *Abbey Road* album.

<sup>7</sup> **1 Kings 6:17**

<sup>8</sup> **Ezekiel 40:44**

A highway will be there, a road, and it will be called The Holy Way. The unclean shall not pass over it, but it will be for those who walk in the Way. Wicked fools will not go there.<sup>9</sup>

Now when the day of Pentecost had come, they were all with one accord in one place.<sup>10</sup> There are three things which are stately in their march, four which are stately in going.<sup>11</sup> Yes, they do nothing wrong. They walk in his ways.<sup>12</sup>

These shall lift up their voice. They will shout for the majesty of Yahweh. They cry aloud from the sea,<sup>13</sup> saying “Amen! Blessing, glory, wisdom, thanksgiving, honor, power, and might, be to our God forever and ever! Amen.”<sup>14</sup>

As they said these things, Jesus himself stood among them, and said to them, “Peace be to you.”<sup>15</sup>

So there was great joy in Jerusalem; for since the time of Solomon the son of David king of Israel there was not the like in Jerusalem.<sup>16</sup>

The word of God increased and the number of the disciples multiplied in Jerusalem exceedingly. A great company of the priests were obedient to the faith.<sup>17</sup>

<sup>9</sup> **Isaiah 35:8** The cover of *Abbey Road* pictures the Beatles walking across the zebra crossing in front of the Abbey Road studio. The road itself has become a Holy shrine for Beatle fans. A webcam provides continuous live coverage of the crossing, and followers of the group make pilgrimages to the site to imitate the band members walking across the street.

<sup>10</sup> **Acts 2:1** The “day of Pentecost” is a festival of the harvest. Whenever we plant something, such as new ideas in our consciousness, it is a cause for celebration when those things become physical realities. In order for our thoughts and plans to germinate, concentration, determination, and unity of purpose is called for; we need to be “with one accord in one place.”

<sup>11</sup> **Proverbs 30:29** The iconic photo chosen for the cover of *Abbey Road* shows the four Beatles walking away together one last time from the studio where they had recorded so much of their music together.

<sup>12</sup> **Psalms 119:3**

<sup>13</sup> **Isaiah 24:14**

<sup>14</sup> **Revelation 7:12**

<sup>15</sup> **Luke 24:36**

<sup>16</sup> **2 Chronicles 30:26**

<sup>17</sup> **Acts 6:7** The world had waited ten months for a follow up to the *White Album*, and the Beatles did not disappoint. *Abbey Road* sealed their legacy forever.



## Chapter 51

### And In The End

#### BIBLE

When they didn't agree among themselves, they departed after Paul had spoken one word. "The Holy Spirit spoke rightly through Isaiah, the prophet, to our fathers.<sup>1</sup> For the whole law is fulfilled in one word, in this: 'You shall love your neighbor as yourself.'<sup>2</sup>

"But now faith, hope, and love remain--these three. The greatest of these is love.<sup>3</sup> Let brotherly love continue.<sup>4</sup>

#### COMMENTARY

- <sup>1</sup> **Acts 28:25** Recording sessions for *Abbey Road* went well, and the album was a tremendous success, both artistically and commercially. But by this time, the band members had grown weary of being Beatles, and were eager to move in new directions. Disagreements within the group were taking their toll, but not before Paul would write their epitaph, "The End," the last song on *Abbey Road* (other than the 23 second "Her Majesty" which is tacked on as an afterthought 20 seconds after the album ends).
- <sup>2</sup> **Galatians 5:14** In "The End," Paul brings the *Abbey Road* medley of songs, and the Beatles recording career, to a conclusion with this famous couplet: "And in the end the love you take is equal to the love you make." John: "A very cosmic, philosophical line."
- <sup>3</sup> **1 Corinthians 13:13** Spiritual practice encourages us to cultivate positive emotions such as faith, hope, love, joy, gratitude, serenity and awe. Positive emotions, the greatest of which is love, are linked to our happiness. Spiritual people are those who learn how to express these emotions even in the most trying of circumstances.
- <sup>4</sup> **Hebrews 13:1**

“For this is the message which you heard from the beginning, that we should love one another.”<sup>5</sup>

“As it is written ‘There is no one righteous; no not one.’<sup>6</sup> Therefore be merciful, even as your Father is also merciful.<sup>7</sup> You have an anointing from the Holy One, and you all have knowledge.”<sup>8</sup>

“Sow to yourselves in righteousness, reap according to kindness. Break up your fallow ground; for it is time to seek Yahweh, until he comes and rains righteousness on you.”<sup>9</sup>

“Remember this: he who sows sparingly will also reap sparingly. He who sows bountifully will also reap bountifully.<sup>10</sup> Don't they go astray who plot evil? But love and faithfulness belong to those who plan good.”<sup>11</sup>

<sup>5</sup> **1 John 3:11** From the beginning, love was the message we heard from the Beatles. Paul, on “Love Me Do,” their first single: “‘Love Me Do’ was our greatest philosophical song.”

