



LODAAT

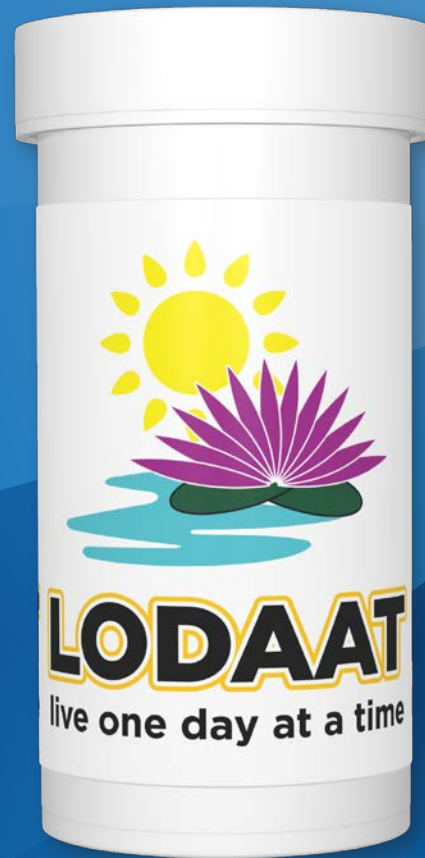
live one day at a time



Probiotic
Product Guide



Product Quality



- Delayed Release Veggie Capsules (Helps Protect Probiotics From Stomach Acid)
- **Contains No:** Wheat, Eggs, Yeast, Soy, Sugar, Salt, Animal Derivatives, Maltodextrin, Magnesium Stearate, Artificial Flavors or Preservatives
- Gluten Free, Non-Dairy & Non-GMO
- Two Year Shelf Life At Room Temperature
- Bottled in Desiccant lined moisture absorbing Activ-Polymer™ Bottles
- Helps Maintain Healthy Digestion*
- Synbiotic effect by combining Prebiotics (FOS & Sunfiber®) with Probiotics
- Value Priced With 60 Servings, 2 Month's Supply In Every Bottle

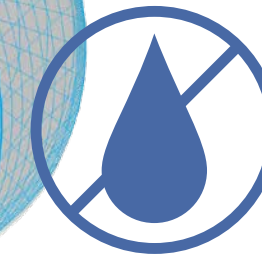
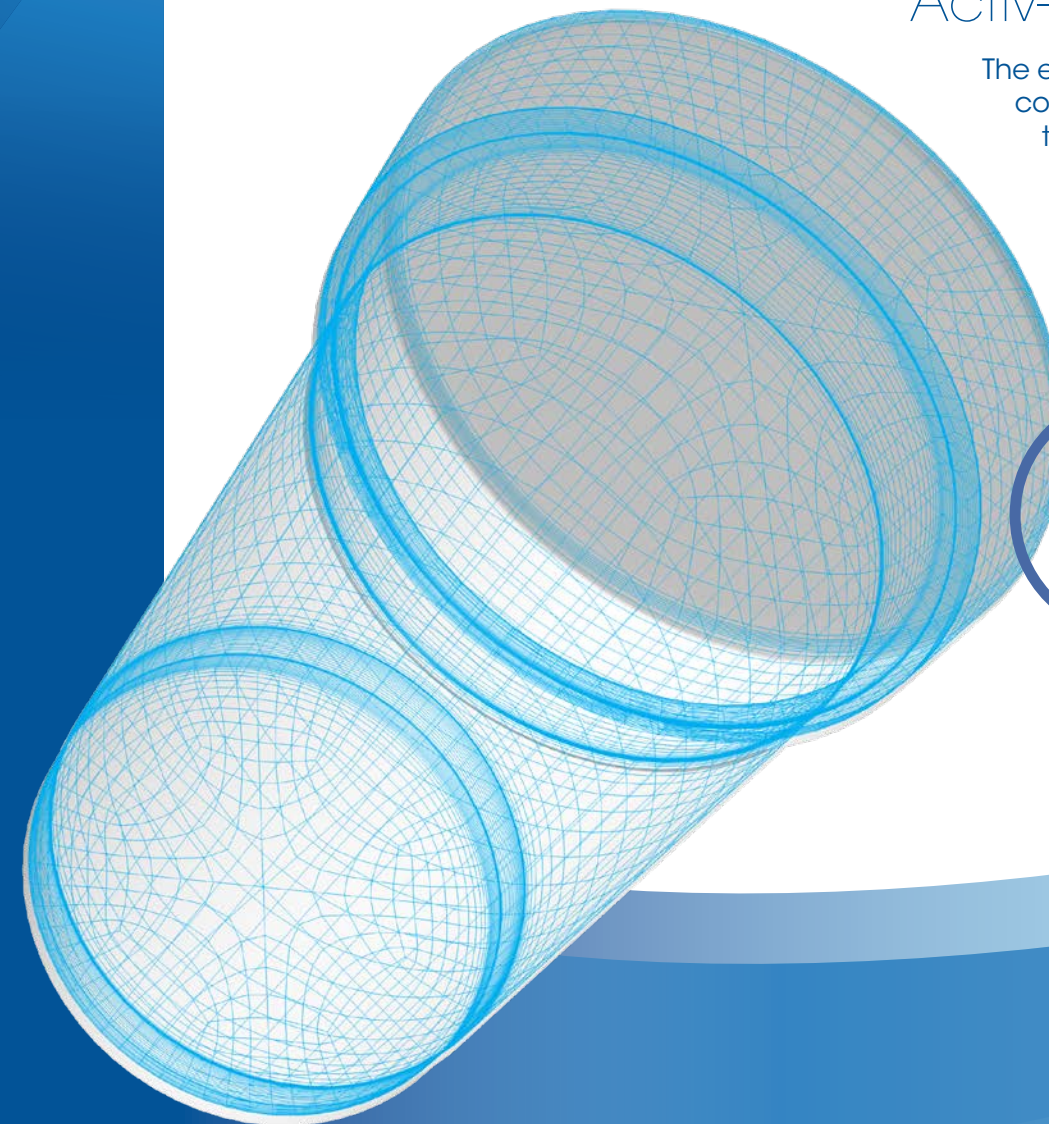
Product Enhancements

