



# The Lillian

Serving Lillian and surrounding area since 1995

*Where pride, tradition and unity go hand-in-hand*

Volume 24 Number 10

October 1, 2019

Lillian, AL 36549

**Board meeting of the Lillian Action Committee will be held at the Lillian Perdido Bay Library at 2 p.m. on October 21, 2019. The public is invited.**



*A traveling exhibit of postcards like this one of Laurel Avenue in Foley looking west in the early 1910s will be on display at the Lillian Community Club for the month of October. The Historical Streets portion of the Wade Hall Postcard Traveling Exhibits will be open for public viewing 8 to 11 a.m. weekdays. Anyone interested in hearing the lecture portion of the presentation may attend the Optimist Club meeting at 8 a.m. Saturday, Oct. 5.*

## Traveling Postcard Exhibit Coming To Lillian

Ruth Elder, cataloging librarian with Troy University, will be the featured speaker at the Oct. 5 Optimist Club of Perdido Bay meeting as the Historical Streets traveling postcard exhibit comes to Lillian.

The public is invited to hear her speak at the 8 a.m. meeting at the Lillian Community Club.

Area residents are also encouraged to view the exhibit as it will remain on display at the Lillian Community Club for the month of October while the club is open from 8 to 11 a.m. Monday through Friday.

The display will also be viewable during dinners and other LCC events.

Elder is the main researcher, writer and organizer for the Wade Hall Postcard Traveling Exhibits. She has two master's degrees and over

35 years of library experience. She moved to Alabama in 2009 and has enjoyed learning the history of her adopted state.

The Wade Hall Historical Main Street Traveling Postcard Exhibit, created by Troy University Libraries, is made up of panels depicting historical scenes of Alabama.

This exhibit includes postcards of streets in large cities and small towns throughout the state.

The presentation will be an overview of Dr. Wade Hall's collection of over 25,000 vintage postcards as well as the creation of the postcard exhibits and stories of the Alabama represented by these historic cards. The exhibition consists of two parts - the traveling exhibits and the digital exhibit.

Hall was an avid postcard

collector, amassing approximately 25,000 vintage postcards from all over the world during his travels.

The quality and size of his collection is impressive because he built it at a time when good, historical postcards were scarce.

The dates of these postcards range from the early 1900s to the 1960s.

Hall donated his collection to the Troy University Archives on the Troy Campus and it is available for viewing in various forms: online, traveling postcard exhibits and AlabamaMosaic. This website showcases a small sampling of the Wade Hall Postcard Collection featuring streets and historical buildings throughout Alabama. For more information, see the digital exhibit at <https://trojan.troy.edu/library/wadehall/>.

## Lillian Restaurant Fire Classified as Undetermined

**By Janel Smith**

The Alabama State Fire Marshal's Office has closed their investigation into the blaze that destroyed Pirate's Cantina Mexican Grill in Lillian. The fire was called in around 2:20 a.m. Friday, March 15.

The Lillian Volunteer Fire Department responded, with all other local departments providing mutual aid. It is estimated that 19

apparatuses and 55 firefighters were on scene and their Tanker Task Force was put to action.

The blaze continued to smolder and develop hot spots, causing the LVFD to remain on scene around the clock until the morning of Tuesday, March 19.

The report, filed by Deputy State Fire Marshal Jay Brice, shows the cause listed as undetermined. The

report includes a description of the premises and weather conditions at the time of the fire.

The building was described as a large, two-story timber structure with extreme fire damage on all sides, both interior and exterior. The roof had collapsed inward and heavy charring was evident on the remaining timber and structure.

• *Fire, continued on Page 2*

## BBQ & Blues Set For Oct. 19

**By Sandra Z. Dorsett**

The 18th Annual BBQ and Blues will be held Saturday, Oct. 19, at the Episcopal Church of the Advent in Lillian. The dedicated workers from Church of the Advent are proud to once again provide a venue for us to get together as a community, enjoy some good music, great food, pleasant weather and support our local arts and crafts vendors.

The event begins at 9 a.m. and ends at 3 p.m. and is located on County Road 99 one and a half blocks south of the traffic light at US Highway 98.

Thanks to our sponsor, United Bank, and with support from area merchants, we offer a fun-filled day for you and your family.

As a special treat this year, straight from New Orleans, Ted Hefko and the Thousandairs will provide a delightful musical experience. Their music can be found at [tedhefko.net](http://tedhefko.net) or on YouTube.

Tiny's Smokehouse will provide delicious BBQ and sides, Advent's women of the church will have a bake sale and there will also be grilled hot dogs. The men of the church will have beverages available.

Vendors and artists will provide assorted items for you to purchase. Please give them your support by visiting their booths.

Entertainment for children includes a bouncy house and face painting.

Raffle tickets will be available for \$20 with a chance to win \$500, \$300 or \$200.

Our parish hall will be filled with a unique array of items for bid at our silent auction. The auction will end at 2 p.m. and you do not have to be present to win. We accept cash, checks and credit cards.

