

# SENIOR MOMENTS

Morrow County's Monthly Newsletter

AUGUST

**Seniors on Center**

**41 W. Center St.**

**Mt. Gilead, Ohio 43338**

**419-946-4191**

**Website: [www.seniorsoncenter.org](http://www.seniorsoncenter.org)**

**Center Hours**

**Monday—Friday**

**8:00AM-4:30PM**

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**Don't forget Senior Day at  
the Morrow County Fair  
August 27th**

**Registration starts at  
9:00AM! Randy Velez is our  
entertainment for the day!**

**Hope to see you there!**

## ACTIVITIES TO LOOK FORWARD TO!

### EUCHRE

**THURSDAY, AUGUST 8TH, 15TH, 22ND, & 29TH**

Starting at 11:00AM, join us for a progressive game of euchre. Lunch break will be from 12:00-12:30PM.

### BINGO

**TUESDAY AUGUST 6TH & FRIDAY  
AUGUST 2ND**

Join us from 1-3PM for Bingo. Kingston is now coming in on the first Friday of each month. The first Tuesday of each month will be a White Elephant Bingo.



### MUSIC AND MEAL

**MONDAY, AUGUST 5TH, 12TH, 19TH & 26TH**

Each week, we have a meal with music to follow. This starts at 5:00PM. Please call by Friday before 1:00PM, to reserve your spot. This month, snacks and drinks will be sponsored by Morrow County Health Center

### LUNCH AND LEARN

**FRIDAY, AUGUST 23RD**

Join us for Lunch and Learn with Nutritional Education with OSU. Please RSVP by August 22nd at 1:00PM.

### CRAFT CLUB

**MONDAY, AUGUST 12TH & 19TH**

Come in and join our craft club in doing some prep work for the upcoming projects. Prep time will be from 10:00AM –12:00PM.

### SENIOR CHOIR

**TUESDAY, AUGUST 13TH & FRIDAY  
AUGUST 23RD**

Are you a singer? If so, plan to join our Senior Choir from 3:00-4:00PM.



### LETS TALK ABOUT SEWING WEDNESDAY AUGUST 21ST

Join us at 1:00PM for this new class. The sewing class goal is to create small projects that can be donated through out the community through out the year

### Wii BOWLING

**FRIDAY, AUGUST 16TH**

Come into the center and enjoy friends in a game of Wii Bowling from 12:30-2:00PM

### TRAVEL CLUB

**FRIDAY, AUGUST 9TH**

Do you want to share your ideas of a fun place you have been and would maybe like to visit again? If this is the case, please come in from 3:00-4:00PM and share your ideas with us so we might be able to make that happen.



### BRAIN GAME'S WITH CHRIS

**TUESDAY, AUGUST 20TH**

Come in between 12:00-1:00PM and test your knowledge with your host, Chris Willford. Please call the center and let us know if you are interested in participating in these brain teasers. Hope to see you here for the battle!

### DINNER AND BINGO

**WEDNESDAY AUGUST 7TH**

From 4:30-6:30PM, we will be having dinner with a game of bingo to follow. Please call by 1:00PM on Tuesday and reserve your spot!

### YARN DONATION

We are once again looking for donations of yarn. This time our senior ladies will be making blankets for Hospice to give to their clients.

## ACTIVITIES & TRIPS TO LOOK FORWARD TO!



### **RUMMAGE SALE THURSDAY, AUGUST 1ST AND FRIDAY AUGUST 2ND**

Once again, we will be holding a Rummage Sale on Thursday August 1st, from 9:00AM-3:00PM, and Friday August 2nd, from 9:00AM-Noon. If you have items you would like to donate, please bring them by the center. **PLEASE NO SHOES, BOOKS OR LARGE FURNITURE.** Thank you in advance!



