| Place | School | 1 | 2 | 3 | 4 | 5 | 6 | Total | TTl Time | Ave Time | Spread |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | South East | 1 | 3 | 8 | 11 | 22 | 28 | $=23$ | 52:13.1 | 13:03.3 | 1:30.2 |
| 2 | North Central | 2 | 5 | 17 | 18 | 20 | 24 | $=42$ | 53:39.3 | 13:24.8 | 1:38.8 |
| 3 | Linn-Mar | 4 | 7 | 9 | 27 | 29 | 30 | $=47$ | 54:45.8 | 13:41.5 | 1:39.5 |
| 4 | Iowa City Northwest | 6 | 13 | 14 | 19 | 25 | 26 | 52 | 55:03.4 | 13:45.9 | 0:48.4 |
| 5 | Harding | 12 | 16 | 21 | 23 | 37 | 38 | $=72$ | 56:12.4 | 14:03.1 | 0:36.6 |
| 6 | McKinley | 15 | 33 | 34 | 36 | 42 | 43 | $=118$ | 1:00:02.6 | 15:00.6 | 1:34.1 |
| 7 | Franklin | 31 | 32 | 39 | 49 | 53 | 56 | $=151$ | 1:03:10.6 | 15:47.7 | 2:26.9 |
| 8 | Cedar Rapids Prairie | 35 | 40 | 41 | 44 | 46 | 50 | $=160$ | 1:04:42.3 | 16:10.6 | 1:13.7 |
| 9 | Regis | 10 | 47 | 54 | 55 |  |  | $=166$ | 1:09:47.7 | 17:26.9 | 6:24.1 |
| 10 | Taft | 45 | 48 | 51 | 52 |  |  | $=196$ | 1:10:26.9 | 17:36.7 | 1:49.1 |

Incomplete Teams: Roosevelt, Wilson

| Place | Score | Name | Year | School | Time | Pace mpm |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | 1 | Ani Wedemeyer | 7th | South East | 12:12.9 | 6:06 |
| 2 | 2 | Asta Hildebrand | 7th | North Central | 12:23.6 | 6:12 |
| 3 | 3 | Nina Kuhlman | 7th | South East | 12:46.0 | 6:23 |
| 4 | 4 | Emrie Johnson | 7th | Linn-Mar | 13:00.7 | 6:30 |
| 5 | 5 | Jenna Noel | 7th | North Central | 13:12.9 | 6:36 |
| 6 | 6 | Tina Hong | 7th | Iowa City Northwest | 13:18.3 | 6:39 |
| 7 | 7 | Gabby Mauren | 7th | Linn-Mar | 13:28.4 | 6:44 |
| 8 | 8 | Tommy Simmons | 7th | South East | 13:31.1 | 6:46 |
| 9 | 9 | Jasmijn Van Druten | 7th | Linn-Mar | 13:36.6 | 6:48 |
| 10 | 10 | Braylen Conlon | 7th | Regis | 13:38.8 | 6:49 |
| 11 | 11 | Josie Leclair | 7th | South East | 13:43.0 | 6:52 |
| 12 | 12 | Lilly Vogel | 7th | Harding | 13:45.2 | 6:53 |
| 13 | 13 | Lindsey McCane | 7th | Iowa City Northwest | 13:48.4 | 6:54 |
| 14 | 14 | Sophia Olivo | 7th | Iowa City Northwest | 13:50.0 | 6:55 |
| 15 | 15 | Sophie Stilwell | 7th | McKinley | 13:50.7 | 6:55 |
| 16 | 16 | Isabelle Miller | 7th | Harding | 13:51.1 | 6:56 |
| 17 | 17 | Abbie Childister | 7th | North Central | 14:00.4 | 7:00 |
| 18 | 18 | Aubrey Meyer | 7th | North Central | 14:02.4 | 7:01 |
| 19 | 19 | Evelyn Asay | 7th | Iowa City Northwest | 14:06.7 | 7:03 |
| 20 | 20 | Averie Bilskemper | 7th | North Central | 14:11.8 | 7:06 |
| 21 | 21 | Alaina Denny | 7th | Harding | 14:14.4 | 7:07 |
| 22 | 22 | Brooke Fethke | 7th | South East | 14:15.1 | 7:08 |
| 23 | 23 | Sarah Martin-Trainor | 7th | Harding | 14:21.8 | 7: 11 |
| 24 | 24 | Avery Riehl | 7th | North Central | 14:21.9 | 7: 11 |
| 25 |  | Sophia Bride | 7th | North Central | 14:22.5 | 7:11 |
| 26 | 25 | Sabrina Du | 7th | Iowa City Northwest | 14:24.3 | 7:12 |
| 27 | 26 | Esther Park | 7th | Iowa City Northwest | 14:33.4 | 7:17 |
| 28 | 27 | Katie Christenson | 7th | Linn-Mar | 14:40.2 | 7:20 |
| 29 | 28 | Elim Michael | 7th | South East | 14:41.3 | 7: 21 |
