

Canaan Times

FAMILY DEVOTIONS FOR FATHER'S DAY 2015

On this Father's Day, or another time during the month of June, take time in your family for reflecting together about fathers.

- Read about fathers in Scripture. Select one or more of the following Scripture passages and read them together. Name traits you see in the father whose story you have read. Name both good and bad traits. Pray together, giving thanks for these fathers in scripture: Genesis 37:1-11; Joshua 24:14-15; Matthew 2:19-25.
- Think about men who have helped you grow in faith. These may be men in your biological family, in your church family, or in community. Write a note of thanks to one of these men who helped you grow in faith.
- Read together a children's book about fathers. Here are a few that are good: *Daddy All Day Long* by Francesca Rusackas, Priscilla Burris (illustrator); *Daddy Kisses* by Anne Gutman, Georg Hallensleben (illustrator); *The Very Best Daddy of All* by Marion Dane Bauer, Leslie Wu (illustrator); *Guess How Much I Love You* by Sam McBratney, Anita Jeram (illustrator).
- Make a coupon book for your father or someone who is like a father for you. Include such coupons as these: "This coupon entitles you to me laughing at every joke you tell today"; "This coupon entitles you to an uninterrupted nap"; This coupon entitles you to your favorite dessert."
- Trace your family's history. Talk about grandparents and great-grandparents. If there are those in your family who have family names, talk about those who were named these names and why they have been passed on to those in another generation.
- Watch a movie about a father's relationship with his children. Some to consider are: *The Pursuit of Happyness*; *The Incredibles*; *Liar, Liar*; *Father of the Bride*; *Parenthood*; *The Lion King*; *Parent Trap*; *Mrs. Doubtfire*; *Up!* (*This is not a biological father-son relationship, but it shows a relationship between a child and an adult that grows and becomes a father-son relationship*). Talk together about what you see in the movie that shows how fathers can care for those in their families in good ways.
- Pray for the fathers in your family. Ask everyone in the family to place their hands on the head of any fathers in the family and pray for God to bless each one.
- Learn about an organization in your community where men can volunteer to be a mentor to young people. One such organization is Big Brothers Big Sisters. Find a way you as a family can do something to help the organization you discover.

Use the following prayer together on Father's Day or another day in June:

Dear God:

We are all in need of care. We thank you for the care you give to each of us, and we ask that (*your father's name*) feel your care this day.

We are grateful for this man, who in so many ways helps us grow and cares for us.

We thank you for these things about him today: (*family members list those things they love and their father*).

Bless our family. Help us show more patience than impatience; more laughter than anger; more understanding than disregard; more care than indifference. Amen.

MaryJane Pierce Norton is Associate General Secretary for Leadership Resources at Discipleship Ministries.

INSIDE THIS ISSUE

Birthdays and Anniversaries....	2
Blake's Financial Corner.....	3
Father's Day.....	4
Too Blessed.....	6





MAY BIRTHDAYS AND ANNIVERSARIES

Birthdays:

- Arbriana Edwards—1
- Beulah Robinson—1
- Isabella Dos Santos—2
- Pamela Williams—4
- Miguila N. Ross—8
- Terry Mitchell—9
- Paige Barnes—10
- Tawanna Barnes—12
- Paige Roper—13
- Lorraine Ford White—14
- LeaAndre Roberts—14
- Daisy B. Limehouse—15
- Shaquille Bellinger—15
- Alicia Fogel—16

- Yolanda Powell—16
- Dy’Nasti Lewis—16
- Andrea Campbell—21
- Kobi Noel—22
- Olivia Fogel—25
- Chrysta Wilson—28
- Vanessa Singleton Santos—29
- James Canteen—31
- Carvin Nkanata

Anniversaries:

- James and Gail Canteen—26
- Travis and DaNine Fleming—30

Jeremiah 29:11 “For I know the plans I have for you, declares the Lord, plans for welfare and not for evil, to give you a future and a hope. Then you will call upon me and come and pray to me, and I will hear you. You will seek me and find me, when you seek me with all your heart.”

DON'T QUIT

"When things go wrong,
As they sometimes will,
When the road seems all uphill,
When funds are low
And the debts are high,
And you want to smile.
But you have to sigh,
When care is pressing you down a
bit,
Rest if you must but don't you quit.
Life is queer with its twists and
turns,
As every one of us sometimes
learns,
And many a failure turns about,
When you might have won
Had you stuck it out,
Don't give up,
Although the pace seems slow,
You may succeed with another
blow.
Success is failure turned inside out,
The silver tint of the clouds of
doubt,
You never can tell how close you
are,
It may be near when it seems so
far,
So stick to the fight,
When you're hardest hit,
When things seem worst,
You must not quit."

