



## My Future MY CHOICE

### THE STATISTICS REPORTED IN THE MEDIA ABOUT TODAY'S YOUTH ARE ALARMING.

- Suicide and homicide are the 2nd and 3rd leading causes of death for young people ages 15 to 24 years old.
- Each year in the U.S., approximately 750,000 women under age 20 get pregnant.
- Teens ages 15 to 24 account for almost half of the 20 million new STD infections each year.
- In 2012, nearly 21% of teens ages 12-19 were considered obese.
- In a 2015 survey of 12th graders, 35.3% reported using alcohol and 23.6% reported using illicit drugs in the past month.

My Future My Choice Inc. (MFMC) was founded to help combat these issues in inner-city communities.

MFMC is a 501(c)(3) non-profit organization that connects youth with caring mentors charged with the mission of exposing teens to a different way of life by educating them in the arts, college planning, financial well-being and social responsibility. Our hope is that after completing the program, our youth will possess an appreciation for a quality education, awareness of social issues, financial knowledge and healthy self-esteem.

### ABOUT OUR PROGRAM

My Future My Choice Inc. is structured based on a team-mentoring format in which several adults work with a group of young people. Each month is organized around a theme that furthers the mission of the organization. The group meets twice each month from September through May. The first session each month is conducted as a group meeting with guest speakers and engaging activities. The second session is an outing relating to the month's theme.

Program activities include:

- Community service
- Cultural programs
- College campus visits
- Physical fitness
- Seminars on topics such as:
  - Drug abuse
  - Teen violence
  - Financial freedom
  - Career counseling
  - Self-esteem

For more information,

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or visit us at [www.myfutureinc.org](http://www.myfutureinc.org).