### **PICNIC IN THE PARK TUESDAY, AUGUST 13TH**

It's that time of the year again! Warm weather and beautiful skies, means it's time for picnics! Join us out at the State Park starting at 12:00pm for lunch with music by David Berry and Sheila Stewart to following. Please RSVP by no later than the Friday at 1:00PM. If there is rain or bad weather, the picnics will be moved to the Seniors on Center. So call today and reserve your spot for a fun filled afternoon!

### **FISH, FISH EVERYWHERE! WEDNESDAY AUGUST 14TH**

Do you enjoy fishing? If so, this is the trip for you! We are heading to a private pond to do some fishing. Seating is limited to 10 people so RSVP as soon as possible. This trip leaves Kroger's at 9:00AM and returns at approximately noon, the cost is \$5.00 per person. Poles will be provided but **you must bring** your own seat, and a small cooler with your own drinks and snack.

### **MORROW COUNTY FAIR TUESDAY AUGUST 27TH**

Please join us at the Morrow County Fair for Senior Day! Registration starts at 9:00AM, bingo begins at 10:15, lunch is at 11:30 with entertainment by Randy Velez starts at 12:30. Hope to see you all there.

## TRIPS TO LOOK FORWARD TO!



### **SCIOTO DOWNS**

#### **THURSDAY, AUGUST 8TH & 22ND**

We will be leaving Kroger at 8:45AM, and arrive home around 4:00PM. The cost is \$15.00 for members and \$20.00 for non-members. Come along for a good time!

### **FRANKLIN PARK CONSERVATORY**

#### **TUESDAY, AUGUST 6TH**

Come join us on a trip to the conservatory. We will be leaving Kroger's at 9:00AM. A deli lunch is being provided. Return time will be 4:00PM at Kroger. The price for this trip is \$20.00 for members and \$23.00 for non-members seating is limited, and payment must be made at time of reservation. RSVP by August 2nd.



### **CHRISTMAS OF YESTERYEAR TUESDAY, DECEMBER 3RD**

It's time for another trip to Der Dutchman! This time, it is for a Christmas program. Audience favorite and "Keyboard King," Ron Retzer, along with the rich voices of Jennifer Galownia and Bob Wolfe bring you a heart warming celebration of old-time Christmas favorites and memorable songs of praise. This trip is \$55.00 for members and \$60.00 for non-members. We will be leaving Kroger at 10:00AM and arriving back to Kroger at roughly 3:00PM. Seating is limited, so please stop in and pay your nonrefundable \$10.00 deposit to reserve your spot.

### **FABRIC DONATIONS**

Do you have fabric you are not using or have no use for any longer? If so, we are looking for fabric for the sewing class for projects that will be donated. Once again, if you have any fabric you would be willing to donate we would greatly appreciate it. Thank you in advance!

## VOLUNTEER OF THE MONTH



The Staff of Seniors on Center and all the people she serves, would like to thank Joanne Trainer for her many years of dedication to her community.

For the past 4 years, Joanne has volunteered at the center helping with delivering Meals on Wheels and 8 years helping with the Silver Sneakers program.

Joanne was born on December 21 1953, in Morrow County. Joanne attended school at Mount Gilead. Joanne married her husband Jim in 1975. She has four children and 10 + grandchildren.

Joanne worked as an RN for 12 years with the Morrow County Health Department, 13 years with Whetstone School & Industry and 11 years with APSI.

Joanne also volunteers with Gleaners, Individuals, Dog Pound, Master Gardeners, Ohio State Extension Advisory, Amish Community, Capital Theater, Food Bank, Volunteer in State Lakes Park. In her spare time, Joanne enjoys Cooking Babysitting, Reading, Learning to Knit and Crochet and wants to resume sewing.

We would all like to thank Joann for all of the things she does to serve others.



## IMPORTANT INFORMATION

RAFFLE TO SUPPORT THE SENIORS ON CENTER ACTIVITIES  
DEPARTMENT.

STOP INTO THE CENTER AND GET YOUR RAFFLE TICKETS FOR  
THESE BEAUTIFUL ITEMS.

MADE AND DONATED BY NANCY REED.

