

20 MINUTE STRESS RELEASE PROGRAM SIGN IN SHEET

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PRINT THIS FORM AND BRING IT WITH YOU TO THE
PRESENTATION.

YOU CANNOT ATTEND THE PRESENTATION
WITHOUT THIS FORM FILLED OUT AND SIGNED IN
ALL THE DESIGNATED PLACES.

YOU CANNOT ATTEND THE PRESENTATION
WITHOUT PRE-PAYMENT AS DESCRIBED BELOW.
YOU CANNOT USE THIS PROGRAM WITHOUT THE
FLUXPLAYER APP AS DESCRIBED BELOW.

The date today

The date and time of the program you are signing up for

Your name

Your mailing address

Your phone number

Your e-mail address of where you want your secure file of your recordings sent

WHAT YOU ARE SIGNING UP FOR
WHAT I WILL DO

I will present my "20 minute stress release" program in a public format, in a safe and comfortable environment, in my office building, in less than 1 hour. Included in the cost of the program is 2 copyrighted recordings in a secure format on the fluxplayer app, to be e-mailed to you the evening of the presentation or on the following day. Before the presentation I will give you a copy of the National Guild of Hypnotists terms under which I operate.

If you have not pre-paid by depositing your payment into my Chase bank account # 3426910093 before the presentation, you can pay me and receive a receipt before the presentation begins.

Payment in cash only.

No credit cards.

No checks.

Sign your name in the box below so I know you have read this section.

WHAT YOU WILL DO
BEFORE YOU SHOW UP

SMARTPHONE

ALERT!

LIMITING

TECHNOLOGY HERE!

The fluxplayer app is available at the google store and must be installed on your phone in order for you to get your recordings. If you cannot download the fluxplayer app you can not get the recordings.

If this is the case you are not eligible for the class so do not sign up.

Remember, Hypnosis is a wonderfully calm and relaxing experience!

Also remember you may fall asleep during the session if you are too tired when you come in.

Please come in rested and sharp!

So go to sleep early the night before (and sleep as best as you can).

And do not drink or party the night before either.

Should you be a consumer of illicit drugs you may want to bow out of this program now, as I have had partial success with people who are drug users.

Also, if you were to have a particularly unsettling experience that has you rattled right before you come, like your washing machine blowing up, a death in the family, a car wreck--please reschedule, as when people are pre-occupied or emotionally off-kilter with something else they cannot be pre-occupied with my presentation, so reschedule for a time when you are calmed down.

I need you to pay close attention and listen carefully to me when I present my program so I need you to be as comfortable and relaxed as possible.

Here are some subjects I need to write about that may not be self-evident to all—

Shower or bathe and show up clean!

Men should shave and women should do their hair and make-up!

Come in wearing clean clothes, look snappy!

(You could even dress up !)

Do not wear cologne or perfume as many people are sensitive or allergic to fragrances.

Lets all of us make all of us comfortable so we are pleasant to other people.

Sign your name in the box below so I know you have read this section.

WHAT YOU WILL DO WHEN YOU SHOW UP

I will start the program SHARP on the hour and I need you 15 minutes early for check-in, so please be prompt, as I do not have a way to back up and restart for people who are late.

If you get stuck in traffic, get lost, have a flat, etc., I will have other programs that I will put you in that will make up for an unavoidable no-show.

Before we start I will check you in at the rostrum or the front of the room where the presentation will be and collect this form from you and payment if you have not paid yet, and give you a receipt. At this time I will give you a copy of the National Guild of Hypnotists Guidelines under which I operate.

The presentation will be somewhere in my office building on the 2nd floor, in a specifically designated place, referenced on a sign at the front door and at the top of the stairs.

During the presentation it is of utmost importance to have no interruptions, as people are investing time and money to come to my presentation.

This is important and life-changing training.

I expect you to respect the presentation and the people involved with it.

Please be silent when I am speaking.

No interruptions.

I will offer you my referral program and e-mail opt-in program at the end of the presentation.

Sign your name in the box below so I know you have read this section.

WHAT YOU WILL DO
WHEN YOU SHOW UP
NO CELL PHONES AND NO RECORDING DEVICES ALLOWED

On a personal note I regret I have to write the following:
NO CELL PHONES OR RECORDING DEVICES ALLOWED IN THE PRESENTATION OF MY
"20 MINUTE STRESS RELEASE" PROGRAM.

--If I discover you have brought a recording device or a cell phone into my presentation I will
throw you out and not refund your money.--

If your cell phone or recording device goes off and interrupts my presentation I will:

#1) Stop the presentation.

#2) Throw you out.

#3) Collect, via lawsuit, the admission price my audience has paid me for the presentation,
payable to me.

#4) Collect, via the same lawsuit, the admission price of your fellow attendants and give it back to
them.

#5) Collect the court costs of same from you in the same suit, payable to me.

I do recognize I need to stop disrespect, boorish behavior and theft of time and commodities
(both my own and my clients).

Sign your name in the box below so I know you have read this section and agree to abide by
these terms in this section.

WHAT YOU WILL DO
AFTER YOU HAVE SHOWN UP
AND SAT THROUGH THE PRESENTATION
HOW TO TRAIN YOURSELF WITH THE RECORDINGS

The really fascinating part about hypnosis is how easy it is to master the process, once you
understand what it is and how it works.

After you have had your session the suggestions are implanted in your subconscious mind.

Then you listen to the recordings and follow your instructions.

The 1st recording is to get you into state and help to facilitate the stress release.

The 2nd recording is for when you are adept at attaining the state of relaxation on your own, and
just need the suggestions in that particular cadence, to help to facilitate the stress release.

As you practice you will become so proficient that at some point you will no longer need either
recording to get you to the state of releasing stress, or after you have learned to put yourself into
state, to release the stress.

You will be able to put yourself in state and release stress where ever and when ever you
choose.

Just like any other skill, practice makes perfect!

Sign your name in the box below so I know you have read this section.

SIGN YOUR NAME IN THE BOX BELOW SO I KNOW YOU HAVE READ ALL SECTIONS AND AGREE TO ALL TERMS

SIGNED BY YOU AND DATED ON