



CRANBROOK FOOD RESOURCES SCHEDULE

Updated July 18, 2020

FOOD BANK: 104 8th Ave. S (426-7664)



SALVATION ARMY: 533 Slater Rd (426-3612)

STREET ANGELS: 46 17 Ave S (420-2756)

ANKORS: 46 17 Ave S (426-3383) *side door M-F: Harm Reduction Supplies, washroom **Ekklesia Millennium:** 217 Industrial Rd F. 250- 517-5800 Hearty Meals

ST. AIDAN ORTHODOX CHURCH: 201 7th Ave S (420-1582) **ST. MARY'S CHURCH:** 39 10th Ave S (426-4266) *Hamper 8-10am 3rd Mon. every month

****SENIORS 65 and older:** *Sally Ann Home Meals Delivery M, W, F. And Dial 2-1-1 or fill in an online form www.bc211.ca to request free help with grocery shopping, meal prep, prescription pick-up or a friendly check-in call during COVID-19 pandemic.*

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY & SUNDAY |
|--|--|--|--|---|---|
| <p><u>TAKEOUT BREAKFAST</u></p> <p>7:30-9:30am @ Orthodox Church</p> <p>10-2pm @ Ankors - Water, coffee, snacks</p> | <p>10-2pm @ Ankors - Water, coffee, snacks</p> | <p><u>TAKEOUT BREAKFAST</u></p> <p>1st & 2nd Wed every month: 7:30-9:30am @ Orthodox Church</p> <p>3rd, 4th & 5th Wed every month: 8:30-10:00am @ Salvation Army</p> <p>10-2pm @ Ankors - Water, coffee, snacks</p> | <p>10-2pm @ Ankors - Water, coffee, snacks</p> | <p><u>TAKEOUT BREAKFAST</u></p> <p>8:30-10am @ Ankors (back garden)</p> |  |
| <p><u>FOOD BANK HAMPER</u></p> <p>Fresh Veg/Frt, Dairy, Meat, non-perishables, bread, Toiletries, Diapers. Emerg Hampers.</p> <p>Phone 9:30am-12:30pm for pickup this afternoon. Every 2 weeks if needed.</p> | | <p><u>FOOD BANK HAMPER</u></p> <p>Fresh Veg/Frt, Dairy, Meat, non-perishables, bread, Toiletries, Diapers. Emerg Hampers.</p> <p>Phone 9:30am-12:30pm for pickup this afternoon. Every 2 weeks if needed.</p> | | <p><u>FOOD BANK HAMPER</u></p> <p>Fresh Veg/Frt, Dairy, Meat, non-perishables, bread, Toiletries, Diapers. Emerg Hampers.</p> <p>Phone 9:30am-12:30pm for pickup this afternoon. Every 2 weeks if needed.</p> | |
| <p><u>TAKEOUT LUNCH</u></p> <p>12 – 1pm @ Salvation Army</p> | | <p><u>TAKEOUT LUNCH</u></p> <p>12 – 1pm @ Salvation Army</p> <p>12-1pm Fresh Food Giveaway – Bring own bag to Salvation Army</p> | |  <p><u>TAKEOUT LUNCH</u></p> <p>12 – 1pm @ Salvation Army</p> <p>12-1pm Fresh Food Giveaway – Bring own bag to Salvation Army</p> | |
| <p><u>TAKE OUT SUPPER</u></p> <p>4-5pm @ Street Angels</p> | <p><u>TAKE OUT SUPPER</u></p> <p>4-5pm @ Street Angels</p> | <p><u>TAKE OUT SUPPER</u></p> <p>2:30pm Salvation Army</p> | <p><u>TAKE OUT SUPPER</u></p> <p>4-5pm @ Street Angels</p> | <p><u>TAKE OUT SUPPER</u></p> <p>4-5pm @ Street Angels</p> | |