Profits from this event allow the church to provide grants to local charities and organizations. We appreciate the community support from prior years and look forward to another memorable day.

**Classifieds - Page 23   Community Calendar - Page 10  
Mullet Toss Results - Page 18   Mullet Festival Race Results - Page 22**

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For the second year, the Foley Witches Ride will be held on Oct. 26 to benefit local charities.

# Witches Ride Raises Funds for Local Groups

Society of Black Hats will present the Foley Witches Ride in downtown Foley on Saturday, Oct. 26, at 5 p.m. The ride will conclude with a street after-party featuring food trucks and a live band. The community is invited to gather and watch over 200 witches ride the streets of Foley. This is the second year in a row for this unique and exciting bike parade which benefits two local charities, Family Promise and the backpack feeding program through St. Paul's Episcopal Church. The Society of Black Hats provided over \$3,000 to each organization in 2018. Rider tickets went on sale in July and include an event t-shirt and access to the street after-party. Non-riders can attend by purchasing an after-party only ticket. All participants must be 21 or older. Tickets can be purchased at: [www.bit.ly/FoleyWitchesRide](http://www.bit.ly/FoleyWitchesRide) For more information and updates please visit [www.facebook.com/FoleyWitchesRide](http://www.facebook.com/FoleyWitchesRide)

• *Fire, continued from Page 1*  
Heavy oxidation was also present on metal surfaces throughout the scene as well as heavy smoke and water damage.

According to the report, the investigation began on March 15. Investigators moved from areas of least damage to greater damage with emphasis on identification and analysis of fire and heat patterns. Witness statements were also taken.

The greatest damage appeared in the upper rear and right of the building. This area was used as the computer, video camera and storage room for the business and was located above and to the west of the kitchen. Heavy fire patterns were discovered in the northeast corner of this room and this space sustained severe fire damage to the flooring and burned through to the large coolers located underneath on the first floor.

Evidence showed that no accelerants were detected in the area of origin. A hard drive from a camera was collected but heat and fire damage prevented any information from being extracted.

Additional interior examination showed most of the building was consumed by heavy fire with the ceiling ruined by total structure fire damage. Investigators noticed the least amount of fire damage in the main entrance, which ruled that area out as the origination point. Damage in the hallway area indicated fire and smoke moved into the kitchen, also ruling it out as the site of origin.

The east side of the building was also damaged but the fire pattern on remaining timbers also ruled this out as the starting point. Natural and accidental causes were also

ruled out. Natural causes such as a lightning strike were eliminated based on the weather conditions at the time and fire pattern analysis. Accidental causes were eliminated because no components of an accidental fire were present based on electrical processing and fire pattern analysis.

The exterior examination showed the structure sustained heavy fire, smoke and water damage.

Participating fire investigators were unanimous in their opinion that the fire began in the upper west side storage/computer area on the southwest side of the building.

The report concluded by classifying the fire as undetermined and listing the case as inactive unless further information and/or evidence is obtained.

The building is owned by Timothy Lett. Built by Lett over 18 years with timbers out of Perdido Bay, the building also housed his vast collection of antiques, relics and unusual items. In 2015, he opened Pondera Plantation but the restaurant closed a couple of years later.

The space was being leased by Janice Vargas-Iglesias, who operated the restaurant with Ishmael Iglesias. They had opened in January with a two-year, lease-to-own contract. The couple also runs another Mexican eatery restaurant in Gulf Shores.

Though the fire occurred over six months ago, Lett is still working with his insurance company to reach a settlement.

Once an agreement is reached, he wants to clear the property. From that point, he is undecided. "I would just like to see some closure," he said.

**The Lillian How To Find Us**

[www.lilliancommunityclub.com/the-lillian-newspaper](http://www.lilliancommunityclub.com/the-lillian-newspaper)

Here's an easier way to get there:  
Go to [www.lilliancommunityclub.com](http://www.lilliancommunityclub.com), click on The Lillian newspaper link at the top of the page.

**Online!**

Please bookmark this page!



Open on weekends, a corn maze and other activities will be available for family fun to benefit St. Benedict School. At right, Dayna Broxson with BJ Farms holds a copy of a book written by local author Patricia Maness who will also be on hand for readings.



## Corn Maze to Benefit School

Be prepared! October is going to be a month of family fun at BJ Farms Farmer’s Market. BJ Farms and St. Benedict Catholic School in Elberta have teamed up to provide this special event for the benefit of the school.

The Corn Maze will be open from 10 a.m. to 5 p.m. on Saturdays and Sundays. On Halloween night, Thursday, Oct. 31, and Friday, Nov. 1, the maze will stay open until 10 p.m. Spoiler alert! That’s when the maze will be haunted! Cost is \$10 per person or a family of five can participate for \$40. Children under three are free. There’s even a mini-maze for the little ones.

But that’s not all the folks at BJ’s and St. Benedict PTO are planning. Visit the pumpkin patch, paint your

own pumpkin, shoot a pumpkin cannon, take a wagon ride, visit story times and choose a daily raffle for great prizes. Food and drinks will be available.

