



**JACK MONOVICH
NVHS BOOSTER CLUB FEATURED ATHLETE OF THE WEEK
BOYS TENNIS PROGRAM**

The NVHS Athletic Booster Club is proud to present the featured athlete of this week, tennis player Jack Monovich.

Booster Club Reporter: *I heard you started playing tennis as a kindergartener! Is that true?*

Jack: Yes, it is! But I didn't start playing competitively in tournaments until eighth-grade. During my high school career, I have enjoyed much success, earning a varsity letter and All-Conference/All-Academic Conference honors each year, and, as a junior, placing second in Sectionals and helping the team to an 11th place overall finish at State.

Booster Club Reporter: *What, in your opinion, makes you a winner?*

Jack: To me, a winner is someone that is able to achieve victory through integrity and dedication. I have always kept things in perspective and I use losses as motivation to practice and strive to become better. Fortunately, I have also enjoyed enough successes that I know that there is a true balance of highs and lows. I enjoy putting my skills to the test with tense match play. I think I play better when I know it is a necessity either in critical points or when playing from behind. I try to practice with players who are more skillful than me to raise my game, and enjoy the challenge. I am also adaptable during a match, knowing that different players have different styles.

Booster Club Reporter: *How have your coaches made you better as a player and individual?*

Jack: I learned from coach Bennorth about the importance of teamwork, keeping an open mind and acceptance. When I started at Neuqua, I thought of myself primarily a singles player, reluctant to consider and appreciate playing doubles. I have learned to understand and practice joint-decision making, and most importantly to learn the value of accepting others. One thing Coach Bennorth always says is that it is very important to have good chemistry with your doubles partner. I believe

this is true, because in order to do well, both players have to work as a team to perform, and if both are not treating each other kindly and looking after one another, they will not succeed.

Booster Club Reporter: *Name a huge challenge of playing competitively in a school environment, and how do you cope with it.*

Jack: To maintain good grades while participating in athletics, you must learn to managed time very well and not procrastinate. For me, academics have always been my priority and athletics have been secondary. I have always challenged myself in school with honors and AP courses and have been very fortunate to obtain an excellent education from Neuqua Valley High School. I soon learned the importance of working ahead on days that I did not have as much going on as well as using the many valuable resources that Neuqua has to offer such as the LMC, option period, and the academic resource center. Lastly, I learned the value of getting enough sleep when I could and eating a healthy diet.

Booster Club Reporter: *What do you plan to study in College, and will you keep playing tennis?*

Jack: I am going to DePauw University in Greencastle, Indiana. I will attend as a Management Fellow and Honors Scholar, while planning on studying both economics and actuarial science. I plan to continue playing tennis competitively at DePauw University. I look forward to continuing my athletic career in college, as it has been a big part of my life.

Booster Club Reporter: *Who is your role model?*

Jack: My older brother, Alec, is my role model. He taught me the value of hard work in sports and academics. He was a top student at Neuqua and is now excelling at Grinnell College. Alec learned to be a cross country and track distance runner in high school, growing from just a participant as a freshman to becoming the #3 man on his senior team that went to State. This growth occurred only after logging hundreds of practice miles. I strive to be well rounded and emulate my brother's work ethic.