Sunfiber® (Partially Hydrolyzed Guar Gum)

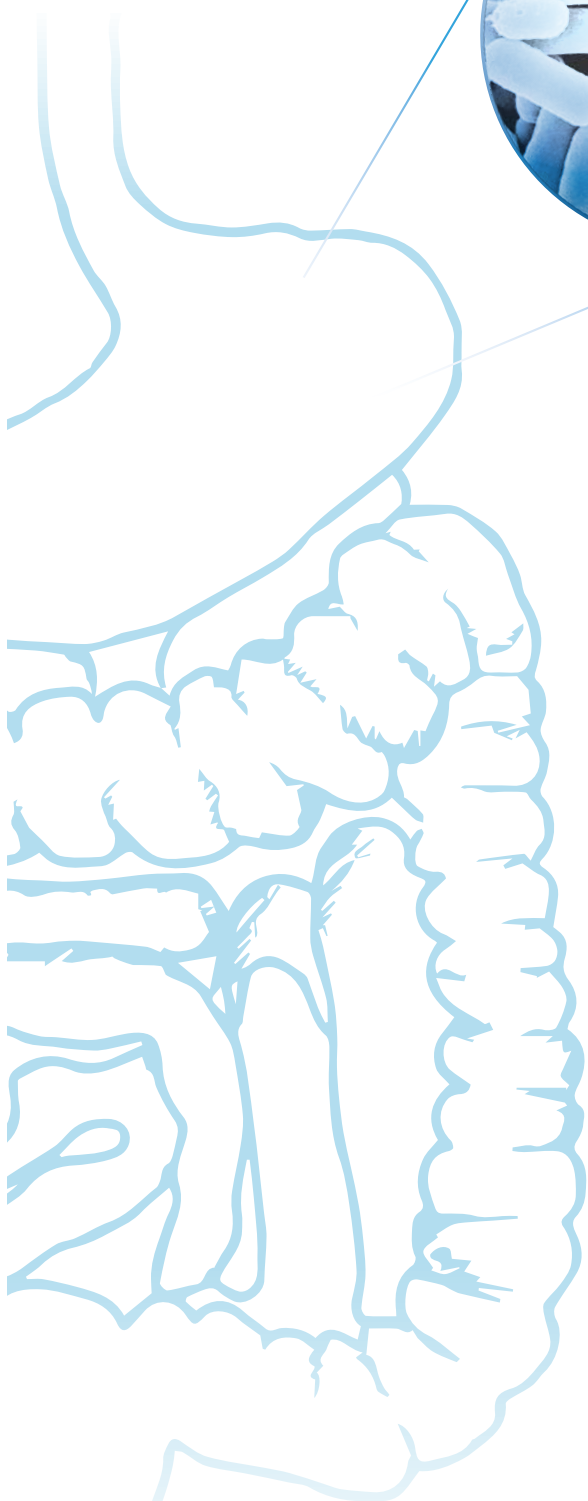
- Sunfiber® promotes intestinal and colon health, and aids in the transit of food through the intestines.*
- Sunfiber® helps the body combat increased blood glucose levels by controlling the glycemic index of foods.*
- Sunfiber® is tasteless, colorless, odorless, gluten free, and readily dissolves in water.
- Sunfiber® alleviates constipation without overly degrading stool firmness, and provides regularity with healthy consistency.*
- Sunfiber® promotes the absorption of essential minerals such as magnesium and calcium, ensuring the human body receives the maximum benefits from digestible foods.*

Activ-Polymer™ Bottle

The engineered Desiccant Sleeve has controlled moisture absorption due to the desiccant sleeve surrounding the product. Using the impenetrable desiccant sleeve, the product in the bottle sees virtually no moisture.