TICKETS ARE \$1.00 EACH OR 6 FOR \$5.00



## EVENTS AND IMPORTANT DATES

Monday	Tuesday	Wednesday
<p>5</p> <p><b>8:45-10:00AM</b> SILVER SNEAKERS  <b>5:00PM</b> MEAL, MUSIC BY THE COUNTRY TRAVELERS</p>	<p>6</p> <p><b>9:00AM</b> MARENGO/FULTON SENIORS MEETING AT LEGACY  <b>1:00-3:00PM</b> WHITE ELEPHANT BINGO  <b>9:00AM</b> FRANKLIN PARK CONSERVATORY TRIP LEAVING KROGERS</p>	<p>7</p> <p><b>8:45-10:00AM</b> SILVER SNEAKERS  <b>11:00AM</b> GAMES BREAK FOR LUNCH 12:00-12:30PM  <b>4:30-6:30PM</b> BINGO WITH DINNER</p>
<p>12</p> <p><b>8:45-10:00AM</b> SILVER SNEAKERS  <b>10:00AM-12:00PM</b> CRAFT CLUB PREP  <b>5:00PM</b> MEAL, MUSIC BY THE MONDAY NIGHT RAMBLERS, REFRESHMENTS TO FOLLOW SPONSORED BY WOODSIDE</p>	<p>13</p> <p><b>NOON-2:30PM</b> PICNIC IN THE PARK  <b>NOON</b> CHESTERVILLE SENIORS MEETING AT THE SELOVER LIBRARY  <b>3:00-4:00PM</b> CHOIR</p>	<p>14</p> <p><b>8:45-10:00AM</b> SILVER SNEAKERS    <b>9:00AM</b> FISHING TRIP LEAVING KROGERS</p>
<p>19</p> <p><b>8:45-10:00AM</b> SILVER SNEAKERS  <b>10:00AM-12:00PM</b> CRAFT CLUB PREP  <b>NOON</b> MARENGO/FULTON SENIORS MEETING AT AMERICAN LEGION HALL  <b>5:00PM</b> MEAL, OPEN MIC MUSIC,</p>	<p>20</p> <p><b>12:30PM</b> SPARTA GOOD TIME SENIORS MEET @ HIGHLAND PIZZA  <b>12:00-1:00PM</b> BRAIN GAMES WITH CHRIS  <b>1:00-3:00PM</b> BINGO</p>	<p>21</p> <p><b>8:45-10:00AM</b> SILVER SNEAKERS  <b>11:00AM</b> GAMES BREAK FOR LUNCH 12:00-12:30PM  <b>1:00PM</b> SEWING CLASS</p>
<p>26</p> <p><b>8:45-10:00AM</b> SILVER SNEAKERS  <b>NOON-4:00PM</b> COMMODITIES  <b>5:00PM</b> MEAL, MUSIC BY THE COUNTRY TRAVELERS, REFRESHMENTS TO FOLLOW SPONSORED BY WOODSIDE</p>	<p>27</p> <p><b>CENTER WILL BE CLOSED FOR THE MORROW COUNTY FAIR SENIOR DAY COME JOIN US AT THE FAIRGROUNDS</b></p>	<p>28</p> <p><b>8:45-10:00AM</b> SILVER SNEAKERS  <b>9:00AM-NOON</b> COMMODITIES  <b>11:00AM</b> GAMES BREAK FOR LUNCH 12:00-12:30PM</p>