JUNE BIRTHDAYS AND ANNIVERSARIES

Birthdays:

- Tom White—1
- Shumain Singleton—2
- LaQuetta Glover-Washington—2
- Franklin Fogel—4
- Robbie Ancrum—5
- Sydnei Fleming—6
- Micayla Glover—6
- Vernell Evans—6
- Earl Michael Simmons—11
- Tynashia Pinckney—13
- Terrance Hall—13
- Darius Angeno Simmons—15
- Jamaree Snipes—17
- LaTisha Thompson Wright—21

- Marvin Edwards—22
- Pearl Edwards—25
- Stoma McQuiller—27
- Brenda Mack—28
- Anna Jenkins—28
- Segina Canty—30
- Byron Wright
- Brandon Green
- Patrice Edwards
- Terrance Hall

Anniversaries:

- Ricky and Evelyn Blake—26
- Charlie and Lona Bell Myers

BLAKE'S FINANCIAL CORNER

UNDERSTANDING ZOMBIE DEBT

<http://www.finweb.com/loans/understanding-zombie-debt.html#axzz3VJE55a3h>

Zombie debt, also known as a phantom or junk debt, refers to a very old debt that collection agencies have purchased at a very low price in the hope of making money by forcing the borrower to settle the amount. The name is taken from the fact that this type of debt is supposedly long dead because its statute of limitation has already expired or it came as a result of identity theft or mistaken identity. Debts that have been settled in bankruptcy proceedings can also qualify as zombie debts. If you have been called or otherwise contacted by a representative of a collection company about this type of debt, you should neither panic nor give in immediately. There are things that you can do to deal with zombie or junk debts. Here are some tips.

Don't Acknowledge the Zombie Debt

Since such debts are already very old, you probably do not know how you got the debt in the first place. If this is the case, you should tell the collection agency that you are not acknowledging it because you do not know about it. Before you agree to pay the debt or even indicate that you might just have forgotten about it, you should ask the collector to show you proof that you are the one responsible for the debt. Still, if you know that the debt is really yours, you need to settle it.

Know Your Rights

The best way to deal with junk debt collection agents is to know your rights. ***You should know that a collector cannot harass you, threaten to sue you or even call you in the wee hours of the morning just to ask you to pay up.*** If you filed for bankruptcy protection, just show the discharge order to stop the collection company from forcing you to pay.

Seek Debt Validation

Based on the FDCPA (Fair Debt Collection Practices Act), anyone has the right to check the debts being collected by debt collectors. You have at least a month after the debt collector first contacted you to request debt validation from the collecting agency. You should ask for documents showing how much you owed, information from your original creditor on how you secured the debt and the proof that the new collecting agency is indeed allowed to collect payment from you. Send your request through certified mail so that you have proof that you indeed sent a request to the collection agency.

Determine Statute of Limitations of the Zombie Debt

The statute of limitations on a debt is different from one state to another. You have to know the statute of limitations in your state. For all you know, the debt being collected from you is already long expired.

Check Your Credit Report

In order to force you to repay your zombie debt, a collection agency might report the debt to the credit bureaus, which can adversely affect your credit history or rating. In order to prevent this from happening, you should regularly check your credit report and dispute any errors you see with the credit agency or bureau.

****Brain Teaser****

(Your brain needs exercise too. Use it or Lose it!)

Use the clues to change just one letter on each line to go from top word to the bottom word. Do not change the order of the letters.

FLOWN

- _____ to look down
- _____ die in water
- _____ sketched by hand
- _____ down which water runs

BRAIN

***Answer to April's
brain teaser:***

DILL
IDEA
LEVY
LAYS



THE FATHER'S A-B-C'S OF CHILD RAISING

- A. ALWAYS TRUST THEM TO GOD'S CARE.
- B. BRING THEM TO CHURCH.
- C. CHALLENGE THEM TO HIGH GOALS.
- D. DELIGHT IN THEIR ACHIEVEMENTS.
- E. EXALT THE LORD IN THEIR PRESENCE.
- F. FROWN ON EVIL.
- G. GIVE THEM LOVE.
- H. HEAR THEIR PROBLEMS.
- I. IGNORE NOT THEIR CHILDISH FEARS.
- J. JOYFULLY ACCEPT THEIR APOLOGIES.
- K. KEEP THEIR CONFIDENCES
- L. LIVE A GOOD EXAMPLE BEFORE THEM.
- M. MAKE THEM YOUR FRIENDS.
- N. NEVER IGNORE THEIR ENDLESS QUESTIONS.
- O. OPEN YOUR HOME TO THEIR VISITS.
- P. PRAY FOR THEM BY NAME.
- Q. QUICKEN YOUR INTEREST IN THEIR SPIRITUALITY.
- R. REMEMBER THEIR NEEDS.
- S. SHOW THEM THE WAY OF SALVATION.
- T. TEACH THEM TO WORK.
- U. UNDERSTAND THEY ARE STILL YOUNG.
- V. VERIFY YOUR STATEMENTS.
- W. WEAN THEM FROM BAD COMPANY.
- X. EXPECT THEM TO OBEY.
- Y. YEARN FOR GOD'S BEST FOR THEM.
- Z. ZEALOUSLY GUIDE THEM IN BIBLICAL TRUTH.

- AUTHOR UNKNOWN

THE LABEL OF YOUR ACTIONS EDWINA WILLIAMS

Selfishness spawns cruelty
And can be a sign of psychopathy.