Moisture
Resistance
Technology



What is a Probiotic?

As defined by the World Health Organization, "probiotics are live micro-organisms which, when administered in adequate amounts, confer a health benefit on the host."

Probiotics are bacteria that help maintain the natural balance of organisms (microflora) in the intestines. The normal human digestive tract contains about 400 types of probiotic bacteria that reduce the growth of harmful bacteria and promote a healthy digestive system. The largest group of probiotic bacteria in the human digestive tract is *Lactobacillus acidophilus*. * (Source: WebMD)

How do Probiotics work?

Researchers believe that some digestive disorders happen when the balance of friendly bacteria in the intestines becomes disturbed. This can happen after an infection or after taking antibiotics. Intestinal problems can also arise when the lining of the intestines is damaged. Taking probiotics may help. * (Source: WebMD)

Why are Prebiotics added to Probiotics?

Prebiotics are non-digestible carbohydrates that act as food for probiotics. When probiotics and prebiotics are combined, they form a synergistic or "synbiotic" relationship. Prebiotics and probiotics combined are considered "synbiotic" because they contain live bacteria and the fuel they need to thrive. * (Source: Mayo Clinic)

Probiotic Health Benefits:

Probiotics are believed to protect us in two ways.

The first is the role that they play in our digestive tract. We know that our digestive tract needs a healthy balance between the good and bad bacteria, so what gets in the way of this? It looks like our lifestyle is both the problem and the solution. Poor food choices, emotional stress, lack of sleep, antibiotic overuse, other drugs, and environmental influences can all shift the balance in favor of the bad bacteria. *

When the digestive tract is healthy, it filters out and eliminates things that can damage it, such as harmful bacteria, toxins, chemicals, and other waste products. On the flip side, the digestive tract takes in the things that our body needs (nutrients from food and water) and absorbs and helps deliver them to the cells where they are needed. * (Source: OnHealth.com)

The other way that probiotics help is the impact that they have on our immune system. Some believe that this role is the most important. Our immune system is our protection against germs. * (Source: OnHealth.com)

How to Choose a Good Probiotic

Look for probiotics that use tested and proven strains.



Look for a product which comes in a moisture resistant air tight bottle like the Activ-Polymer™ Bottle to enhance stability of the probiotics.



Look for a delayed release veggie capsule to make sure the probiotics can be delivered through the stomach acid and reach the intestines without compromising the live count of the probiotics.



Look for a cGMP compliant manufacturer.



Look for an adequate CFU per serving and a company which uses third party testing to verify CFU count in the product. Five billion CFU per daily serving is usually adequate for a healthy person.



Branded Products

- **CONTAINS NO:** Wheat, Eggs, Yeast, Soy, Sugar, Salt, Animal Derivatives, Maltodextrin, Magnesium Stearate, Artificial Flavors or Preservatives
- Gluten Free, Non-Dairy, & Non-GMO
- Refrigeration is Not Necessary but Recommended
- Made in Wausau, Wisconsin, USA



Single Blend 6B

6 Billion CFU per Serving (1 Capsule)

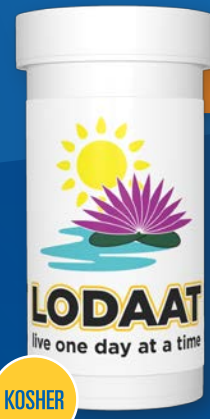
60 Servings of Delayed Release Veggie Capsules

- Exceeds 6 Billion CFU per Serving of Lactobacillus acidophilus
- Other Ingredients - Sunfiber® (Partially Hydrolyzed Guar Gum), Fructooligosaccharides (FOS), Vegetable Powder, Silicon Dioxide & Vegetable Cellulose (Delayed Release Capsules)

- Digestive Health*

SUGGESTED USE: As a dietary supplement, take 1 capsule per day, preferably in the morning on an empty stomach or as directed by a healthcare professional.