| 30 |  | Lauren Stasch | 7th | South East | 14:44.3 | 7: 22 |
| 31 |  | Aaliyah Wilson | 7th | North Central | 14:45.6 | 7:23 |
| 32 |  | Nicole Peterson | 7th | South East | 14:45.9 | 7:23 |
| 33 | 29 | Elly Hoffman | 7th | Linn-Mar | 14:49.4 | 7:25 |
| 34 |  | Greta Hayek | 7th | South East | 14:51.1 | 7:26 |
| 35 |  | Hattie Conover | 7th | South East | 14:52.1 | 7:26 |
| 36 | 30 | Chelsea Clark | 7th | Linn-Mar | 14:53.1 | 7:27 |
| 37 | 31 | Chloe Armon | 7th | Franklin | 14:53.5 | 7:27 |
| 38 |  | Gigi Wright | 7th | Linn-Mar | 14:54.0 | 7:27 |
| 39 | 32 | Willa Bowman | 7th | Franklin | 15:00.9 | 7:30 |
| 40 |  | Sidney Tranel | 7th | Iowa City Northwest | 15:07.6 | 7:34 |
| 41 |  | Tova Beech | 7th | Linn-Mar | 15:17.3 | 7:39 |
| 42 |  | Josephine Bozarth | 7th | South East | 15:17.8 | 7:39 |
| 43 |  | Kaelyn Rickels | 7th | North Central | 15:18.2 | 7:39 |
| 44 |  | Molly Newton | 7th | Linn-Mar | 15:21.6 | 7:41 |
| 45 | 33 | Frannie Stilwell | 7th | McKinley | 15:23.0 | 7:42 |
| 46 | 34 | Selia Stein | 7th | McKinley | 15:24.0 | 7:42 |
| 47 | 35 | Olivia Houlihan | 7th | Cedar Rapids Prairie | 15:24.4 | 7:42 |
| 48 | 36 | Alex Cherry | 7th | McKinley | 15:24.8 | 7:42 |
| 49 |  | Nina Peterson | 7th | South East | 15:26.3 | 7:43 |
| 50 |  | Maya Hoffman | 7th | South East | 15:27.6 | 7:44 |
| 51 | 37 | Camryn Meyer | 7th | Harding | 15:28.2 | 7:44 |
| 52 |  | Avari Hofer | 7th | Linn-Mar | 15:33.0 | 7:46 |
| 53 |  | Adora Spoor | 7 th | Linn-Mar | 15:33.5 | 7:47 |
| 54 |  | Clara Welch | 7th | North Central | 15:36.4 | 7:48 |
| 55 | 38 | Mikayla Morris | 7th | Harding | 15:39.4 | 7:50 |
| 56 |  | Ingrid Smith | 8th | South East | 15:41.4 | 7:51 |
| 57 |  | Alaini Adams | 7th | North Central | 15:42.6 | 7:51 |
| 58 |  | Libby Richard | 7th | Linn-Mar | 15:43.6 | 7:52 |
| 59 |  | Noe Richman | 7th | South East | 15:47.1 | 7:54 |
| 60 |  | Joanne Galluzzo | 7th | South East | 15:51.0 | 7:56 |
| 61 |  | Naomi Greiner | 7th | Iowa City Northwest | 15:55.6 | 7:58 |
| 62 | 39 | Grace Cruse | 7th | Franklin | 15:55.9 | 7:58 |
| 63 |  | Olivia Lehman | 7th | South East | 16:00.6 | 8:00 |
| 64 |  | Addison Brooks | 7th | Linn-Mar | 16:03.4 | 8:02 |


| Place | Score | Name | Year | School | Time | Pace mpm |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 65 |  | Kiki Blockhus | 7th | Harding | 16:05.1 | 8:03 |
| 66 |  | Audrey Finley | 7th | Linn-Mar | 16:05.4 | 8:03 |
| 67 |  | Kathryn Lee | 7th | Iowa City Northwest | 16:06.8 | 8:03 |
| 68 |  | Olivia Kirk | 7th | Iowa City Northwest | 16:16.0 | 8:08 |
| 69 |  | Brooke Chandler | 7th | Iowa City Northwest | 16:16.8 | 8:08 |
| 70 | 40 | Brianna Bistricky | 7th | Cedar Rapids Prairie | 16:18.4 | 8:09 |
| 71 | 41 | Allie Clark | 7th | Cedar Rapids Prairie | 16:21.3 | 8:11 |
| 72 |  | Lizeth Esquada | 7th | Wilson | 16:21.5 | 8:11 |
| 73 | 42 | Devin Smeby | 7th | McKinley | 16:22.2 | 8:11 |
| 74 | 43 | Emma Butcher | 7th | McKinley | 16:23.4 | 8:12 |
