

July 2019

Volume 66, Issue 7

First Presbyterian Church

HERE AND NOW!



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WORSHIP IN THE PARK

The 2019 Outdoor Worship Service/Picnic will be held beginning at 10:30 am (picnic to follow worship service) at shelter 11 in Sertoma Park, Bismarck. Four churches are participating – Bismarck, Glencoe, Mandan, and Wilton. The worship service will include communion by intinction. Loose offering will be split between the four churches. Offering checks should clearly indicate FPC/ Bismarck in the memo section. Please bring your own plates, silverware, and cups. If you can, please bring a lawn chair. The picnic is potluck but chicken, buns, and drinks will be served. A separate free will offering will be taken to pay for the chicken, etc. Each attendee or family should bring a dish of some sort, either side dish, salad, dessert, or fruit. There will be no sign-up sheet for food but there will be one for helping out for set-up and take-down. Setting up will begin at 9:00 am.





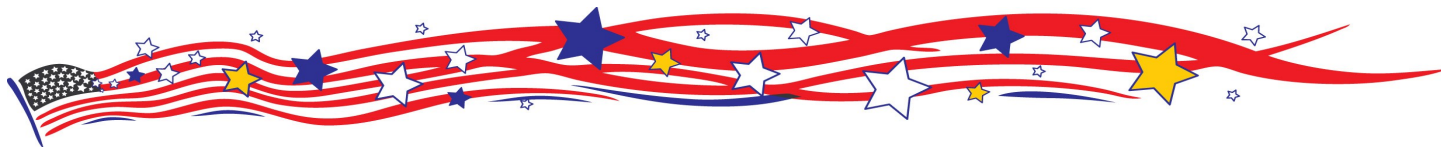
SCHOLARSHIP COMMITTEE...

The Scholarship Subcommittee of the Outreach Committee voted to send our annual donation to the University of Jamestown from the Samuel and Bertha Merritt Trust Fund.

The subcommittee awarded the following scholarships to the following four applicant:

Olivia Bachmeier received an award from the Merritt and the Sorlie Funds.

Thanks to the Committee members for their service.



PIG ROAST...

The Outreach and Membership Committees and Glencoe church are sponsoring a four church pig roast. The roast will be held on Saturday, August 24th, 2019 outside (weather permitting), at Glencoe Church. Glencoe is providing the roasted pig. Attendees from the four churches should each bring a potluck item of their choice (salad, side dish, pickles, fruit, or dessert), something to drink, and plates and silverware. Attendees should also bring lawn chairs for sitting, and a lawn game, if you have one (e.g. croquet, polish horseshoes, Frisbees or other lawn games). The event starts at 4:00 p.m. and dinner will be served at 6:00 p.m. Please come and have a good time playing, eating, and meeting new people from Glencoe, Mandan, and Wilton.





PASTOR LEANNE'S MESSAGE...

One year in.

It doesn't seem like it. I feel like a gardener who has been so busy watching that the row is plowed straight that she didn't notice how far she had come until she glanced up to see the garden fence in front of her.

But it has been one year. You all have felt so much like family from the start it has been a complete joy, and my experience of First Pres. is one of deep rich satisfaction, like a person who has been holding her breath and suddenly discovers the air is fine. This is such a welcoming church with so many gifts, such rich strengths, and such amazing people.

To highlight the best moments of this last year would take more space than I have here: precious to me are the worship services, the PAC and PresbyTeen conversations, socks flying off the balcony, slipping in to listen to bells practice, laughing (really laughing) with staff, especially at Wanona's jokes, the Daycare kids coming by the office for lollypops and hugs, a surprise visit from Riley (ask Rosey Sand about that!), the choir singing the "Hallelujah Chorus", lighting candles to remember our loved ones, chimes in the air, leaves circling around the doorway, the Youth putting on the Christmas play, representing our church at Pride, studying the book of Job, drawings from Brianna, bread from Linda Tonolli and photos from Dave Nix...

It's been a good year, getting to know this church, your generous spirits, your gifts and devotion. I love it here.