## EVENTS AND IMPORTANT DATES

Thursday	Friday
<b>1</b> <b>9:00-3:00</b> RUMMAGE SALE	<b>2</b> <b>9:00-12:00</b> RUMMAGE SALE <b>1:00-3:00PM</b> KINGSTON BINGO
<b>8</b> <b>9:00AM</b> SCIOTO DOWNS <b>11:00AM</b> EUCHRE BREAK FOR LUNCH 12:00-12:30PM <b>1:00-3:00PM</b> MARC FOLLIN MEDICARE	<b>9</b> <b>8:45-10:00AM</b> SILVER SNEAKERS <b>2:00-3:00PM</b> TRAVEL CLUB GAMES
<b>15</b> <b>11:00AM</b> EUCHRE BREAK FOR LUNCH 12:00-12:30PM	<b>16</b> <b>8:45-10:00AM</b> SILVER SNEAKERS <b>12:30-2:00PM</b> Wii BOWLING GAMES
<b>22</b> <b>9:00 AM</b> SCIOTO DOWNS <b>11:00AM</b> EUCHRE BREAK FOR LUNCH 12:00-12:30PM	<b>23</b> <b>8:45-10:00AM</b> SILVER SNEAKERS <b>NOON</b> CARDINGTON SENIORS MEET @ SENIORS ON CENTER <b>NOON</b> LUNCH AND LEARN WITH NUTRITION EDUCATION WITH OSU <b>3:00-4:00PM</b> CHOIR GAMES
<b>29</b> <b>11:00AM</b> EUCHRE BREAK FOR LUNCH 12:00-12:30PM	<b>30</b> <b>8:45-10:00AM</b> SILVER SNEAKERS <b>12:30-2:00PM</b> Wii BOWLING GAMES

## Happy Anniversary

Doris & Dan Coldwell

8/29

June & Phil Raney

8/19

Carolyn & Mike Stockdale

8/17



## NEW MEMBER

Becky Kilgour

Sarah Adams

Joanne Hinkle

Barbara Moore



## GIVING BACK TO THE COMMUNITY!

### Hospice of Morrow County

Our give back to the community this quarter (July, August, and September) is going to be to Hospice of Morrow County.

They are in need of the following unopened and unused items.

Lotion	Q-tips	Kleenex	Coloring Books
Candy	Note pads	Trinkets	Yarn
Large Print Crossword Puzzle Books	Cleaning supplies		

The yarn will be used by our senior ladies to make blankets to give to Hospice for their clients.

If you have any of these items that you would like to donate, please bring them by the center and drop them off at the front desk.

Thank you in advance.





### MEDICARE

Marc Follin will be in for Medicare August 8th, 1-3PM to suit your needs at the Seniors on Center

### LEGAL AID

Karen McVay is available (by appointment only) to assist you in any legal questions you may have. Please give her a call and set up your appointment today!  
740-383-2161



### BELTONE

Whitney Neal will be in for your hearing aid needs starting August 22nd from 9:30-10:30. Please call the center at 419-946-4191 or Beltone at 740-389-5566 to set up your appointment.

### HOME DELIVERED MEALS

A hot, well-balanced lunch is available daily to shut-ins living in Morrow County. Weekend and Holiday frozen meals are also available upon request.

### LUNCH AT SENIORS ON CENTER

A hot lunch is served daily from 11:30AM to 12:30PM. Reservations are required at least 24 hours in advance.



### TRANSPORTATION

Handicapped accessible transportation for doctor appointments, beauty shop, grocery shopping, social activities, therapy, etc.. is available. Transportation for medical appointments outside the county can usually be arranged with a 48 hour notice

### CARDINGTON SENIORS

FRIDAY, AUGUST 23RD, AT 12 NOON  
NEED RESERVATION—\$3.00 SUGGESTED  
DONATION

SENIORS ON CENTER,  
41 W. CENTER ST., MT. GILEAD  
MARIE CHRISTIANO 419-751-7579

### CHESTERVILLE SENIORS

TUESDAY, AUGUST 13TH, AT 12 NOON  
SELOVER LIBRARY, 31 STATE ROUTE  
95, CHESTERVILLE  
SUZI LYLE 419-768-3431



### SPARTA GOOD TIMES SENIORS

TUESDAY, AUGUST 20TH, AT 12:30PM  
YOUR OWN COST  
HIGHLAND PIZZA  
6530 STATE ROUTE 229, SPARTA  
DICK SEARS 419-768-2050

