

42nd Plaistow Old Home Days 5K  
Plaistow, NH June 17, 2023 9AM

Timing & Finish Line Management by 5K Sports Race Management  
Fiveksport@aol.com 207-865-4501 Fiveksport.com Running4Free.com

Place	Name	Ag	S	City	St	No.	Time	Pace
1	Ben Judson	26	M	Plaistow	NH	135	16:56	5:28
2	Nicholas Gregory	37	M	Derry	NH	187	17:13	5:33
3	Matt Fairhurst	18	M	Plaistow	NH	122	17:20	5:35
4	CAMERON INGRAM	18	M	PLAISTOW	NH	195	17:27	5:37
5	HENRY OSMER	16	M	SANBORNTON	NH	200	18:34	5:59
6	Austin Cipriano	14	M	Hampstead	NH	176	18:58	6:07
7	Matthew DiMauro	24	M			173	19:19	6:14
8	NATE WEBBER	31	M	ATKINSON	NH	209	19:32	6:18
9	ZACHARY FARNELL	16	M	PLAISTOW	NH	210	19:49	6:23
10	John Fairhurst	65	M	Plaistow	NH	48	20:00	6:27
11	Michael DiMauro	55	M	Lawrence	MA	137	20:02	6:27
12	JUSTIN TARDIF	16	M	NORTHFIELD	NH	201	20:23	6:34
13	Nicole St Cyr	38	F	Kingston	NH	168	20:29	6:36
14	Jason Cipriano	43	M	Hampstead	NH	167	21:11	6:50
15	Ronald Gallant	37	M	METHUEN	MA	182	21:37	6:58
16	Maison Herbert	15	M	DANVILLE	NH	129	21:43	7:00
17	Dean Zanello	43	M	Danville	NH	162	22:12	7:09
18	GLENN SIMM	63	M	BOLTON	MA	202	22:24	7:13
19	Olivia Mullins	23	F			172	22:29	7:15
20	BOB STROUT	67	M	SALISBURY	MA	196	24:21	7:51
21	Matt Chisholm	21	M	Chester	NH	125	24:33	7:55
22	Robert Girotti	60	M	Danville	NH	185	24:39	7:57
23	stavros kanaracus	78	M	Lowell	MA	155	24:53	8:01
24	Emily Holland	23	F	Londonderry	NH	181	25:02	8:04
25	TONY GENTILE	26	M	PLAISTOW	NH	216	25:11	8:07
26	David Martin	63	M	Sharon	MA	186	25:33	8:14
27	JACK HAZELTON	11	M	SANDOWN	NH	207	25:40	8:16
28	VINCE RIGATTIERI	12	M	PLAISTOW	NH	208	25:41	8:16
29	Jaime McHugh	46	F	Plaistow	NH	133	25:54	8:21
30	JULIA FRONE	17	F	PLAISTOW	NH	214	26:02	8:23
31	Alexis Clemons	28	F	Revere	MA	126	26:12	8:26
32	David Kowalczyk	44	M	Plaistow	NH	163	26:29	8:32
33	Bob Kennedy	75	M	Durham	NH	190	26:32	8:33
34	LUCY SYKORA	13	F	KINGSTON	NH	170	26:47	8:38
35	Gabby St Cyr	13	F	Kingston	NH	177	26:48	8:38
36	Gail Vaughn	56	F	Plaistow	NH	183	26:59	8:42
37	TARYN FOX	19	F	PLAISTOW	NH	203	27:00	8:42
38	COLLEEN MULLINS	54	F	Plaistow	NH	85	27:02	8:43
39	Marc Belair	55	M	Plaistow	NH	82	27:10	8:45
40	Hannah Ahern	12	F	Plaistow	NH	161	27:28	8:51
41	Lynn Holland	54	F	Londonderry	NH	188	27:34	8:53
42	Grace Holland	20	F	Londonderry	NH	194	27:45	8:56
43	Arben Zoto	24	M			193	28:06	9:03
44	Leslie Behan	66	F	Newton	NH	180	28:08	9:04
45	Kathleen Walsh	57	F	Lynnfield	MA	141	28:24	9:09

