



April 2020

LIVE STREAMING
April 1-24th
Purefitness4you.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Tentative schedule based on when the ordinance is lifted, schedule may change.	All Live Streaming Classes April 1-24th	YOU can request recorded classes to do at a different time, with access for 24hrs	1 PiYo 9am PiYo 5:30pm	2 March Punch Kick 9am Stretchy Flow 4:30pm	3 Booty Blast 5:45am	4 PiYo 8am
5 Stretchy Flow 8am	6 PiYo 9am Kettles 5:30pm	7 Iron Flow 5:45am Total Body Barre 9am Yoga Fusion 5:30pm	8 PiYo 9am PiYo 5:30pm	9 March Punch Kick 9am Stretchy Flow 4:30pm	10 Kettles 5:45am	11 PiYo 8am
12 EASTER Look for special class offering!	13 PiYo 9am Kettles 5:30pm	14 March Punch Kick 5:45am Yoga Fusion 9am Iron Flow + Abs 5:30pm	15 PiYo 9am PiYo 5:30pm	16 March Punch Kick 9am Stretchy Flow 4:30pm	17 Yoga + HIIT 5:45am	18 PiYo 8am
19 Stretchy Flow 8am	20 PiYo 9am Kettles 5:30pm	21 Defined Abs 5:45am Iron Flow + Abs 9am Yoga Fusion 5:30pm	22 PiYo 9am PiYo 5:30pm	23 March Punch Kick 9am Stretchy Flow 4:30pm	24 Barre 5:45am	25 PiYo 8am
26 Stretchy Flow 8am	27 PiYo 9am Kettles 5:30pm	28 HIIT Body 5:45am Yoga + HIIT 9am Iron Flow + Abs 5:30pm	29 PiYo 9am PiYo 5:30pm	30 March Punch Kick 9am Stretchy Flow 4:30pm		