| 75 |  | Tia Rahmatalla | 7th | Iowa City Northwest | 16:24.0 | 8:12 |
| 76 |  | Neema Ash | 7th | Iowa City Northwest | 16:28.3 | 8:14 |
| 77 |  | Thursday Peterson | 7th | Wilson | 16:29.6 | 8:15 |
| 78 |  | Katherine Dupuich | 7th | Iowa City Northwest | 16:31.3 | 8:16 |
| 79 | 44 | Heidi Sankot | 7th | Cedar Rapids Prairie | 16:38.2 | 8:19 |
| 80 |  | Eleanor Decker | 7th | South East | 16:42.9 | 8:21 |
| 81 | 45 | Brie Meyer | 7th | Taft | 16:43.0 | 8:22 |
| 82 | 46 | Sarah Sanders | 7th | Cedar Rapids Prairie | 16:43.9 | 8:22 |
| 83 | 47 | Emma Tichy | 7th | Regis | 16:48.8 | 8:24 |
| 84 |  | Abby Guo | 7th | Iowa City Northwest | 16:53.0 | 8:26 |
| 85 | 48 | Melody Green | 7th | Taft | 16:57.2 | 8:29 |
| 86 |  | Madisyn Zachar | 7th | North Central | 17:05.3 | 8:33 |
| 87 |  | Margarita Woodward | 7th | North Central | 17:13.8 | 8:37 |
| 88 |  | Elaina McDonald | 7th | North Central | 17:16.4 | 8:38 |
| 89 | 49 | Vivian Tarvestad | 7th | Franklin | 17:20.3 | 8:40 |
| 90 | 50 | Lily Gearheart | 7th | Cedar Rapids Prairie | 17:35.0 | 8:48 |
| 91 |  | Genesis Reyes | 7th | North Central | 17:44.6 | 8:52 |
| 92 |  | Naomi Henley | 7th | South East | 17:58.5 | 8:59 |
| 93 |  | Sydney Gallaway | 7th | Linn-Mar | 18:00.2 | 9:00 |
| 94 |  | Kate Meis | 7th | South East | 18:03.5 | 9:02 |
| 95 |  | Avery Sanderson | 7 th | Cedar Rapids Prairie | 18:09.5 | 9:05 |
| 96 | 51 | Gabby Butler | 7th | Taft | 18:14.6 | 9:07 |
| 97 | 52 | Jenna Steenblock | 7th | Taft | 18:32.1 | 9:16 |
| 98 |  | Sadie Frisvold | 7th | Iowa City Northwest | 19:00.1 | 9:30 |
| 99 |  | Jinann Abudagga | 7th | Iowa City Northwest | 19:00.1 | 9:30 |
| 100 |  | Allyson Berger | 7th | Harding | 19:00.3 | 9:30 |
| 101 |  | Sydney Beckett | 7th | North Central | 19:01.0 | 9:31 |
| 102 |  | Rachel Samuel | 7th | North Central | 19:01.5 | 9:31 |
| 103 | 53 | Abby Wilcox | 7th | Franklin | 19:05.5 | 9:33 |
| 104 |  | Charli Carfrae | 7th | McKinley | 19:11.0 | 9:35 |
| 105 |  | Madalyn Davis | 7th | Roosevelt | 19:15.5 | 9:38 |
| 106 | 54 | Kendall Oberfoell | 7th | Regis | 19:17.1 | 9:39 |
| 107 |  | Miriam Blake | 7th | Iowa City Northwest | 19:18.0 | 9:39 |
| 108 |  | Kalli Titus | 7th | Iowa City Northwest | 19:20.2 | 9:40 |
| 109 |  | Evie Bovenmeyer | 7th | South East | 19:22.1 | 9:41 |
| 110 |  | Jeanica Mbuyi | 7th | South East | 19:22.6 | 9:41 |
| 111 | 55 | Sophie Mittelstadt | 8th | Regis | 20:02.9 | 10:01 |
| 112 |  | Brianna Hageman | 7th | McKinley | 20:03.2 | 10:02 |
| 113 |  | Abby Calderon | 7th | Wilson | 20:20.1 | 10:10 |
| 114 |  | Max Pech | 7th | Iowa City Northwest | 20:23.0 | 10:12 |
| 115 |  | Tess Robinson | 7th | McKinley | 20:26.4 | 10:13 |
| 116 |  | Natalie Steva | 7th | Iowa City Northwest | 20:57.4 | 10:29 |
| 117 |  | Alana Hill-Baker | 7th | Harding | 21:37.1 | 10:49 |
| 118 |  | Claire Hartwig | 7th | South East | 21:39.8 | 10:50 |
| 119 | 56 | Catherine Drapeaux | 7th | Franklin | 24:41.1 | 12:21 |


Place Name Time mpm $\quad$ Place Name $\quad$ Time
113 Abby Calderon, 7th 20:20.1 10:10