Local artists will have their items for sale and local author Patricia Maness will be on hand to read from her newest book, “Jerome Roams from Home.”

St. Benedict School was established in 1921 by the Sisters of St. Benedict.

The tradition continues with a faculty consisting of certified teachers, resource teachers and a licensed counselor. Music, art and Spanish teachers complete the highly qualified, caring, professional staff of Saint Benedict Catholic School.

## Donations, Volunteers Needed for Christmas in the Park

Everyone is invited to the Lillian Recreational Park’s first Christmas in the Park celebration this year but park volunteers are also putting out the call for assistance.

The vision is to transform the park into a winter wonderland for a community lighting at 6 p.m. on Saturday, Dec. 7. Santa will be attending and available for photos and there will be carolers, hot chocolate and fun for everyone.

Park volunteers are seeking donations from the community for a variety of items including holiday lights, strings of lights in any color, Christmas displays, inflatables, outdoor light projectors, large wreaths, ornaments, holiday costumes, artificial trees, extension cords and generators to supply

power.

Donations are requested by Nov. 1 so organizers can check the items and complete plans for the overall display. Anyone with items they are willing to donate is asked to call the park at 251-962-2129 to arrange a drop off or send an email to [christmasinthepark@LillianRecreationalPark.org](mailto:christmasinthepark@LillianRecreationalPark.org).

Items may also be brought to the monthly Market in the Park. The next market will be Oct. 19 from 8 a.m. to noon.

Transforming the park with a community Christmas tree, luminaries, light displays and decorations will also take a lot of volunteers.

Volunteers will be needed to help build displays, place lights around the park, organize



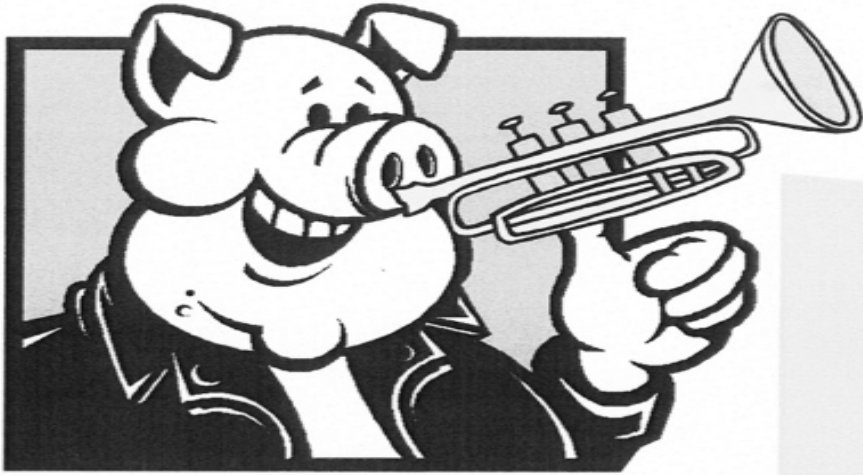
portions of the event and help during the event.

If you would like to help in any way, current park volunteers would love to hear from you.

Please call Lucy Smith at the number above, send a note to the email address listed or leave a message on the park’s Facebook page.

## Episcopal Church of the Advent

County Rd 99, One Block South of US 98, Lillian, AL



## 18th Annual BBQ & Blues

Saturday, October 19, 2019

10:00am to 3:00pm

ADMISSION IS FREE!

Arts and Crafts

Kids’ Activities

Silent Auction

Good Food

\$1,000 Raffle

Great Music

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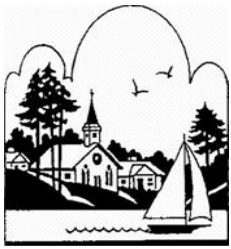
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# The Lillian

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### ADVERTISING INFORMATION

The Lillian newspaper is a monthly paper. Advertisements may be dropped off at the Lillian Perdido Bay Library, mailed to The Lillian, P.O. Box 1088, Lillian, Alabama 36549 or email [lillianeditor@yahoo.com](mailto:lillianeditor@yahoo.com).

Advertisement inquiries can be directed to Julie McManus at 703-217-2874 (cell). Office hours are 9 a.m. to 5 p.m.

Available sizes for advertisements are:

- ~ Full page: 9.5" wide x 15" tall
- ~ Half page: 9.5" wide x 7.75" tall
- ~ 1/4 page: 4.75" wide x 7.75" tall
- ~ 1/8 page: 4.75" wide x 3.75" tall
- ~ #2: 4" wide x 6" tall
- ~ #3: 3" wide x 3.5" tall
- ~ Business card: 3.5" wide x 2" tall
- ~ Classified: maximum 35-40 words

The Lillian is not responsible for the factual content of ads or articles submitted to us.

### LETTERS TO THE EDITOR

Letters are welcome but must be signed and include contact information should staff have any questions. No letters will be accepted regarding property owner associations' problems.

### POLICY

Thank you for your articles and letters to the editor, but due to space limitations, some submissions may not be included in this issue. They will be included in a future issue when possible.