<sup>6</sup> **Romans 3:10**

<sup>7</sup> **Luke 6:36** We all make mistakes. Everyone deserves our compassion.

<sup>8</sup> **1 John 2:20**

<sup>9</sup> **Hosea 10:12** In “The End,” “the love you take” equals “the love you make.” If we are “in righteousness” we are in alignment, and by spiritual law the love that we give out will come back to us. It is not possible to show love to another person without feeling that same love ourselves first, in the same way that when we use a hose to clean something off, the first thing that gets clean is the inside of the hose. Washington Irving: “Love is never lost. If not reciprocated, it will flow back and soften and purify the heart.”

<sup>10</sup> **2 Corinthians 9:6** Spiritual law dictates that we control what comes back to us from the Universe, although we may not know (or may not be aware of) when and how we will receive our return. “The world is at your command,” John reminds us in “Nowhere Man.”

<sup>11</sup> **Proverbs 14:22** St. Francis of Assisi: “For it is in giving that we receive.”

“Therefore whatever you desire for men to do to you, you shall also do to them; for this is the law and the prophets.”<sup>12</sup>

“Finally, be all like-minded, compassionate, loving as brothers, tenderhearted, courteous,<sup>13</sup> not rendering evil for evil, or insult for insult; but instead blessing; knowing that to this were you called, that you may inherit a blessing.”<sup>14</sup>

<sup>12</sup> **Matthew 7:12** Paul’s famous axiom is basically a restatement of this verse, the “golden rule” that is found in nearly all world religions and spiritual practices. We should treat people the way we want to be treated, and, as a corollary, others will treat us the way we treat them. The mystery of the Universe is that this principle does not necessarily manifest itself in the same social transaction. We can be confident however that *in the end* the love we make will come back to us.

<sup>13</sup> **1 Peter 3:8** Edgar Cayce: “Love is the dynamic force which brings into manifestation all things. It is the healing force, the cleansing force, and the force that blesses all things we touch. With our hearts filled with love we will see only goodness and purity in everybody and everything.”

<sup>14</sup> **1 Peter 3:9** By spiritual law, when we bless other people, we inherit a blessing. This is illustrated by the *allegory of the long spoons*. In this parable, “Hell” consists of people who are emaciated because they have been given only long spoons to eat with, making it difficult to get food into their mouths. But in “Heaven,” everyone is happy and nourished, even though they have also been given only long spoons to eat with. The difference is that here people are feeding each other with the long spoons.

The twenty-four elders and the four living creatures fell down and worshiped God who sits on the throne, saying, “Amen! Hallelujah!”<sup>15</sup>

“Yahweh reigns! He is clothed with majesty! Yahweh is armed with strength. The world also is established. It can’t be moved.”<sup>16</sup>

“Yahweh will reign forever; your God, O Zion, to all generations. Praise Yah!”<sup>17</sup>

<sup>15</sup> **Revelation 19:4** [*The “four living creatures” are the Beatles*]

After the Beatles remind us that “in the end the love you take is equal to the love you make,” they join together as an angelic choir to sing in unison “aah,” the sacred sound of effortless perfection that is contained within the words *amen* (aah-men) and *hallelujah* (halleluj-aah). This heavenly sound is featured in several songs on *Abbey Road*, including “Because,” “Sun King,” and “You Never Give Me Your Money,” contributing to the lush, dreamlike quality of this classic album.

To make the “aah” sound, you simply have to breathe. It is not necessary to move your lips, teeth, tongue or jaw. “Aah” is also found within the name of the Divine from many of the different world religions. *Yahweh, Allah, Jehovah, Shivah, Buddha, Brahma, Akbar and God* all contain “aah.” For centuries people have chanted and meditated to sacred sounds such as “aah” and “ohm” to connect to their higher self.

<sup>16</sup> **Psalm 93:1** Edgar Cayce: “Love is God. The whole law is fulfilled in these three words.”

<sup>17</sup> **Psalm 146:10** Pete Townshend: “Love, reign o’er me.”

