



PARK'S TAE KWON DO www.parkstaekwondo.com **CLASS SCHEDULE**

The students must wear a MASK when entering the Dojang.

EFFECTIVE
January 2 ~
March 13, 2021

217 E. Park Ave. Long Beach, TEL: (516) 432 - 6006

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3:30 – 4:00 PRIVATE LESSON	3:30 – 4:00 PRIVATE LESSON	3:30 – 4:00	3:30 – 4:00 PRIVATE LESSON	3:30 – 4:00	9:00 – 9:30 PRIVATE LESSON
4:15 – 4:45 Blue Belt & Under ONLINE CLASS	4:15 – 4:45 Purple to Red/Black ONLINE CLASS	4:15 – 4:45 Blue Belt & Under ONLINE CLASS	4:15 – 4:45 Purple to Red/Black ONLINE CLASS	4:15 – 4:45 Jr. Black Belt Only ONLINE CLASS	10:00am ~ 10:30am INSTRUCTORS TRAINING
5:00 – 5:30 Jr. Black & Black Belt ONLINE CLASS	5:00 – 5:30 LITTLE TIGER 4 ~ 5 Years Old	5:00 – 5:30 Black Belt Only ONLINE CLASS	5:00 – 5:30 LITTLE TIGER 4 ~ 5 Years Old	5:00 – 5:30 CHILD Jr. Black Belt	10:45 ~ 11:15 CHILD All Belt
5:45 – 6:15 CHILD White to Blue Belt	5:45 – 6:15 CHILD Orange to Brown Belt	5:45 – 6:15 CHILD White to Yellow Belt	5:45 – 6:15 CHILD Orange to Brown Belt	5:45 – 6:15	11:30 ~ 12:00 TEEN / ADULT All Belt
6:30 – 7:00 1 ST Dan Only BLACK BELT	6:30 – 7:00 CHILD Red/Black & Jr. Black	6:30 – 7:00 1 ST Dan Only BLACK BELT	6:30 – 7:00 CHILD Red/Black & Jr. Black	6:30 – 7:00 CHILD White to Yellow Belt	12:30 ~ 1:00 PRIVATE CLASS
7:15 – 8:00 TEEN / ADULT All Belt	7:15 – 8:00 CHILD BLACK BELT	7:15 – 8:00 TEEN / ADULT All Belt	7:15 – 8:00 CHILD BLACK BELT	7:15 – 8:00 TEEN / ADULT All Belt	

This schedule was prepared with your best interest in mind.

1. Students will attend class with Mask, Socks and Belt.
2. Students must be here at least 5 minutes before class.
3. Students must take out their attendance cards before entering class.
4. Students must ask permission to enter class if they are late.



Sparring - Yellow Belt & Up.
Little Tiger - 4 - 5 Years Old.
Children - 6 - 12 Years Old.
Teen - 13 - 17 Years Old.
Adult - 18 Years Old and Up.