

“How to Grow as an Artist”
Workshop by Mary Jo O’Gara
Sunday, February 9, 2020

Supply List

Paint

Bring the paints that you normally use. I work with the 3 primaries and white - that is, a cool version and warm version of each of the 3 primaries.

Cool Version: Ultramarine Blue, Alizarin Crimson, Cadmium Yellow Light
Warm Version: Cerulean Blue, Cadmium Red Light, Cadmium Yellow Medium
Titanium White

If you want to limit the amount of paint you’re buying for this one-day workshop just buy the cool version and white. I will have some other colors for you to try.

Brushes

Bring the brushes you usually use, and any other painting tools you like, such as a palette knife. I will also bring rollers for you to try.

If you want to buy new brushes, I recommend synthetic rounds and flats, in sizes 8, 10, and 12.

Painting Surfaces

3 or 4 canvases, gessoed boards, or paper, no larger than 16”x20”, or pads of canvas, which work really well, and are less expensive.

Miscellaneous

Palette (I use Freezer Paper as a palette - it works really well)

Paper Towel or rags

Gamsol (if you're working in oil) and cup

Small Sketchbook, no larger than 11"x14"

Pencil or Fine Black Sharpie

Photos of 3 or 4 things you are interested in painting

And a little homework in advance! Think of 3 or four things that you would like to improve upon in your work. Hopefully, we'll come up with ideas and suggestions for you to consider!

If you have any questions, just email me at mjlogara@yahoo.com.

Thanks! Mary Jo