

EEG PATIENT INSTRUCTIONS – SHORT STUDY

1. PLEASE ARRIVE FOR YOUR EEG APPOINTMENT WITH YOUR HAIR **CLEAN, DRY AND LOOSE** (NO BRAIDS, WEAVES OR DREADLOCKS, PLEASE).
2. REMOVE ANY ARTIFICIAL HAIR PIECES PRIOR TO TESTING. DO NOT USE ANY HAIR PRODUCTS SUCH AS HAIR SPRAY, MOUSSE, GEL OR OIL.
3. PLEASE LIMIT YOUR INTAKE OF CAFFEINE AND PLAN ON BEING HERE FOR JUST OVER AN HOUR. TAKE ANY PRESCRIBED MEDICATIONS AS DIRECTED BY YOUR DOCTOR.
4. PLEASE DO NOT BRING SMALL CHILDREN OR BABIES WITH YOU, AS THEY CANNOT BE IN THE TESTING ROOM WITH THE PATIENT. PLEASE MAKE PRIOR ARRANGEMENTS FOR CHILDCARE.

THANK YOU,
DFW Neurology Staff