The editorial board has the right to deny any articles or ads not suitable for this publication.

### ARTICLE OR OBITUARY INFORMATION

We gladly accept news and information from the community. Please submit by:

- ~ Mail to P.O. Box 1088, Lillian, Alabama 36549
- ~ Fax: 251-961-3529
- ~ Email: [lillianeditor@yahoo.com](mailto:lillianeditor@yahoo.com)
- ~ Drop off at Lillian Perdido Bay Library (in yellow folder)

### DISCLAIMER

The content of articles and letters to the editor do not necessarily reflect the opinion of the editor, the board of directors for The Lillian or the Lillian Action Committee. We are also not responsible for the business practices of our advertisers.

### DEADLINES AND CONTACTS

The deadline for the November issue of *The Lillian* is Oct. 23.

Email [lillianeditor@yahoo.com](mailto:lillianeditor@yahoo.com) for information on articles. Call Julie McManus at 703-217-2874 or email [chewlatta@yahoo.com](mailto:chewlatta@yahoo.com) for advertising information.

### The Lillian Editorial Board

Executive Editor: Sally McKinney

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Rosemary Boccard, Nancy Scott, Gloria Cramp, Jackie Reid

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Vice President: Rosemary Boccard

Secretary: Gloria Cramp

Treasurer: Florence McLendon

Board members: Nancy Scott, Jackie Reid

## Share Your Christmas Spirit and Decorations

Please don't be mad at me. I know some of you don't like to start talking about Christmas this early, but in order to help make this Christmas really special, we really need to talk.

Our great Lillian Recreational Park folks have come up with a very special Christmas event on Saturday, Dec. 7 - the very first Christmas in the Park celebration. There will be a community Christmas tree, luminaries, light displays and other decorations to transform the park into a holiday wonderland.

In order to make this a very special occasion, the park needs your help. Yep, it's time to go into the basement, shed, closet or wherever you store that Christmas stuff that you never used or are never going to use.

The park needs those lighted displays, Christmas blow-ups and the LED light shows that you retired last year or the years before.

We are not going to challenge Bellingrath or Calloway gardens, well, not this year, anyway, but we want to make this first year really special. Santa Claus has agreed to visit and talk with the children and is



## Just a Thought or Two

By Sally  
McKinney

even providing the hot chocolate.

So, gang, it's time to put your actions where your brain is — get into those storage areas and pull out those displays and lights. Then contact the park and they'll make arrangements to pick up the large collections. Or maybe you can drop them off, if you're able.

Contact the park to make arrangements by calling (251) 962-2129 or send an email to [ChristmasInThePark@LillianRecreationalPark.org](mailto:ChristmasInThePark@LillianRecreationalPark.org).

As soon as I finished writing this, I'll be going out to the shed to see what I can find. I know there's an extra LED light show somewhere. (Yep, found it.)

Even if you don't have anything to donate, put the date on your calendar because it's going to be a really great way to kick off the holiday season.

6 p.m. Saturday, Dec. 7  
1st Annual Christmas in the Park

## Win Antique Quilt at BBQ & Blues Raffle

By Dr. Jeffery Lehman

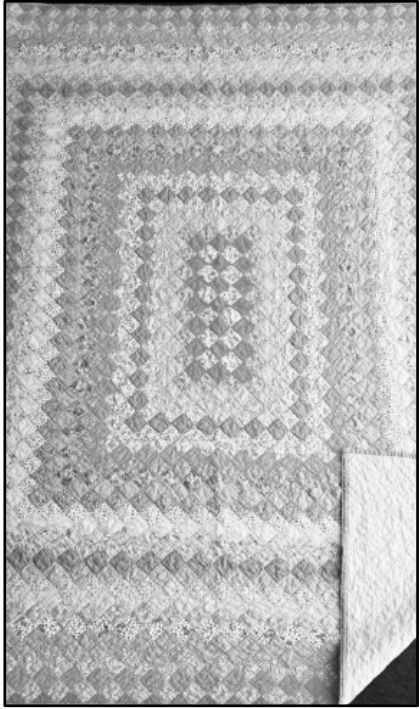
A quilt which was hand-quilted by the mother of current Lillian resident Jean Lehman will be available as part of a raffle at the annual BBQ & Blues event at the Episcopal Church of the Advent on Oct. 19.

It comes out of a collection of quilts spanning over 100 years (1890-1998).

Made of cotton, it is signed and dated 1937 by Jean's mother, Charlotte Darrah Walter, born in 1908 in Sunbury, Penn.

Charlotte was the daughter of Joseph and Sarah Darrah. She was a charter member and organizer of the Northumberland County Historical Society and founded the Genealogical Research Library at the Fort Augusta Historical Site which was named for her after her passing in 1998 at age 89.

She served as a legal secretary, transposing property deeds from



*This mint-condition vintage quilt with vibrant colors will be raffled off at BBQ & Blues Oct. 19. More details about the event are on Page 1.*

1775 through the late 1890s and as a cadet supervisor and recorder during WPA. She maintained the CCC records for Northumberland County during the Great Depression.