46	David Jamgochian	63	M	Haverhill	MA	157	28:26	9:10
47	Fred Fraser	55	M	Unit 10	NH	169	28:30	9:11
48	Kelly Collins	55	F	Grand Prairie	TX	151	29:16	9:26
49	Allison Thornell	26	F	Groveland	MA	164	29:26	9:29
50	Trisha Mainella	64	F	Plaistow	NH	138	29:37	9:32

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Place	Name	Ag	S	City	St	No.	Time	Pace
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51	Elaine Novaris	61	F	Plaistow	NH	132	29:38	9:33
52	Erica Marsh	35	F	Danville	NH	139	29:43	9:34
53	Harper St Cyr	10	F	Kingston	NH	178	29:50	9:37
54	KATHLEEN RIOUX	67	F	MANCHESTER	NH	215	30:02	9:40
55	CHRIS BOURQUE	54	M	PLAISTOW	NH	211	30:14	9:44
56	PAUL SORENSON	67	M	MANCHESTER	NH	197	30:38	9:52
57	Tia Parziale	41	F	Plaistow	NH	189	30:57	9:58
58	VAL RIGETTIERI	10	F	PLAISTOW	NH	206	31:21	10:06
59	Patrick Rusk	57	M	Arlington	MA	171	31:38	10:11
60	NAOMI ANDREWS	41	F	EPPING	NH	204	31:48	10:15
61	Jamie Martineau	30	F	Hudson	NH	128	32:06	10:20
62	Livy Brown	11	F	Plaistow	NH	147	32:16	10:24
63	Elizabeth Sarcione	13	F	atkinson	NH	166	32:18	10:24
64	Steele Ward	9	M			174	32:28	10:27
65	Katie Ward	43	F	Madison	WI	142	32:35	10:30
66	Erin Farrell	21	F	Plaistow	NH	136	32:38	10:31
67	Michael Stack	73	M	Plaistow	NH	124	32:42	10:32
68	Brady Stack	17	M	Plaistow	NH	145	32:44	10:33
69	Bella Hughes	17	F	PLAISTOW	NH	134	32:50	10:35
70	Stephen Halsey	71	M	Stratham	NH	184	33:00	10:38
71	Joanne Getchell	68	F	Plaistow	NH	131	34:32	11:07
72	LIBBY WAGNITZ	15	F	ATKINSON	NH	199	35:12	11:20
73	Beth Moore	44	F	Plaistow	NH	156	35:47	11:32
74	Luis Ortiz	57	M	Hyde Park	MA	4	35:53	11:33
75	NICK RIGATTIERI	44	M	PLAISTOW	NH	205	37:27	12:04
76	Anne Broussard	70	F	Durham	NH	191	37:36	12:07
77	Mystie Ziminsky	39	F	Nashua	NH	179	37:59	12:14
78	Ashley Boereau	33	F	Lowell	MA	127	38:01	12:15
79	Douglas Naylor	45	M	Salem	NH	146	38:09	12:17
80	Taylor Seidel	30	F	WINDHAM	NH	165	38:30	12:24
81	Michelle Reid	29	F	Hampstead	NH	121	38:32	12:25
82	Tom Wylie	79	M	Bradford	MA	148	40:04	12:54

83 James Vitale	70 M	Plaistow	NH 153	40:07	12:55
84 Mint Notini	69 F	Plaistow	NH 152	40:11	12:57
85 John Eriksson	72 M	Nashua	NH 130	41:50	13:28
86 John Abruzzi	71 M	Hampstead	NH 123	43:27	14:00
87 ELIZABETH WILCOXSON	77 F	NEWBURYPORT	MA 198	46:10	14:52
88 ALYSA SHANAHAN	13 F	PLAISTOW	NH 212	47:31	15:18
89 ABIGAIL MCGONAGLE	12 F	PLAISTOW	NH 213	47:33	15:19
90 Sheila Palczynski	59 F	Dover	NH 143	52:37	16:57
91 Macenzie Phelan	31 F		175	52:39	16:57
92 Cameron Palczynski	31 M	Plaistow	NH 144	52:42	16:58
93 Trinity Russell	10 F	Plaistow	NH 150	53:26	17:12
94 Gabby Russell	43 F	Plaistow	NH 149	53:38	17:16
95 Betty Vitale	68 F	Plaistow	NH 154	57:09	18:24
96 Jill Jamgochian	77 F	Haverhill	MA 158	57:28	18:30

