



Junior Coach Application

Name _____

Address _____

Phone Number _____ E-mail _____

Age _____

How many years have you been associated with Los Banos Tiger Sharks?

Do you have any previous coaching experience?

Are CPR certified?

Why do you want to be Jr. Coach?

What do you think you can contribute that will benefit the team?

All Junior Coaches need to be swimmers, demonstrating discipline and setting a good example to the all swimmers.

They have to attend their assigned schedules for training as well as their own set practice schedules as swimmers without any excuses.

A manual with the steps to follow on how to keep control of their practices will be provided to all Junior Coaches.

Junior Coaches will be under the supervision of the Head Coach and a member of the board.

Any absence or authorization to be absent needs to be informed to the assigned member of the board who will notify to the head coach.

As a Junior Coach you need to show respect to all the members of the team. Also all Junior Coaches need to be respectful to all the kids they have under their charge without making any difference among the kids.

One of the main rules will be to give a warm welcome to all the swimmers, get to know them, and memorize their names.

All practices have to start on time, beginning with warming exercises outside of the swimming pool.

Depending on the practice of the day the Junior Coach needs to explain the plan to follow to the kids before they go into the swimming pool this way it will be easier for the kids.

We will have a Head Junior Coach assigned who will be in charge of recording all the advances that the new swimmers make this way we will know which swimmer is ready to compete or if he/she needs to be changed to a more advance line.

Probably the practices of the new swimmers will be divided between the two first schedules and it will be divided according to ages. The third practice will remain available for the training of the Junior Coaches.