I knew who I was when I came here—and I had a good idea who you were—but I have intentionally spent this first year trying to learn who WE are together, what work style fits, what areas are strong or weak, where the blessings are among us, where the weaknesses lie. I have searched to see how I might need to adjust my style to you, and to ask for adaptations I think are best. It has not been a struggle at all, it has been an incredible year of discovery. I am confident that this church is gifted by God to be a light in this community.

So, another year ahead...with most of my priorities being connected to enhancing our intentional hospitality, our visibility before the city of Bismarck, our awareness of mission of the PCUSA international, and our relationship with our sister churches. But most of all: ² Beloved, I wish above all things that thou may prosper and be in health, even as they soul prospers. ³ John 2



Pastor Leanne



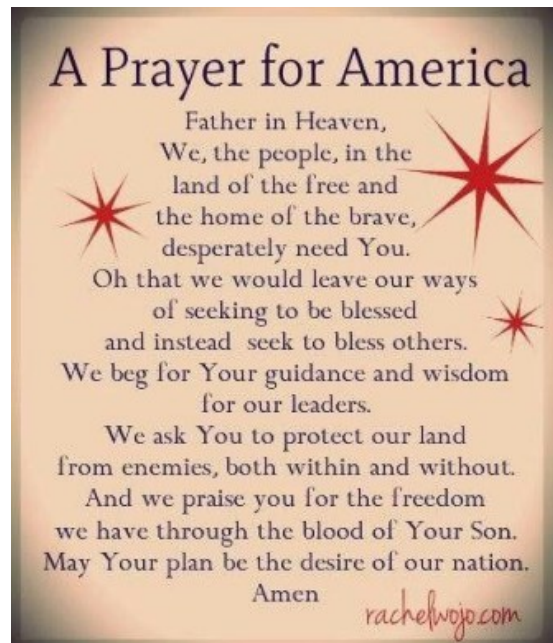
HEAVEN HELPERS SOUP CAFÉ...

The Outreach Committee is excited to announce a new volunteer opportunity. We have made a monthly commitment to Heaven Helpers Soup Café, 220 N 23rd Street (23rd & Thayer), to supply three people on the first Wednesday of every month from 10:00 am to 12:00 Noon beginning August 7th.

Duties may include (but not limited to) chopping vegetables, waiting on tables, serving soup and sandwiches, washing dishes, cleaning etc.

For many years our church provided support to the Ruth Meiers Hospitality House during their noon meal. Due to changes in their structure, our volunteers are no longer needed. Let's continue our "Volunteer Spirit" and give two hours each month to the Soup Café to help to feed the hungry in our community.

A sign-up sheet will be on the Narthex Bulletin Board.





CAPITAL PRIDE 2019...

First Presbyterian Church was so pleased to be accepted as a vendor with **Capital Pride at the Capitol!** Your Mission and Outreach committee had a table at this event where we provided information about our Church, gave out bubbles, skittles and water. We had such a wonderful time meeting folks! Lots of love and kindness experienced all day long. We are grateful!! Thanks for the opportunity to celebrate love! We were one of three churches participating. We will have this event in our Mission and Outreach committee’s 2020 Workplan.

Dakota Outright sent us a follow up note which said:

“I’m so happy that First Presbyterian Church was able to join us at Capital Pride this year and that you had a great experience! We are always looking for more community groups and organizations who are LGBTQIA-friendly or supportive to have a presence at Pride. It is particularly wonderful to have faith communities represented, as LGBTQIA people tend to feel excluded in many religious spaces. I’m so thankful to know that your faith community is welcoming.

We will definitely add you to our contact list for Capital Pride 2020! We would love to have you back again!”

Warm regards,

Erin





NURSE'S NOTES...



Online Health Information: Is it Reliable? This Article is From the National Institute on Aging

Where Can I Find Reliable Health Information Online?

The National Institutes of Health website is a good place to start for reliable health information. As a rule, health websites sponsored by Federal Government agencies are good sources of information. You can reach all Federal websites by visiting www.usa.gov. Large professional organizations and well-known medical schools may also be good sources of health information. MedlinePlus.gov is a website from the NIH's National Library of Medicine that has dependable consumer information about more than 1,000 health-related topics. Use their online tutorial to learn how to evaluate health information online.

