



# March 2018

1423 South Hastings Way  
Eau Claire, WI  
Purefitness4you.com  
**EAU CLAIRE LOCATION**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 PiYo Express 12:30pm Pound 5:30pm NO WERQ	2 Circuits 5:45am <b>Sculpt 12:30pm</b>  Piloxing 5:30pm	3 PiYo -8am PiYo Beginners 9am
4 PiYo Flow 8am POUND 10AM  Pound 3:30pm	5 PiYo 9am Beginners PiYo 5:25pm PiYo 6:15pm	6 Iron Flow 5:45am PiYo Express 12:30pm PiYo 4:30pm <b>Iron Flow 5:25pm</b>	7 PiYo 9am <b>BarreLess</b> 5:30pm PiYo 6:15pm	8 PiYo Express – 12:30pm POUND – 5:30PM WERQ - 6:30pm	9 Sculpt 5:45am <b>Iron Flow 12:30pm</b>  Piloxing 5:30pm	10 PiYo- 8am PiYo Beginners 9am
11 PiYo Flow 8am POUND 10am  <b>Beginner Pound 3:30pm</b>	12 PiYo – 9am PiYo 6:15pm	13 Bands 5:45am PiYo Express – 12:30 PiYo 4:30pm <b>Band Bustle 5:25pm</b>	14 PiYo 9am <b>Booty Barre</b> 5:30pm PiYo 6:15pm	15 PiYo Express- 12:30pm POUND – 5:30pm WERQ – 6:30pm	16 NO 5:45am	17 PiYo – 8am <b>Iron Flow Beginners 9am</b>
18 PiYo Flow 8am <b>SPRING BOUND POUND 10am</b>  <b>Pound 3:30pm</b>	19 <u>NO 9am</u> PiYo 6:15pm	20 5:45am FIT Camp PiYo Express – 12:30 PiYo 4:30pm <b>FIT Camp– 5:25pm</b>	21 PiYo – 9am <b>BarreBand</b> 5:30pm PiYo 6:15pm	22 PiYo Express 12:30pm Pound 5:30pm WERQ 6:30pm	23 Kettles 5:45am	24 PiYo 8am <b>Band Bustle Beginners 9am</b>
25 PiYo Flow 8am Pound 10am  Pound 3:30pm	26 PiYo 9am PiYo 6:15pm	27 Sculpt 5:45am PiYo Express 12:30pm PiYo 4:30pm <b>Sculpt 5:25pm</b>	28 PiYo – 9am <b>Iron Barre</b> 5:30pm PiYo 6:15pm	29 PiYo Express 12:30pm POUND 5:30PM WERQ 6:30PM	30 Iron Flow 5:45am	31 PiYo 8am <b>Sculpt Beginners 9am</b>