## Chapter 52

# For Everything There Is A Season

### BIBLE

For everything there is a season, and a time for every purpose under heaven.<sup>1</sup> So the last will be first, and the first last. For many are called, but few are chosen.<sup>2</sup>

They are amazed. They answer no more. They don't have a word to say.<sup>3</sup> The mirth of tambourines ceases. The sound of those who rejoice ends. The joy of the harp ceases.<sup>4</sup>

They will not drink wine with a song. Strong drink will be bitter to those who drink it.<sup>5</sup> For John came neither eating nor drinking, and they say, "He has a demon."<sup>6</sup>

### COMMENTARY

<sup>1</sup> **Ecclesiastes 3:1** The *Abbey Road* recording sessions would be the last time the four Beatles would work together as a unit. There were many factors that led to their breakup, and entire books have literally been written on the subject, but basically things had simply run their course.

<sup>2</sup> **Matthew 20:16** *Abbey Road* was the last album the Beatles recorded, but not the last album they released. *Let It Be* was recorded first, but released after *Abbey Road*. So the last was first, and the first was last.

<sup>3</sup> **Job 32:15** [**"They" are the Beatles**] Paul is amazed in "Maybe I'm Amazed," written by him in 1969 just before the Beatles broke up. The song, which appears on his first album *McCartney*, is a tribute to his wife Linda, and to the unconditional love and support that she was able to give him while he was going through a difficult time. Paul may have been inspired by the classic hymn "Amazing Grace," a tribute to the unconditional love and support that God gives to us.

<sup>4</sup> **Isaiah 24:8**

<sup>5</sup> **Isaiah 24:9**

<sup>6</sup> **Matthew 11:18** John's demon was heroin, which he and Yoko were using during this time.

Another said, “I have married a wife, and therefore I can’t come.”<sup>7</sup> Thus Paul went out from among them.<sup>8</sup>

He said, “Oh, Lord, please send someone else.”<sup>9</sup> I have fought the good fight. I have finished the course. I have kept the faith.<sup>10</sup> I am not able to bear all this people alone, because it is too heavy for me.<sup>11</sup>

“Our pursuers are on our necks: We are weary, and have no rest.”<sup>12</sup> An end has come, *the end* has come; it awakes against you; behold, it comes.”<sup>13</sup>

It happened, when the angel of Yahweh spoke these words to all the children of Israel, that the people lifted up their voice, and wept.<sup>14</sup>

The vine has dried up, and the fig tree withered; the pomegranate tree, the palm tree also, and the *apple* tree, even all of the trees of the field are withered; for joy has withered away from the sons of men.<sup>15</sup>

So they gathered themselves together at Jerusalem in the third month, in the fifteenth year of the reign of Asa.<sup>16</sup> They took all the goods of Sodom and Gomorrah, and all their food, and went their way.<sup>17</sup> When they went, they went in their four directions: they didn’t turn when they went.<sup>18</sup> Everyone went to his own house.<sup>19</sup>

<sup>7</sup> **Luke 14:20**

<sup>8</sup> **Acts 17:33** The recently married Paul was the first to announce that he was leaving the group, citing “personal differences, business differences, musical differences, but most of all because I have a better time with my family.”

<sup>9</sup> **Exodus 6:13** Several of Paul’s songs off *Abbey Road* allude to a sense of loss and to the problems the Beatles were having. In “You Never Give Me Your Money” he shares: “I break down...nowhere to go...wipe that tear away... soon we’ll be away from here.”

<sup>10</sup> **2 Timothy 4:7** Paul, who was struggling to keep the band together at the time, laments for better days in “Golden Slumbers”: “Once there was a way to get back home.”

<sup>11</sup> **Numbers 11:14** In “Carry That Weight” Paul describes the burden of trying to carry the weight for the band as others were losing interest: “In the middle of the celebrations I break down.”

<sup>12</sup> **Lamentations 5:5**

<sup>13</sup> **Ezekiel 7:6** “The End” does indeed come on *Abbey Road*. It’s the last “official” song on the album.

<sup>14</sup> **Judges 2:4** [*“The angel” is Paul*]

<sup>15</sup> **Joel 1:12** *Apple* is the name of the Beatles business organization.