Questions to Ask Before Trusting a Website:

1) Who sponsors/hosts the website?

- .gov identifies a U. S. government agency
- .edu identifies an educational institution, like a school, college, or university
- .org usually identifies nonprofit organizations (such as professional groups; scientific, medical, or research societies; advocacy groups)
- .com identifies commercial websites (businesses, pharmaceutical companies, and sometimes hospitals)

2) Who wrote the information?

Dependable websites will tell you where their health information came from, how and when it was reviewed, and have contact information to reach the site's sponsor or authors. No information should replace seeing a doctor or other health professional who can give you advice that caters to your specific situation.

3) When was the information written?

Look for websites that stay current with their health information. You don't want to make decisions about your care based on out-of-date information.

4) What is the purpose of the site?

Choose information based on scientific evidence rather than one person's opinion.

5) Is your privacy protected?

Does the website clearly state a privacy policy? Read the website's privacy policy. It is usually at the bottom of the page or on a separate page titled "Privacy Policy" or "Our Policies."

6) How can I protect my health information?

If you are asked to share personal information, be sure to find out how the information will be used. Secure websites that collect personal information responsibly have an "s" after "http" in the start of their website address (<https://>) and often require that you create a username and password. You might consider calling your doctor's office or health insurance company to give this information over the phone, rather than giving it online.

7) Does the website offer quick and easy solutions to your health problems?

Sometimes, you might find health information or health news on social media. Check the source of the information, and make sure the author is credible.

Trust Yourself and Talk to Your Doctor

Use common sense and good judgement when looking at health information online.
Discuss what you find with your doctor before making any changes to your health care.

ANNOUNCEMENTS:

- ◆ **Office Day** = Every Wednesday starting July 3rd—open for everyone. Check blood pressure, health questions and concerns.
- ◆ **Blood Pressure Clinic** = Sunday, July 14th 9am—10am and 11am—12 pm. Have your blood pressure taken for free.



FPC CHILD CARE CENTER...

Changes, Changes, and More Changes!

While sitting in my office concentrating on how to start this article about changes and needs for the Child Care Center my mind started to work over time so I decided just to mention the changes the Child Care is working towards for this year and the next year 2020.

I have a list of items that haven't been replaced in more than six to even longer in years that do not meet required regulations and/or are in need of repair. However, at this time we are in compliance with the state and federal requirements.

The total cost for replacing these particular items is \$19,559.00 and the individual items are:

- ◆ Angeles Compact Natural Evacuation Crib at \$299.99 each we need to replace four total. Cost \$1,199.96.
- ◆ Angeles Compact Replacement Crib 3" Mattress at \$46.99 each and we need to replace three. Cost \$281.94.
- ◆ Ozark River Portable Hygienic Changing Table w/top and basin each are \$2,457.77 and we need to replace two at a total cost \$4,915.54
- ◆ Angeles Value Line Birch Changing Table—1 needed at \$389.99.
- ◆ Nature Color Toddler Rectangular Table 30"X36" at \$199.95 each. We need two at a total cost of \$399.90.
- ◆ Modell Corner Kit each are \$4,330.00. We need two at a total cost \$8,660.00.
- ◆ Ozark River Lil' Portable Hot Water Sink with ABS Top and Basin at \$1,755.88 each. We need four at a total cost of \$3,511.76.

Since the Child Care Board Members and the Directors of the Child Care Center have been trying to continue to keep the equipment at the optimal level of quality and safe for our children at the day care, we continue to meet our goals and have been staying up to date with our state and federal requirements. However, because the cost of replacing these items are not in our annual budget every year, we write grants and accept donations from members of the church, committees of our church, businesses in our community and other individuals who show an interest who wish to donate to the Child Care Center.

We thank you for your contributions and donations that you have already given to our Child Care Center through out the years.

God Bless!

Ella

Chair of Child Care center Board



CHRISTIAN EDUCATION...

