

The preschool program offers structure in daily routine, but also allows for flexibility accommodate individual needs, children interests and special activities.

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| 7:30 – 8:15 | Free Play |
| 8:15 – 9:15 | Morning Activities/ Snack table (Optional) |
| 9:15 – 9:30 | Tidy up room/ Story time |
| 9:30 – 9:50 | Washroom routine/ Dress in outdoor clothes |
| 9:50 – 10:50 | Outdoor play |
| 10:50 – 11:10 | Go inside/ take of outdoor clothing / Wash hands for lunch |
| 11:10 – 11:50 | lunch time/ Clean up |
| 11:50 – 12:30 | Washroom routine/ individual book time on beds |
| 12:30 – 2:30 | Sleep time |
| 2:30 – 3:00 | Wake up time/ Washroom routine |
| 3:00 – 3:20 | Afternoon snack |
| 3:20 – 3:40 | Afternoon activities/ Clean up |
| 3:40 – 4:15 | Washroom routine/ Dress in outdoor clothes |
| 4:15 – 5:30 | Outdoor play |
| 5:30 – 6:00 | Indoor quite activities/ Home time |