### MARENGO/FULTON SENIORS

BREAKFAST AT LEGACY  
TUESDAY AUGUST 6TH, AT 9AM,  
AMERICAN LEGION HALL  
1549 COUNTY RD 26, MARENGO, OH  
MONDAY AUGUST 19TH, AT 12 NOON  
JOYCE TAYLOR 419-253-0727

# MENU (SUBJECT TO CHANGE)

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Veal Patty Bun Corn Chowder Cucumber Salad Three Berry Blend Fruit Milk	2 Ham Mashed Sweet Potatoes Cooked Spinach Fruit Cocktail Roll Milk
5 Turkey Bacon Lettuce & Tomato Bread Peas & Onions Cantaloupe Milk	6 Chicken ala King with Mixed Veggies Yellow Squash Strawberries Biscuit Milk	7 Roast Beef Mashed Potatoes Prince Charles Veggie Blend Pineapple Bread Milk	8 Pulled Chicken Bun Potato Asparagus Soup Carrot Raisin Salad Peaches Milk	9 Spaghetti with Meat Sauce Green Beans Mandarin Oranges Grapes Garlic Bread Milk
12 Hot Dog with Bun Sweet Potatoes Corn Strawberries Milk	13 Chicken Alfredo Broccoli Cooked Carrots Malibu Fruit Mix Milk	14 Meatloaf Mashed Potatoes Green Beans Applesauce Banana Muffin Milk	15 Sliced Turkey Breast Bun Vegetable Soup Potato Salad Fruit Cocktail Milk	16 Egg Omelet Diced Hash Browns Grapes Orange Juice Raisin Bread Milk
19 Turkey Burger Bun Potato Rounds Brussel Sprouts Three Berry Blend Fruit Milk	20 Roast Pork Cooked Spinach Yellow Squash Fruit Cocktail Roll Milk	21 Chipped Beef Asparagus Corn Mandarin Oranges Texas Toast Milk	22 Chicken Patty Bun Broccoli Cheddar Soup Pasta Salad Peaches Milk	23 Pot Roast Mashed Potatoes Cooked Carrots Pears & Blueberries Garlic Breadstick Milk
26 Chicken Breast Scandinavian Veggie Blend Cucumber Salad Strawberries Croissant Milk	27 Taco Meat Lettuce Corn Tortilla Applesauce Milk	28 Ham and Swiss Bun Sweet Potatoes Broccoli Mandarin Oranges Milk	29 Sloppy Joe Bun Chicken Noodle Soup Tossed Salad Pineapple Milk	30 Sliced Turkey Mashed Potatoes Red Cabbage Pears Bread Milk

## HAPPY BIRTHDAY

Harry Allen Sr.

Helen Bosh

Burgess Boyce

Marge Breckner

Bonnie Clarkson

Peggy Dallman

Jackie Diefenbach

Alice Foley

Winnie Foster

John Friend

Avonell Hayhurst

Virginia Hedrick

Phoebe House

Iva Jessing

Olen Kaelber

Verlton Kunze

Debora Lloyd

Fritz Miller

Shirley Morris

Elsie McQuiston

Pat Nesbitt

Wilma Ogle

Jane Reed

Diane Roberts

Dan Rogers

Richard Short

Maria Taylor

Harold (Bud) Tesack

Ruth Thorne

Mary Todd

Robin Wycuff

Happy Birthday!

**This Newsletter is published by:**

Morrow County Services for  
Older Citizens, Inc.  
dba Seniors on Center  
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Mt. Gilead, OH 43338

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**MORROW COUNTY SERVICES FOR OLDER CITIZENS, INC.**

**419.946.4191 \* 419.946.1037 facsimile**

Sponsored by Title III Grant under the Older Americans Act administered through the Ohio Department of Aging and Ohio District 5 Area Agency on Aging, with local funding through levy dollars, United Way and private donations. The Morrow County Multi-Purpose Senior Center and its programs are open to all Morrow County residents 60+ years of age regardless of race, color, ancestry, religion, sex, national origin, or disability.