When you think you are the one
'Round whom revolves the sun,

Then your inflated sense of worth
Is the devil granting you a curse.

Generosity is a loving word, a sign
of one who cares.
When you deal with others, which
label do you wear?

Read more: <http://www.inspirationalarchive.com/6169/the-label-on-your-actions/#ixzz3cKwtNxHu>

WHAT MAKES A DAD? (POEM)

God took the strength of a mountain,
The majesty of a tree,
The warmth of a summer sun,
The calm of a quiet sea,
The generous soul of nature,
The comforting arm of night,
The wisdom of the ages,
The power of the eagle's flight,
The joy of a morning in spring,
The faith of a mustard seed,
The patience of eternity,
The depth of a family need,
Then God combined these qualities,
When there was nothing more to add,
He knew His masterpiece was complete,
And so, He called it ... Dad

- See more at: <http://www.holidaymetro.com/fathers-day-poems/what-makes-a-dad-fathers-day-poem.shtml#sthash.eoO3fXAL.dpuf>

A SPECIAL PRAYER FOR FATHERS

God, bless all the fathers in the world. Guide them to be good role models and loving to all their children. Help them to be a father like You are. Give them grace and patience to handle situations in a loving way. ~ Amen

See more at: <http://www.holidaymetro.com/fathers-day-prayers/a-special-prayer-for-fathers.shtml#sthash.wiwQklg6.dpuf>

TWELVE WAYS TO IMPACT FATHERLESS CHILDREN

1. Be a mentor to a boy without a father through Big Brother or some other agency
2. Contact your local middle or high school to tutor someone
3. Teach Sunday School
4. Adopt a child or be a foster parent
5. Meet one-on-one weekly, with a boy in your church or neighborhood who doesn't have a father in the home.
6. Become a leader in Boy Scouts or Cub Scouts
7. Coach Little League or some other sport
8. Volunteer to work with needy kids in an inner city ministry
9. Hire a potentially "at risk" kid for yard work or in your business
10. Become active youth leaders in your local church
11. Start a church-based sports league that reaches out to needy kids in the community
12. Lead a Bible study in a juvenile detention center or group home



“Teach Sunday School”

FAITH AND GIVING OF A CHILD

There was a family that was experiencing a small tragedy. One of their two sons had acquired an illness that required a marrow transplant. Of course, the medical personnel had all the family members tested to see who had the proper type of blood. It turned out the older brother of the sick boy was the perfect match. So the father sat the older brother down and told what they needed to do in simplest terms for the young boy. The father told him that his little brother was very very sick and that he needed to show his little brother how much he loved him by having surgery. The doctors need to take a little piece of him and put it in his little brother's body so that he doesn't die. The young boy thought about it for a couple seconds, and then he said he would do it.

So the older brother went through surgery. It was a success, and his little brother was recovering quickly. After the relief and joy passed

over and the family was just sitting around relaxing, the father noticed his older son looking a little down and depressed. He took his son aside and asked him why he wasn't happy- his brother was getting better. His son said that he was very glad that his brother was getting better. So the father asked again, why are you so sad? The boy said, "When is it time for me to die?"

That's when the father realized what the boy actually had on his mind. His older son believed in his heart of hearts that he had to give up his own life so that his little brother who he loved could live.

Read more: <http://www.inspirationalarchive.com/1752/faith-and-giving-of-a-child/#ixzz3cKtX8tY5>



**CANAAN UNITED
METHODIST CHURCH**

We hope this newsletter helps you learn more about us and our witnesses for Christ. We strive to recognize and nurture the Christ within our selves and all those whom we encounter along the way.

Our church is a thriving community of believers of the Word. Canaan UMC has a long tradition of outreach and service to its members and the community. We hope that you will join us on Sunday to experience, for yourself, the fellowship of Christ with us.

TOO BLESSED TO BE STRESSED?

Sometimes the pressures of life seem to overwhelm us and we feel very tense or what we call "stressed out". Stress is the pressures from outside that can make you feel anxious or good inside depending upon the change that occurs. Stress can cause emotional and physical effects that can create positive or negative feelings. Too much stress over a long period of time can make you physically ill, angry, sad, depressed, irritable, and/or forgetful. Having difficulty with concentrating, being afraid, insomnia, feeling tired or wanting to escape are all signs of increased stress. The good news is that stress can be managed by the following: Praying about it, talking about it, eating properly, taking a break, relaxation techniques, being realistic, regular exercise, and avoiding situations that you know are stressful whenever possible. If you still need help, see a doctor.

These things I have spoken unto you, that in me ye might have peace. In the world ye shall have tribulation: but be of good cheer. I have overcome the world. John 16:33

We are troubled on every side, yet not distressed; we are perplexed, but not in despair; Persecuted, but not forsaken; cast down, but not destroyed. 2 Corinthians 4:8-9

Canaan United Methodist Church
171 Highway 61
Ridgeville, SC 29472
Phone: 843-873-8596
E-mail: canaannewsletter@mail.com



www.canaanumcinsc.com

Don't forget to...



LIKE US ON
facebook

