



Montgomery Moms

President's Note

This month we have lots to look forward to! I'm especially excited about the discussion on picky eaters and how to make meals that my kids will actually eat!

If you would like to get a bit more involved in Montgomery Moms next year, perhaps start thinking of taking on a Board position. We have quite a few opening up for next year. If you think you might be interested, please let me know and we can discuss further. It is the Board members who make this club what it is and this year's Board has been wonderful. I am so grateful for everything they have done!

Here are the open positions for next year-let me know if you are interested!

Advertising Coordinator- Works with local businesses to procure funds for the group

Children's Activity Coordinators- This is generally split between two individuals and they plan the children's activities for the year (usually one a month)

Mom's Night Out Coordinators- This is generally split between two individuals and they plan the mom's night out events (usually one a month, we already have one volunteer, looking for one more)

Website Coordinator- Maintains the Montgomery Mom website and updates it monthly with upcoming activities. This requires very little technical skill as the website is hosted by

GoDaddy and very easy to use.

Recruitment- Works to promote Montgomery Moms throughout the community via flyers and website postings

Treasurer- Maintains the Montgomery Moms bank account and budget while being responsible for depositing all dues and advertising money as well as reimbursing members for club related expenses.

Secretary- Takes minutes at the three Board meetings held throughout the year.

Have a great one and see you all soon!
Maria - Montgomery Moms President



Member Outreach

Congratulations to Sarah Vermilyea and family on the birth of baby Remy and to April Courtice and family on the birth of baby Audrey Michelle!

Thank you to Ashley Gratsch, Katherine Hamilton, and Maria Wysong for helping out with meals this past month!

If you are expecting or have a situation in which meals would be helpful, please contact Anne Cooper at annereid@gmail.com. Also, if you would like to volunteer to provide a meal for another mom, please contact Anne Cooper, annereid@gmail.com.

Children's Activities

Wed, March 6 from 9 - 9:45 AM
The Art Spark
9430 Main St, Cincinnati, OH
45242

Join us for a private class at Art Spark on March 6! Space is limited, so RSVP to Lisa at Lmrhein@yahoo.com to reserve a spot for your child. Cost TBD (but no more than \$10).



Monday, March 25 at 10 AM
Broadway Bound
10580 Loveland Madeira Road
Loveland, OH 45140

Calling all boys and girls who love to dance and shake! Join us at Broadway Bound for a free dance class ideal for ages 2-5. Evite to come!



Playgroups

Anyone who would like to join an existing playgroup is welcome to do so. Contact Teresa Morris (morris.teresa.a@gmail.com) for more information.

Book Club

Meeting place TBD.
Tues 3/26 - Tell Me Lies (Carola Lovering)
Wed 4/24 - Crazy Rich Asians (Kevin Kwan)
Thurs 5/30 - A Stitch of Time (Lauren Marks)
If you are interested in joining, please email Jenni Giesler at jenniliesner@hotmail.com

General Meetings

Montgomery Moms meets on the second Tuesday of the month at 7:30 pm.

Upcoming Bar Meetings:

April - TBD, meeting may be at Five Seasons on Tuesday, April 9 at 7:30 PM or may be skipped due to other MMoms activities.
May 14th - Z Place For Wine and Cheese.

Next Lodge Meeting:

Tuesday, March 12 at 7:30 PM
Five Seasons Family Sports Club
11790 Snider Rd, Cincinnati, OH
45249

Mark your calendars! Our next Lodge Meeting is on Tuesday, March 12th! We will be having a local chef, small business owner, and fellow Montgomery Mom lead the meeting! Kate Caccamo, of Salt Your Greens, will be giving pointers and doing demonstrations with us on healthy snacks and meals even our kids will eat! Taste testing of the demos included! Drinks and dessert also provided. Hope to see you there!



Save the Date!

Save the date for the spring couple's party on April 13! Details to come.

Mom's Night Out

Thursday, March 14 from 6 - 8 PM
Ambiance II Spa Harper's Point
11322 Montgomery Rd, Cincinnati, OH 45249

Mom's night out at Ambiance II Spa. Slots available from 6-8 PM. Mani and Pedi packages will be available plus additional service. Mamas choice. Cocktails available.



Friday, April 12 from 10 - 11 AM
The Club at Harper's Point
8675 E Kemper Rd, Cincinnati, OH
45249

Mom's Night Out is being turned in its head and is going daytime! April's Mom's DAY Out is a super opportunity for those mamas who can't get out of the house at night but still want to hang out! What about the kiddos? We've got that covered for you!