KOSHER



Dual Blend 6B

6 Billion CFU per Serving (1 Capsule)

60 Servings of Delayed Release Veggie Capsules

- Exceeds 6 Billion CFU per Serving of a Proprietary Blend of Lactobacillus acidophilus and Bifidobacterium longum
- Other Ingredients - Sunfiber® (Partially Hydrolyzed Guar Gum), Fructooligosaccharides (FOS), Vegetable Powder, Silicon Dioxide and Vegetable Cellulose

- Digestive Health*

SUGGESTED USE: As a dietary supplement, take 1 capsule per day, preferably in the morning on an empty stomach or as directed by a healthcare professional.

KOSHER



Multi Blend 12B

12 Billion CFU per Serving (1 Capsule)

60 Servings of Delayed Release Veggie Capsules

- Exceeds 12 Billion CFU per Serving of a Proprietary Blend of Lactobacillus acidophilus, Bifidobacterium lactis, Bifidobacterium bifidum and Bifidobacterium longum
- Other Ingredients - Sunfiber® (Partially Hydrolyzed Guar Gum), Fructooligosaccharides (FOS), Vegetable Powder, Silicon Dioxide and Vegetable Cellulose

- Digestive Health*

SUGGESTED USE: As a dietary supplement, take 1 capsule per day, preferably in the morning on an empty stomach or as directed by a healthcare professional.

KOSHER



Pro-Cran Blend 6B

with Cranberry Juice Powder & D-Mannose

6 Billion CFU per Serving (1 Capsule)

60 Servings of Delayed Release Veggie Capsules

- Exceeds 6 Billion CFU per Serving of a Proprietary Blend of Lactobacillus acidophilus, Bifidobacterium lactis, Bifidobacterium bifidum and Bifidobacterium longum combined with a proprietary blend of Cranberry Juice Powder, D- Mannose, Sunfiber® (Partially Hydrolyzed Guar Gum) and Fructooligosaccharides (FOS)
- Other Ingredients - Vegetable Powder, Silicon Dioxide and Vegetable Cellulose

- Digestive Health*

SUGGESTED USE: As a dietary supplement, take 1 capsule per day, preferably in the morning on an empty stomach or as directed by a healthcare professional.

KOSHER



Ten Strain Blend 50B

50 Billion CFU per Serving (1 Capsule)

60 Servings of Delayed Release Veggie Capsules

- Exceeds 50 Billion CFU per capsule of a proprietary blend of Lactobacillus acidophilus, Lactobacillus casei, Lactobacillus paracasei, Lactobacillus plantarum, Lactobacillus rhamnosus, Lactococcus lactis, Bifidobacterium bifidum, Bifidobacterium breve, Bifidobacterium lactis and Bifidobacterium longum
- Other Ingredients - Sunfiber® (partially hydrolyzed guar gum), Fructooligosaccharides (FOS), vegetable powder, silicon dioxide, and vegetable cellulose (delayed release capsules)

- Digestive Health*

SUGGESTED USE: As a dietary supplement, take 1 capsule per day, preferably in the morning on an empty stomach or as directed by a healthcare professional.

KOSHER



Kids Blend 6B

For Kids Age 2 +

6 Billion CFU per Serving (1 Tablet)

60 Servings of Wildberry Chewable Tablets

- Exceeds 6 Billion CFU per serving of a Proprietary Blend of Bifidobacterium lactis and Lactobacillus acidophilus
- Other Ingredients – Xylitol, Oral Dissolve Excipient (D-Mannitol, Microcrystalline Cellulose (Plant Fiber), crospovidone, Dicalcium Phosphate, Xylitol), Fructooligosaccharides (FOS), Sunfiber® (Partially Hydrolyzed Guar Gum), Natural Wild Berry Flavor, Rebudioside A (from Stevia), Microcrystalline Cellulose (Plant Fiber), Vegetable Powder and Silicon Dioxide

- Digestive Health*

SUGGESTED USE: As a dietary supplement, take 1 chewable tablet per day, preferably in the morning on an empty stomach or as directed by a healthcare professional.

Great TASTE!



Oral Blis® Combo 4B

4 Billion CFU per Serving (1 Capsule)

30 Servings of Fast-Melt Tablets

- Exceeds 2 billion CFU per serving of Blis K12® and 2 billion CFU per serving of Blis M18®
- Other Ingredients – Oral dissolve excipient (d-mannitol, microcrystalline cellulose (plant fiber), crospovidone, dicalcium phosphate, xylitol), xylitol, natural wintergreen flavor, microcrystalline cellulose (plant fiber), vegetable powder, silicon dioxide, rebudioside A (from Stevia), natural peppermint flavor

- Oral Health*

SUGGESTED USE: As a dietary supplement, take 1 fast-melt tablet per day, preferably in the morning on an empty stomach or as directed by a healthcare professional.

NEW



LODAAT

live one day at a time

