

Post Traumatic Stress Disorder**14 hours**

Objectives: This course provides you with a background in the causes, diagnosis and treatment implications when treating with clients with PTSD.

Text: Counseling for Post-Traumatic Stress Disorder 3rd ed. by Michael J. Scott & Stephen G. Stradling ISBN: 1412921007

Cognitive Treatment of Trauma**12 hours**

Objectives: The implementation and application of cognitive strategies as they apply with clients who have experienced trauma are examined to better prepare you to assess and utilize cognitive techniques in treating them.

Text: Cognitive-Behavioral Therapies for Trauma by Victoria M. Follette, Josef I. Ruzek & Francis R. Abueg ISBN: 1593855885

Crisis Counseling I**14 hours**

Objective: This course provides student with information about the current issues as they relate to crisis intervention. Numerous case examples are provided to illustrate the practical application of both assessing and treating the client in crisis. This test covers Parts I, II & III of the text.

Text: Crisis Intervention Handbook: Assessment, Treatment & Research 3rd ed. by Albert R. Roberts. ISBN: 9780195179910.

Crisis Counseling II**14 hours**

Objective: This course provides student with information about the current issues as they relate to crisis intervention. Numerous case examples are provided to illustrate the practical application of both assessing and treating the client in crisis. This test covers Parts IV, V & VI of the text.

Text: Crisis Intervention Handbook: Assessment, Treatment & Research 3rd ed. by Albert R. Roberts. ISBN: 9780195179910.

Crisis Theory & Practice**14 hours**

Objectives: To understand the nature of crisis as it applies to individual's lives and its implications in providing counseling services and identify the ethical implications associated with crisis in the treatment of clients in crisis. To gain an historical perspective of the theory and treatment of client crisis and understand the cultural aspects and considerations associated with dealing with persons in crisis.

Text: A Guide to Crisis Intervention, 3rd ed. by Kristi Kanel. Thomas Brooks/Cool, Belmont, CA. 2007. ISBN: 0495007765.