We have 3 BIG events coming up with the children, family, and youth of First Presbyterian Church! We ask that you help to spread the word, and extend any invites to family, friends and neighbors that may be interested in attending any of these events! We also ask for your prayers as we work hard to provide awesome opportunities in the faith life of our families.



FAMILY FUN DAY AT McDOWELL DAM...

Saturday, July 13th from 1:00 pm—4:00 pm

Come hang out with your FPC family and enjoy a beautiful day at McDowell Dam!

Meeting from 1:00 pm—4:00 pm., let's get together for some water fun and time in the sun! Bring your family and any water activities we

can enjoy to this fun day together. No lunch provided, but snacks, and water will be available from FPC.

Canoes, kayaks, paddle boats and paddle boards will be available for rent. Feel free to bring water toys and any other

equipment you're able to share. Stop by anytime, between 1:00pm—4:00 pm, for this great fun day at McDowell Dam! We ask that youth be accompanied by an adult.

See you there!





CHRISTIAN EDUCATION...



PRESBYTERIAN YOUTH TRIENNIUM 2019
July 16-20, 2019 · Purdue University

Triennium: Here's My Heart July 16-20

Once every three years, thousands of Presbyterian Youth from all over the country travel to Purdue University in Indiana for a week of high-energy worship, deep small group discussion and giant fellowship events. The event is Triennium, and we have 24 high-school age youth and 5 adults traveling from North Dakota for this life-changing awesomeness.

Four of those 24 youth are coming from First Presbyterian Church of Bismarck. Anna & Hailee Bitz, along with Arin & Kasie Spencer will be traveling with Charee to meet our North Dakota group Monday, July 15th.

Triennium is July 16th-20th, and welcomes 4,000-5,000 youth and adults to the Purdue University Campus to spend a week celebrating and worshipping together. The Triennium theme for this year is: Here's My Heart. "Here's my heart" – our young people are saying to us, to the church, to the world! "Here's my heart!" God says right back to us. In July 2019 young Presbyterians from across the country and the world will hear this call, absorb the invitation and then will take their hearts back into the world, back into their church, and will walk with new energy and a deepened faith.

We are so excited for this new experience, and look to attract more youth for Triennium 2022. Please keep our youth, the Triennium organizers, and adult leaders in your prayers. We hope their hearts are prepared for all God has in store for them, as they meet faithful Presbyterians from all over the world during this amazing event. The Presbyterian Youth Triennium is supported by your gifts to the Pentecost Offering.





CHRISTIAN EDUCATION...

**First Presbyterian Church of Bismarck
Invites the Families of our Community to:**



**FREE Vacation Bible School
Ages 4 and Up!**

Sunday-Wednesday, July 28th—31st

5:30 p.m.—8:00 p.m.

Dinner Included!



**Save the Date for this Great Event
Invite Friends & Sign-up TODAY!
6th-12th Grade Youth and Adults Needed**

VBS will be so much fun! Each night will be spent:

- Participating in memorable Bible-learning activities
- Jamming out and learning fun, catchy songs!
- Playing games & experiencing epic Bible adventures!
- Participating in fun arts and crafts, and testing out science-fun gizmos



**Learn more at our website:
www.fpcbismarck.com/vbs**



HIGHER POWER LUNCH...

Our June Higher Power Lunch featured a wonderful lunch made by Kathy Mayer. Our HPL team is grateful that Kathy has returned to Bismarck to resume her work with the team. Shane Goettle shared his spiritual journey with 24 guests and volunteers. For July's HPL on Wednesday, July 17th we are honored to have our own Winston Satran sharing his spiritual journey based on his work at the ND State Penitentiary and Home on the Range. You are welcome to join us. Kathy is catering July's HPL too. Check out our church's website at www.fpcbismarck.com to register. Please contact any team member: Allen Hoberg, Ella Gutzke, Jan Schultz, Joe Satrom or Gladys Cairns if you have questions or comments. Also, look for the July Volunteer Sign-up Sheet as the third Wednesday in July gets closer.

Thank You for your continued support.





