



Beef Prices by Cut Retail

Updated

1-Jan-14

GRASS FED NATURAL BEEF				Price/lb	Avg lb / Pack
Front Quarter	Rib	Rib Roast	Bone-in	\$ 14.50	7.60
		Rib Eye Steak	Boneless	\$ 18.50	0.72
		Rib Steak	Bone-in	\$ 16.50	0.96
	Chuck	Chuck Roast	Boneless	\$ 8.50	4.31
		Chuck Steak	Boneless	\$ 7.50	1.17
		Flat Iron Steak	Boneless	\$ 12.00	0.40
		Ground Chuck	Loose	\$ 7.50	1.05
Hind Quarter	Loin	Filet	Boneless	\$ 24.00	0.48
		NY Strip Steak	Boneless	\$ 17.00	0.86
		Top Sirloin Steak	Boneless	\$ 12.50	1.76
		Tenderloin Roast	Boneless	\$ 24.00	0.00
		NY Strip Roast	Boneless	\$ 17.00	0.00
		Top Sirloin Roast	Boneless	\$ 12.50	0.00
		Porterhouse Steak	Bone-in	\$ 18.00	1.38
		T-Bone Steak	Bone-in	\$ 17.00	1.09
		Sirloin Steak	Bone-in	\$ 11.50	2.55
		Ground Sirloin	Loose	\$ 10.00	1.06
	Round	Bottom Round Roast	Boneless	\$ 7.50	3.83
		Bottom Round Steak	Boneless	\$ 7.50	0.84
		Cube Steak	Boneless	\$ 8.00	0.82
		Eye Round Roast	Boneless	\$ 8.00	2.72
		Eye Round Steak	Boneless	\$ 8.00	0.46
		Sirloin Tip Roast	Boneless	\$ 8.00	4.18
		Sirloin Tip Steak	Boneless	\$ 8.00	1.78
		Top Round Roast	Boneless	\$ 7.50	3.83
		Top Round Steak	Boneless	\$ 7.50	1.80
		Ground Round	Loose	\$ 6.75	1.11
Other	General	Arm Bone for Soup	Bone-in	\$ 4.25	2.50
		Brisket	Boneless	\$ 9.50	3.09
		Flank Steak	Boneless	\$ 13.00	1.24
		Hanging Tender	Boneless	\$ 11.00	1.13
		Oxtail	Bone-in	\$ 9.25	0.85
		Short Ribs	Bone-in	\$ 6.00	2.45
		Skirt Steak	Boneless	\$ 11.00	0.86
		Stew Meat	Boneless	\$ 6.75	1.09
		Ground Beef	Loose	\$ 6.00	1.15
		Ground Beef (Patties)	Patties	\$ 6.75	1.04
	Organs	Heart	Organ	\$ 3.75	0.63
		Kidney	Organ	\$ 3.25	0.97
		Liver	Organ	\$ 3.25	0.91
		Sweet Bread	Organ	\$ 3.25	0.56
		Tongue	Organ	\$ 4.50	2.06
		Beef Suet	Fat	\$ 3.25	4.67
	Bones	Bones	Bone-in	\$ 2.60	4.74