<sup>16</sup> **2 Chronicles 15:10**

<sup>17</sup> **Genesis 14:11**

<sup>18</sup> **Ezekiel 1:17**

<sup>19</sup> **John 7:53**



## Epilogue

### The Rock Of Our Salvation

#### BIBLE

I have considered the days of old, the years of ancient times.<sup>1</sup>

Don't say, "Why were the former days better than these?" For you do not ask wisely about this.<sup>2</sup>

One generation goes, and another generation comes; but the earth remains forever.<sup>3</sup> While the earth remains, seed time and harvest, and cold and heat, and summer and winter, and day and night shall not cease.<sup>4</sup>

As for that which was broken, in the place where four stood up, four kingdoms shall stand up out of the nation, but not with his power.<sup>5</sup> For each man will bear his own burden.<sup>6</sup>

Tongues like fire appeared and were distributed to them, and one sat on each of them.<sup>7</sup> Therefore those who were scattered abroad went around preaching the word.<sup>8</sup>

#### COMMENTARY

<sup>1</sup> **Psalm 77:5** [*The "days of old" refer to the time when the Beatles were still active as a band*]

Aaron Copland: "If you want to know about the Sixties, play the music of the Beatles."

<sup>2</sup> **Ecclesiastes 7:10** Philip Larkin: "When you get to the top, there is nowhere to go but down. But the Beatles could not get down. There they remain, unreachable, frozen, fabulous."

<sup>3</sup> **Ecclesiastes 1:4** The Beatles were named the top entertainers of the last 100 years by *Variety* in 2005. Derek Taylor: "This was the 20<sup>th</sup> century's greatest romance."

<sup>4</sup> **Genesis 8:22** Greg Kot: "The Beatles had it all, the bastards. They made leading a revolution look easy. Yes, they had huge sales and worldwide celebrity, but not at the expense of artistic excellence."

<sup>5</sup> **Daniel 8:22** After the group broke up each Beatle launched a solo career. Although much of the music they created was excellent, on their own they did not have the kind of powerful impact that they had as a group.

<sup>6</sup> **Galatians 6:5**

<sup>7</sup> **Acts 2:3**

<sup>8</sup> **Acts 8:4**

Each one went straight forward:  
where the spirit was to go, they went;  
they didn't turn when they went.<sup>9</sup>

It shall happen, when many evils and  
troubles are come on them, that this  
song shall testify before them as a  
witness; for it shall not be forgotten  
out of the mouths of their seed: for I  
know their imagination which they  
frame this day, before I have brought  
them into the land which I swore.<sup>10</sup>

They are planted in Yahweh's house.  
They will flourish in our God's  
courts.<sup>11</sup> Through wisdom a house is  
built; by understanding it is  
established.<sup>12</sup>

The rain came down, the floods came,  
and the winds blew, and beat on that  
house; and it didn't fall, for it was  
founded on the rock.<sup>13</sup>

Oh come, let's sing to Yahweh. Let's  
shout aloud to the rock of our  
salvation!<sup>14</sup>

<sup>9</sup> **Ezekiel 1:12** Their major work was done, but the individual Beatles continued to preach the gospel with songs like John's "Imagine" and George's "My Sweet Lord." In the latter, George describes his desire to have a direct relationship with God. "Really want to see you, Lord," he pleads, "I really want to know you, really want to go with you."

"My Sweet Lord," "Imagine," and Paul's "Maybe I'm Amazed" are the only songs by the individual Beatles to be included in *Rolling Stone's* "500 Greatest Songs Of All Time," published in 2004. There are 23 songs on the list that were recorded by the Beatles as a group.

<sup>10</sup> **Deuteronomy 31:21** Many "evils and troubles" did come upon the group after their breakup, including John's murder, and the deaths from cancer of George and Beatle wives Linda McCartney, Maureen Starkey, and Cynthia Lennon. But the Beatles will not be forgotten, and their songs will forever testify before them as a witness.

<sup>11</sup> **Psalms 92:13**

<sup>12</sup> **Proverbs 24:3**

<sup>13</sup> **Matthew 7:25**

<sup>14</sup> **Psalms 95:1**

THE END

## GLOSSARY

**Baptize** To cleanse spiritually, to set free from limiting beliefs

**Beast** Our unevolved self, our beastly nature

**Christ** Our Higher self, our Divine nature

**Demons** Error thoughts

**Devil** Habitual pattern of wrong thinking

**Disciple** Follower of a person or a group

**Evil** Wrong thinking

**Fear (of God)** Awe, wonder

**Flesh** Our carnal nature, the false self, the ego

**God's Kingdom** Enlightened state of consciousness

**Heaven** Enlightened state of consciousness

**High Place(s)** Altered state of consciousness reached by using marijuana or other mind expanding drugs (special definition unique to The Beatle Bible)

**Meditation** Mental concentration

**Prayer** Alignment with God

**Repentance** Change of mind

**Sin** Separation from God

**Sins** Error thoughts

**Salvation** Freedom from the human condition

**Satan** Devilish thoughts, the belief that we are sufficient apart from God



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