## Coastal BirdFest at Alabama State Lands

The 16th Annual John L. Borom Alabama Coastal BirdFest will be held Oct. 2-5. Experience the area's beautiful flora and fauna at the Alabama State Lands in Spanish Fort. Online registration is open for

guided walking and boat tours, workshops, speakers and a free bird and conservation expo.

For more information, go to [www.AlabamaCoastalBirdFest.com](http://www.AlabamaCoastalBirdFest.com) or call 251-990-5004.

## Annual Craft Fair Planned at LCC

Lillian Community Club will be hosting their second annual craft fair from 8 a.m. to 2 p.m. on Saturday, Oct. 5.



# Don't Miss An Issue!



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Dr. Kathy McCool, left, and Brooke Thomas of St. Benedict Catholic School in Elberta have been visiting the six area churches that support their school. McCool is the principal while Thomas serves as director of advancement.

St. Benedict Leaders Focusing on Future

By Sally McKinney

While the students at St. Benedict Catholic School in Elberta are getting used to their new teachers, books and rooms, the teachers are also getting their classrooms organized for the school year.

Brooke Thomas is focusing on the 2019-20 school year and the future as Director of Advancement, formerly called Development. She quotes Frank Donaldson, a specialist in school and parish development, “Development is the meaningful involvement of people in your mission.”

Thomas says she doesn’t want to always ask for money, but wants to get parents and others interested and involved in the advancement of the school. As the school prepares for its 100 year anniversary in 2021, she wants to make sure it is still serving the community another 100 years from now.

Before moving to the Gulf Coast from Texarkana, Ark., she concentrated on non-profit groups, working as Deputy Director of the

Southwest Arkansas Development Council, a community based organization that provides programs for below poverty level citizens. She also was a volunteer at the Arkansas Children’s Home and Ronald McDonald House.

Now she is getting ready for the annual fund promotion and working on a strategic plan, focusing on the next five years. She and St. Benedict Principal Dr. Kathy McCool are visiting the six churches that support the school, Our Lady of the Gulf, Gulf Shores; St. Bartholomew, Elberta; St. John the Evangelist, Magnolia Springs; St. Joseph, Lillian; St. Margaret of Scotland, Foley; and St. Thomas by the Sea, Orange Beach.

This year the school will be a major benefactor from the corn maze at BJ Farms on US Highway 98.

Brooke and her husband Michael have three children, Luke, Amelia and Zachary, all attending St. Benedict. She is actively involved at St. Margaret Church and in her spare time she is a member of the Alabama Rare Diseases Advisory Council.



Lillian American Legion Post 48

By Wayne B. Lavalley, Adjutant

Millions more veterans will be able to shop at military stores on bases with a new benefit taking effect on Jan. 1, 2020. But some veterans are concerned they won’t have access to the store because they don’t have the required Veteran Health Identification Card (VHIC) issued by the department of veteran affairs.

Under a 2018 law, Purple Heart recipients, veterans with service-connected disabilities from 0-90 percent as documented by the Department of Veterans Affairs and certain primary veteran caregivers will be eligible to shop at commissaries and exchanges.

The newly eligible population will also be able to use certain morale, welfare and recreational (MWR) facilities such as golf courses, movie theaters, clubs and certain other programs and facilities that are self-sufficient, generating enough revenue through fees and/or sales to pay their operating costs.

Defense officials are working to enable technology at the front gate to

scan veteran cards so veterans can use those benefits. Commissary officials are working on adjusting their technology to enable systems to read the cards.

The VHIC is the only credential the DOD resale and MWR facilities will accept under the Purple Heart and Disable Veterans Equal Access Act of 2018.

The VHIC is issued only to veterans who are enrolled in the VA health care system. Family members of these eligible veterans and caregivers who aren’t eligible in their own right are not authorized to shop.

Meetings for the Lillian American Legion Post 48 are held the third Monday of every month at 7 p.m. in the Lillian Community Club hall. Join us and become one of the millions of Legionnaires still serving. Many of our members also gather every Wednesday from 9 to 11 a.m. at the American Legion Building 48 next to the LCC, adjacent to the POW/MIA flag. Come and join us for a cup of coffee

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LILLIAN RECREATIONAL PARK

Flea Market



Saturday, October 19

8:00 – 12:00

Lillian Recreational Park ♦ 33914 Widell

Visit the Lillian Recreational Park’s website  
for information or to reserve a booth.  
[www.LillianRecreationalPark.org](http://www.LillianRecreationalPark.org)  
Want more information? Call the Park, 962-2129.



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Sunday Worship 10 a.m.

Rev. Dean Conkel



Are You at Risk for DVT?

Deep vein thrombosis (DVT) occurs when a blood clot forms in one of the deep veins of our body, usually in the lower legs, but sometimes in the thigh, pelvis or arm. The signs and symptoms of a DVT include the following:

- Swelling, usually in one leg, thigh, pelvis or arm,
- Leg pain or tenderness often described as a cramp,
- Reddish or bluish skin discoloration and
- Leg (or arm) warmer to touch than the other leg or arm

These symptoms may feel similar to a pulled muscle or a “charlie horse,” but may differ in that the leg or arm may be swollen, slightly discolored and warmer than the other limb. Contact your physician as soon as you can if you have these symptoms because you may need treatment right away.

