

# CASE Events Calendar - December 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2 Christmas Dinner SEESA 5:00 PM	3	4 <b>Exercise Program</b> Volleyball 3:45 Aerobic/Stretch 4:45	5	6 <b>Exercise Program</b> Volleyball 3:45 Aerobic/Stretch 4:45	7	8
9	10	11 <b>Exercise Program</b> Volleyball 3:45 Aerobic/Stretch 4:45	12	13 <b>Exercise Program</b> Volleyball 3:45 Aerobic/Stretch 4:45	14	15
16	17	18 <b>Exercise Program</b> Volleyball 3:45 Aerobic/Stretch 4:45	19	20 <b>Exercise Program</b> Volleyball 3:45 Aerobic/Stretch 4:45	21	22
23	24	25 Christmas Day	26 Boxing Day	27 <b>Exercise Program</b> Volleyball 3:45 Aerobic/Stretch 4:45	28	29
30	31 New Years Eve					

# CASE Events Calendar - January 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 <b>New Years Day</b>	2	3 <b>Exercise Program</b> Terwillegar Rec. Ctre Volleyball 3:45 Aerobic/Stretch 4:45	4	5
6	7	8 <b>Exercise Program</b> Terwillegar Rec. Ctre Volleyball 3:45 Aerobic/Stretch 4:45	9	10 <b>Exercise Program</b> <b>3:45-5:30</b> <b>First Night Supper</b> <b>Boston Pizza</b> <b>Calgary Trail</b>	11	12
13	14	15 <b>Exercise Program</b> Terwillegar Rec. Ctre Volleyball 3:45 Aerobic/Stretch 4:45	16	17 <b>Exercise Program</b> Terwillegar Rec. Ctre Volleyball 3:45 Aerobic/Stretch 4:45	18	19
20	21 Board Meeting Bonnie Doone 9 a.m.	22 <b>Exercise Program</b> Terwillegar Rec. Ctre Volleyball 3:45 Aerobic/Stretch 4:45	23 Social Breakfast SEESA 9 am	24 <b>Exercise Program</b> Terwillegar Rec. Ctre Volleyball 3:45 Aerobic/Stretch 4:45	25	26
27	28	29 <b>Exercise Program</b> Terwillegar Rec. Ctre Volleyball 3:45 Aerobic/Stretch 4:45	30	31 <b>Exercise Program</b> Terwillegar Rec. Ctre Volleyball 3:45 Aerobic/Stretch 4:45		