



NESA NEWS

Newsletter of Northeast Senior Assistance
Summer 2019

SUMMER IS
ALMOST HERE!



Summer can be a time of fun. But for seniors, the heat and sun can be dangerous if the proper precautions aren't taken. Remember to:

- *Stay Hydrated.
- *Stay in Cool Areas.
- *Make Sure Your Medications won't be affected by High Heat.
- *Stay in Touch - communication ensures the safety of older adults.
- *Wear the right stuff.
- *Protect your Eyes.
- *Know the Risks of Hyperthermia.

big
give



San Antonio's Big Give fundraiser was held on March 28. Our thanks to Franklin Park Alamo Heights for hosting our party and to Bandera Jalisco for providing breakfast tacos...and to all who came out and joined in on the fun. Food, games, and musical entertainment by TJ of Singerface Productions made it all worth while. While we didn't meet our goal of \$7,000, we did raise \$5,533, for which we are very thankful.

We Love our
Volunteers!

Volunteer Appreciation Luncheon

Our annual Volunteer Appreciation Luncheon was held on April 11 and hosted by Los Patios Assisted Living. We enjoyed a lovely meal and a presentation by Sunset Memorial. Our appreciation is ongoing to all of our wonderful, dedicated volunteers!!

NESA Mission: *Reflecting God's Love by providing transportation and other services to enhance the quality of life and independence for seniors.*

Volunteers of the Month

January.....Tracy Post
February.....Tom Mathieu
March.....Judy Ellsworth
April.....Pam Countryman



Coming this Fall:

September - date and location TBD

September 1 - October 31: containers will be in NESA office and partner congregations. Start saving now. We take pennies, nickels, dimes, quarters, bills!!!!



CPR/First Aid

Thanks to Breath of Life for conducting American Heart Assn. CPR/First Aid Training on May 9. Also, thanks to The Forum at Lincoln Heights for hosting the event.

Defensive Driving

Thanks to James Long of AARP Driver Safety for conducting our annual Defensive Driving course on Feb 28 at MacArthur Park Lutheran Church. We offer these events free of charge to NESA volunteers!

Honorariums and Memorial Donations

Dorothy Pakalka in honor of Velma Hinojosa
Clara Hillock in honor of Suzette Price & Carolyn Smith
Doug Blakeley in honor of Velma Hinojosa

Mary Sparks in honor of Stella King
Helen Tafel in honor of Maryjane Gish

Robert Greene in memory of Conrada Greene
Doris Sklencar in memory of Elizabeth Sklencar



Betty Gentle in memory of Tom Woods
Dolly & Floyd Baker in memory of Bud Fulk

"In lieu of flowers, perhaps you can request that donations be made to Northeast Senior Assistance."

NESA Staff:

Pat Ogle, Executive Director
Dianne Lang, Volunteer Coordinator
Nancy Frase, Program Assistant

NESA Contractors:

LaJuana Hill Zaroni, Program Recruiter
Darla Alston, Outreach Nurse
Board Chair: Kathy Beer