It is important to know about DVT, because it can happen to anyone at any age and can cause serious illness, disability and in some cases, death. The good news is that this type of blood clot is preventable and treatable if discovered early.

About half of individuals with DVT have no signs or symptoms at all.

The following tips can help prevent a DVT:

- Move around as soon as possible after having been confined to bed, such as after surgery, illness or injury.
- If you are at risk for a DVT, hospitals frequently make it part of their after surgery protocol to apply compression devices to lower extremities.
- If you are scheduled for a long plane ride, get up and walk around every 2 to 3 hours.
- Exercise your legs while you are sitting by raising and lowering your heels while keeping your toes on the floor or raising and lowering toes while keeping heels on the floor.
- Tightening and releasing your leg muscles.
- Wearing loose-fitting clothes.

BALDWIN COUNTY BLOTTER

- Officers responded to a report of residential burglary at 12:58 a.m. Aug. 26 in the 00 block of Buena Vista Drive, Lillian.
- Assault was reported at 9:25 p.m. Aug. 31 in the 12900 block of Westfield Loop in Lillian.
- Officers responded to an assault report at 3:46 a.m. in the 12200 block of Bayside Oaks Street, Lillian.
- Officers responded to a residential burglary at 1:38 p.m. Sept. 12 in the 12500 block of Wilsey Lane

- in Lillian.
- Officers also responded to a report of residential burglary at 5:29 p.m. Sept. 13 in the 12800 block of 7th St., Lillian.
- Officers responded to a residential burglary call at 1:18 p.m. Sept. 20 in the 600 block of Escambia Loop, Lillian.
- Officers responded to an assault call at 7:14 p.m. Sept. 20 in the 300 block of Buena Vista Drive, Lillian.

ALA-NON FAMILY GROUP OF LILLIAN step study and support for those affected by another's drinking problem. Meetings are held every Tuesday at 7 p.m. at Lillian United Methodist Church, Education Building, 12770 Souther Perdido Street off US Highway 98.



Health Issues  
By Vicki S. Coyle  
RN, BSN, MSN,  
MSEd, MA, Ed.S.,  
CNOR

In addition, you can reduce your risk by maintaining a healthy weight, being physically active and following your physician’s recommendations based on your individual risks. Discussing this with your personal physician, who is aware of your health history, is always wise.

Almost anyone can have a DVT but certain factors can increase the chance including the following:

- Injury to a vein, often caused by fractures, severe muscle injury or major surgery, especially involving the abdomen, pelvis, hip or legs.
- Slow blood flow, often caused by confinement to bed, limited movement such as a cast on a lower extremity or sitting for a long time with crossed legs.
- Increased estrogen, often caused by birth control pills, hormone replacement therapy, and sometimes used after menopause or pregnancy for up to 6 weeks after giving birth.
- Certain chronic illnesses such as heart disease, lung disease, cancer and treatment for inflammatory bowel disease (Crohn’s disease or ulcerative colitis)
- Previous history of a DVT, family history of a DVT, age, obesity, a catheter located in a central vein or inherited clotting disorders.

It is good to remember that a blood clot in a deep vein does not cause a heart attack or stroke. However, a blood clot in an artery, usually in the heart or brain, can cause a heart attack or stroke. This type of blood clot is called an arterial thrombosis. If you have known risk factors for a DVT, you can reduce your risk by maintaining a healthy weight, avoiding a sedentary lifestyle and following your physician’s recommendations. Depending on your specific medical situation, you doctor may place you on medications used to prevent and treat DVT.

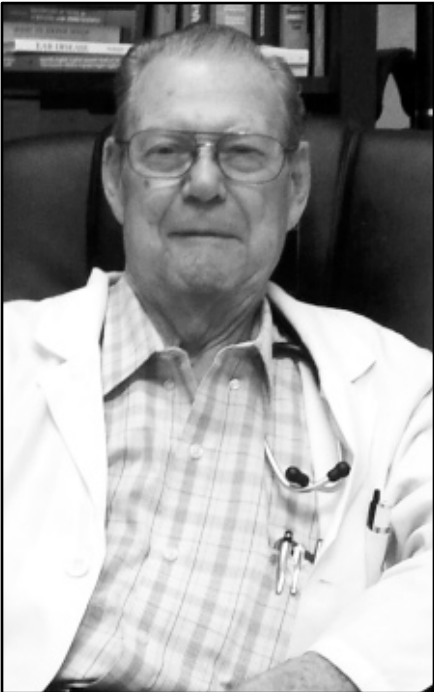
Dr. Coyle Announces Retirement from Lillian Medical Clinic

By Janel Smith

Dr. Radcliffe Coyle has announced his retirement after practicing in Lillian for 20 years. He had been been thinking about retiring in another year or so, but several factors led him to make the decision now. He will be having knee replacement surgery soon and a pending computer software update for patient records and transcribing was cost-prohibitive for just one more year of providing services. Dr. Coyle hopes to sell the practice but in the meantime, patients are encouraged to come in to Lillian Medical Clinic for copies of their medical records or to request their files be transferred to another physician. At this time, Dr. Coyle is taking patients on a cash-only basis through October. Current patients will be sent notifications about their records, with instructions about getting their information once the office is closed.