Join us Friday April 12th from 10 - 11 am at The Club at Harper's Point for an adult beginners tennis clinic. The club has daycare and will provide it to us for \$5. The rest of the event is being sponsored by Harper's and will include a light lunch and soft drinks. Rackets will be on hand to demo; come in athletic clothes and tennis shoes. This clinic is being taught by the tennis pros at Harper's.

When you receive the evite, please indicate how many children and their ages for the daycare team so that they can be ready to keep your kiddos entertained while you have an hour or so of much needed fun! Check it out: <https://www.clubatharperspoint.com>

We all enjoyed a yummy afternoon at Duck Donuts!



Support Local Businesses!

Montgomery Moms appreciates all of our advertisers. If you do reach out to one of our sponsors, **please** let them know Montgomery Moms sent you!

And remember: if you or your spouse have a business you'd like to share, our members may take 50% off regular advertising rates. Contact Ashley Gratsch at ashleyeilers@yahoo.com for more information.



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Montgomery Nursery School will begin enrollment for the 2019-2020 school year in January!

We will hold an Open House on **Thursday, January 17 from 6-8 pm**

Our school is a school of long-standing tradition that has been a part of Church of the Saviour and the Montgomery community for over 58 years. With programming for children ages 2.5-5 years old, we strive to educate the whole child by targeting academic skills, social-emotional learning, and in sharing an understanding of God's love for us. Our programming provides children with a play-based curriculum rooted in the Ohio Early Learning Standards with an emphasis on kindergarten readiness. We offer enrichment opportunities for children such as fitness, science, art, music, and yoga!

For more detailed programming information, please visit our website at montgomerynurseryschool.net, like us on Facebook, or call our office at 513-984-1796 to schedule a tour!



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Body Alive currently offers 2 conveniently located studios in Kenwood and Oakley. We will be opening our third location in Mason on **DECEMBER 1st!** All 3 locations offer hot power yoga, hot body sculpt, hot pilates, barre, and cardio classes. For more details on our class types and studio schedules please visit our website www.bodyalivefitness.com!

For the month of **December**, we are offering a special Mason Founding Membership of \$60 per month guaranteed FOR LIFE. This includes unlimited classes at all studio locations! Compare this to our standard unlimited membership of \$80 per month and you save \$240 a year in membership costs! Our Mason studio will be 11,500 sq. ft and will include 13 total showers, daycare, unlimited parking and some of our largest classrooms yet! Ready to join? Email info@bodyalivefitness.com to make your \$60 deposit. This deposit will be applied to your first month of membership dues. If you are interested in checking out our other locations before Mason opens, Mason Founding Members are eligible to receive an unlimited monthly membership at our Kenwood and Oakley studios for \$30/month. We are selling a limited number of these founding memberships, so act fast! There is no contract associated with Body Alive memberships and an Orange membership can be cancelled at any time.

Must be cancelled via email within 72 hours of your next bill date. All memberships include unlimited classes but exclude cycle. Provides access to all studio locations: Mason, Kenwood, and Oakley. Offer not valid for current Orange Members. You can pause your membership for pregnancy/injury and still receive the same \$60 a month rate when you return. If you need to cancel for any other reason, you can transfer your membership to a friend or family member to use while you are gone so that you don't lose that \$60 a month rate.



Professional Organizer: Hayley Lauterbur
Phone Number: (513) 702-1849
E-mail: hlauterbur@cinci.rr.com
Website: <https://cincinnatiorganized.com>

Cincinnati Organized is a professional organization business that helps families and small businesses get organized. We specialize in physical spaces and processes. So if you have an organizing project that you have been putting off, give us a call for a free 45 minute consultation. We will evaluate your organizing needs with you and put together a comprehensive estimate, and personalized plan.

An organized life has more time for living!

Montgomery Moms

Special Offer for Members of Montgomery Moms!

MMOMS members receive 2 months **FREE**
+ discounted membership at The Club at Harper's Point!

FREE 2 Week Membership
plus 1 Day Swim Club Pass!

Details:

- 2 week membership for tennis & fitness!
 - Contact a membership rep at The Club to enroll!
- Make sure to mention your Cintas Voucher*



Instant Tennis at The Club at Harper's Point!
Tennis Program for Adult Beginners!

Details:

- Only \$69 and bring a friend FREE!
 - Learn to play tennis in just 6 hours!
 - Offering evening, weekend & daytime classes!
- Visit our website for complete schedule!



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