July 2019 Usher/Greeter/Coffee Host

- July 7th:** **Captain:** Wendy Skager
Ushers: Nanc Skaret, Vic Sonneman, Ella Gutzke, Tedd Gutzke, Jim Rambo
Reception Host: Carole Watrel
- July 14th:** **Captain:** Vic Sonneman
Ushers: Don Bigwood, JoAnn Hodny, Peggy Hoge, Cindy Cross, Don Cross
Reception Host: Lynne Bigwood
- July 21st:** **Outdoor Worship & Potluck ~ Sertoma Park Shelter #11 starting at 10:30 a.m.**
- July 28th:** **Captain:** Jane Boeckel
Ushers: Jim Rambo, Donna Richter, John Richter, Audre Goll, *Volunteer Needed*
Reception Host: Alice and Stan Halling



LAY READERS

July 7th
Alice Nix

July 14th
Barb Satran

July 21st
Outdoor Worship

July 28th
Volunteer Needed



If you are interested in volunteering, you may sign up on the Volunteer Board in the Narthex, or call the church office at:

701-223-6091

COMMUNION SERVERS

July 7th, 2019

| | |
|--------------|-------------------------|
| Vic Sonneman | Volunteer Needed |
| Lori Orser | Shari Orser |
| Jim Skaret | Nanc Skaret |
| Bob Tonolli | Dennis Rosenkranz |
| Allen Hoberg | Kris Ronningen |

Communion is available to be served at home, hospital, or nursing home to anyone who is unable to worship with the congregation. Please call church office to schedule time.



JULY BIRTHDAYS AND ANNIVERSARIES

BIRTHDAYS

| | |
|---------------------|------|
| Daniel Wassim | 2nd |
| Nanc Skaret | 6th |
| Will Beachey | 7th |
| Allen Hoberg | 7th |
| Leo Goll | 9th |
| Katherine Satrom | 9th |
| Randy Jensen | 10th |
| Stacy Poffenberger | 12th |
| T.J. Davis | 14th |
| Shelli Peterson | 14th |
| Paul Ronningen | 14th |
| John R. Sakariassen | 14th |
| David Ingstad | 15th |
| Letha Lewis | 16th |
| Donna Arneson | 18th |
| Barbara Larson | 19th |
| Leila Bender | 22nd |
| Mary Sherman | 22nd |
| Andrew Davis | 23rd |
| Kari Skager | 25th |
| Donald Cross | 27th |
| Lori Orser | 28th |
| Corey Hedland | 29th |
| Lee Doolittle | 30th |

ANNIVERSARIES

| | |
|---------------------------|------|
| Tait & Samantha Ronningen | 9th |
| John & Donna Richter | 10th |
| David & Mary Ingstad | 15th |
| Brant & Jane Boeckel | 20th |
| Ronald & Kathleen Gappert | 20th |
| Arley & Ann Gallup | 23rd |
| Kim & Juanita Hocking | 24th |
| Jay & Sandra Cofell | 31st |

All birthdays and anniversaries are taken from information collected on the updated information forms. If we made a mistake, or missed you or a loved one, we apologize and ask that you please let us know so we can update our system. If you do not want your birthday listed in a bulletin or newsletter, please let us know that as well. Thank you!





| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------|------------------|-----------------------------------------------------------------------------|
| | <p>1</p> <p>12:00pm Stewardship Comm. (Conf. Room) 1:30pm Prayer Shawl Ministry (Parlor) 5:30pm Suzuki (205) 7:00pm Boy Scouts (Downstairs) 7:00pm Christian Ed. Comm. (Conf. Room)</p> | <p>2</p> <p>12:00pm Adult Bible Study (Parlor) 5:30pm Suzuki (205) 5:30pm Yoga (202)</p> | <p>3</p> | <p>4</p> <p>Happy 4th of July! Church Closed</p> | <p>5</p> | <p>6</p> <p>9:00am Yoga (202)</p> |
| <p>7</p> <p>10:00am Worship</p> | <p>8</p> <p>5:30pm Suzuki (205) 5:30pm Worship & Music (Conf. Room) 7:00pm Boy Scouts (Downstairs)</p> | <p>9</p> <p>12:00pm Adult Bible Study (Parlor) 1:30pm Conf. Room Reserved 5:30pm CCC Board (Conf. Room) 5:30pm Suzuki (205)</p> | <p>10</p> <p>12:00pm Munch & Mingle ~ Ramkota Hotel 6:00pm Membership Comm. (Conf. Room)</p> | <p>11</p> <p>6:00pm Outreach Comm. (Conf. Room)</p> | <p>12</p> | <p>13</p> <p>1:00pm—4:00pm Family Fun Day at McDowell Dam</p> |
| <p>14</p> <p>9:00am Blood Pressure Clinic (Conf. Room) 10:00am Worship Service</p> | <p>15</p> <p>12:00pm Business & Finance (Conf. Room) 1:30pm Prayer Shawl Ministry (Parlor) 5:00pm Admin & Personnel (Conf. Rm) 5:30pm Suzuki (205) 7:00pm Boy Scouts (Downstairs)</p> | <p>16</p> <p>12:00pm Adult Bible Study (Parlor) 5:30pm Suzuki (205)</p> | <p>17</p> <p>11:30am Downtown Higher Power Luncheon (Parlor) *RSVP required*</p> | <p>18</p> <p>*No Deacons</p> | <p>19</p> | <p>20</p> |
| <p>Triennium Youth Convention at Purdue University</p> | | | | | | |
| <p>21</p> <p>10:30am Outdoor Worship & Potluck at Sertoma Park Shelter #11 *FPC Closed*</p> | <p>22</p> <p>5:30pm Suzuki (205) 7:00pm Boy Scouts (Downstairs)</p> | <p>23</p> <p>12:00pm Adult Bible Study (Parlor) 5:30pm Suzuki (205) 6:00pm Session (Parlor)</p> | <p>24</p> | <p>25</p> | <p>26</p> | <p>27</p> |
| <p>28</p> <p>10:00am Worship</p> | <p>29</p> | <p>30</p> <p>12:00pm Adult Bible Study (Conf. Room)</p> | <p>31</p> | | | |
| <p>Vacation Bible School ~ 5:30 p.m.—8:00 p.m.</p> | | | | | | |

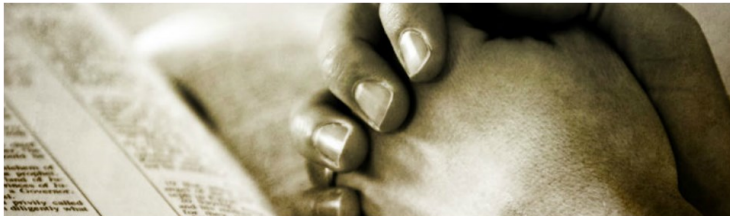
SUPER SLIDE FAMILY FUN NIGHT...



FPC NEWS...

Bob Kinnischtzke underwrote all the newly planted flowers at the church. When we planted June 1st, he told us that he decided to do this to honor his parents...choosing red petunias and impatiens because that was his Dad's favorite color and his Mom wore red a lot.

Thank you Bob!



First Presbyterian Church
214 East Thayer Ave.
Bismarck, ND 58501



Phone: 701-223-6091
E-mail: firstpresbyterian@fpcbismarck.com
www.fpcbismarck.com

Sunday Worship Schedule:
Worship: 10:00 a.m.
No Sunday School until September

Office Hours:
Monday—Friday
8:00 AM—5:00 PM

Staff

Pastor
Rev. Dr. Leanne Simmons

Youth Christian Education
Director/Administrative Assistant
Charee Linton

Finance Assistant
Vickie Haas

Organist
Arvy Smith

Choir Director
Debi Rogers

Handbell Ensemble Director
Lael Hoerauf

Maintenance
Nathan Peterson

Membership Services
Judy Lentz
Shelli Peterson

Christian Education Interns
Mark Jensen and Emily Ehrens

Child Care Center Director
Shawn Stettner

Child Care Assistant Director
Vanessa Hein

Nursery
Mary Jones