

September

2019

ATHENA

Lunch Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 LABOR DAY	3	4	5	6	7
8	9	10	11	12	13	14
15	16 Sloppy joes, pickles, corn cob, green beans, fruit V Sloppy Joes	17 Chicken (Veggie)enchilada pie rice and beans fruit	18 Cheese Pizza V salad fruit	19 Spaghetti & meatballs, veggie meatballs, garlic bread salad & fruit	20 Pulled pork sliders roasted zucchini V BBQ fruit	21
22	23 Turkey meatloaf veggie loaf Mashed potatoes&gravy, peas and fruit	24 Nachos with beef Beans V cheese etc, salad & fruit	25 Pizza polenta casserole salad fruit	26 Chicken and waffles, carrot, celery & Ranch, fruit	27 Hamburgers veggie burgers fixins,, tater tots fruit	28
29	30 Grilled chicken pasta Alfredo roasted broccoli fruit GF V pasta					