Patient files will be kept with a medical records firm, and can be accessed for the next five years. As for future plans, Dr. Coyle said he may volunteer his time with a clinic in Foley where he can put his Spanish speaking skills into use. A newspaper article hanging in the waiting room shares some of his background. Born in Glendale, Calif., Coyle spent a lot of time in Mexico as a child due to his father's job. He graduated from the University of Guadalajara, and completed post-graduate work in Texas. He was interning at Scott White Memorial Hospital in Texas when he enlisted in the Navy. He continued his studies and was based at Pensacola Naval Air Station, treating pilots and later serving as a senior medical officer on aircraft carriers. Coyle assisted in bringing several groups of prisoners of war back from Vietnam. One of his patients was the late U.S. Senator John McCain. Some

time later, Coyle was senior flight surgeon at Point Magoos Naval Station in southern California and was Ronald Reagan's physician when the former president was at his ranch. When he and his wife, Vicki, retired from the Navy, the couple chose to live in southern Baldwin County, building a home in Lillian. Deciding that retirement wasn't for them, they both returned to work in the medical field. Dr. Coyle opened Lillian Convenient Care (now known as Lillian Medical Clinic) in 1999 while Vicki, a former Navy nurse, worked in Foley for South Baldwin Regional Medical Center. She currently teaches nursing at Pensacola State College.



Dr. Radcliffe Coyle

Talkin’ Trash

Stepping out of my car, I observed an adorable couple strolling hand-in-hand into the dollar store. Grandma was wearing a billowing floral housedress with an oversized purse hanging off her shoulder. She held the hand of a cute little girl who sported her hair in tight braids, dressed in a pink and white polk-a-dot dress, pink socks and white shoes. I watched grandma snag a shopping buggy and I chuckled as her granddaughter quickly stepped onto the bottom rung, grabbed hold of the side of the cart and rode while grandma meandered down the aisle. Throughout the store I could hear grandma’s voice greeting neighbors, friends and people from the local church. Grandma proudly introduced everyone to her granddaughter, stating she just picked up the little one from her new preschool. Each person made a big fuss over how cute her grandbaby is, asking about her teacher and if she was making new friends. For me, it was just plain entertaining to eavesdrop. It made me smile at the sweetness of it all. The few times I passed them in the aisle, I noticed the little darling was still happily hanging on the side of the cart, pretty as you please. Nevertheless, on my way up to the checkout stand I heard the child



**Spilling Coffee with Pam**

By Pamela Vanden Bos

clearly say, “That lady almost hit me with her fricking cart.” Grandma’s voice quickly fired back. “What did you say?” Mischievously I peek around the corner just in time to see the child point at a woman, and heard the little one yell louder, like grandma has a hearing problem. “That fat lady almost hit me with her fricking cart.” “Young lady,” grandma said with her hands on her hips, clearly enunciating each word as she scolds the child in a stage whisper. “That is not how you were taught to talk. Do you learn this type of talk at preschool? Your momma doesn’t talk like that, nor do I. I don’t ever want to hear you say that again. Missy, do you understand me?” The store had gone so quiet you could hear a pin drop. No doubt, grandma was praying that her neighbors, friends and the people from church absolutely understood that this kind of crass slang was not acceptable in her house. “Well,” we heard the little indignant voice huff. “She better not hit me with her damn cart!”

Bayside Baptist Hosting Homecoming

Bayside Baptist Church will be holding a homecoming celebration at the church on Sunday, Oct. 20, beginning at 10:30 a.m. Special speakers as well as

special music will be featured. Bayside Baptist began in 2010 and is located at 33677 U.S Hwy 98 in Lillian. For more information, call 251-256-0266

**RECYCLING DROP-OFF IN LILLIAN**

A recycling trailer has been placed at the Lillian Volunteer Fire Station at 11331 County Rd. 91. Sections are for plastics, aluminum cans and cardboard/newspaper ONLY.

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## Change in Leadership for LVFD

The Lillian Volunteer Fire Department responded to 75 calls dispatched by the 911 operators in August including 36 medical assistance, 17 public assists, 5 motor vehicle accidents, 1 brush fire, 1 structure fire, 8 fire alarms, 6 miscellaneous and 1 water rescue. If you are interested in becoming a volunteer give us a call at 962-2696 and leave a message. We will return your call.

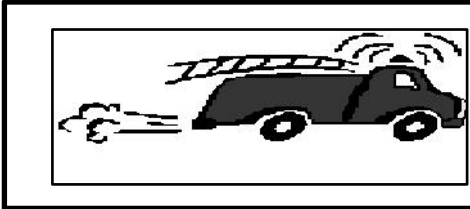
It's with a heavy heart I am writing this article. LVFD is unhappy to announce that our Chief Jim Ellis and Captain Laura Ellis are both hanging up their turnout gear and turning in their medical bags.

