

TherapyWorks L.L.C.



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Patricia Lynch, RD, CDN

Thank you for your interest in a Nutrition Evaluation. Nutrition plays a role in neurological function, sensory function, mood, concentration and attention. I am looking forward to learning about your child's food preferences as it relates to nutrition health, the eating and feeding process, and his/her relationship with food.

Enclosed are a nutrition questionnaire and a three day meal record, as well as other office forms. Please be detailed in answering the questions to enhance the thoroughness of the evaluation. Upon completion, please mail it back, or bring it into the office. Once I receive the information, I will call to schedule an appointment.

What works best, is an initial meeting of a two hour consultation, with a second visit. Cost is 120.00/hour.

Included in the Nutrition Assessment:

- Assess growth (weight and height)
- Obtain a biochemical, dietary, environmental and feeding history
- Analyze your child's diet
- Recommend dietary modifications
- Review lab tests if available
- Recommend additional lab tests
- Review vitamins, minerals, nutritional supplements, and herbs being used
- Discuss feeding interventions and mealtime strategies
- Develop an individualized nutrition care plan
- Provide nutrition education materials as needed

If you have any questions, please feel free to call. I look forward to meeting you.

Trish Lynch, RD, CDN