After 13 years with LVFD, they have decided it's time to move

on and retire from the department. It is a sad time for all in the department to lose two great leaders.

LVFD success over the last couple of years is not only due to the great work of the volunteer firefighters, but mainly to the leadership of our chief, assistant chief, captains and lieutenants.

Without their influence and direction, the department wouldn't be as successful as we are today. It is hard enough to keep employees motivated and engaged when they are getting paid, so you can imagine what work



### Lillian Volunteer Fire Department

By Jerry Langford

and leadership goes into keeping volunteers enthusiastic and hard working without pay.

Everyone at LVFD and the neighboring fire departments are certainly going to feel the loss of two great leaders. We all wish them the very best in their future endeavors.

On a happier note however, the chief position will be awarded to our Assistant Chief Nick Dewhurst. Dewhurst has been with LVFD for over ten years and has been instrumental in the success of the department.

Our disappointment in losing both our current chief and captain will be lessened knowing we will have another great leader to take the helm. All of the LVFD family is delighted to welcome Dewhurst as our next chief and wish him every success.

As mentioned last month, we are coming up to the end of our fiscal year which means the LVFD Annual General Membership Meeting of the Board of Directors will be held for the election of board of directors. This meeting will be held at Station 2, 11331 County Road 91S at 7 p.m. Oct. 7.

We would encourage as many residents in the community as possible to attend and show your

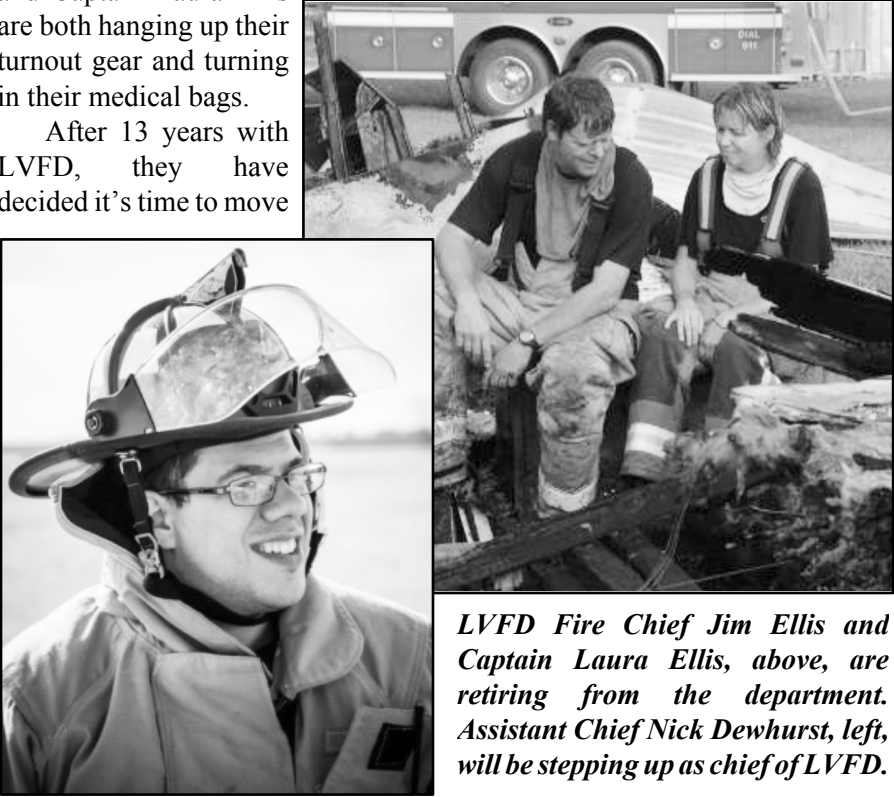
support, share any concerns and vote. So please mark your calendars for the occasion and be a voice for the community.

We had another great month of training including another opportunity to train with our neighboring Perdido Beach Volunteer Fire Department.

Last month we concentrated on Emergency Vehicle Operator Course (EVOC). This course helps us maintain our critical driving skills.

As an emergency vehicle operator, one faces distractions and hazardous conditions that other drivers never encounter.

So on a regular basis, both fire departments provide on-going training to maintain and improve our driving skills and be cognizant of surroundings and conditions when operating any of the vehicles.



LVFD Fire Chief Jim Ellis and Captain Laura Ellis, above, are retiring from the department. Assistant Chief Nick Dewhurst, left, will be stepping up as chief of LVFD.

### Annual General Membership and Election of LVFD Board of Directors

Oct. 7 at 7 p.m. at Station 2 on CR 91

Please plan to attend!

NEW LISTING

1373 Caney Loop, Lillian | \$132,000 | MLS 289045

Well-maintained, partially furnished energy star manufactured home in lovely Spanish Cove is in move-in ready condition for full time or 2nd home. Spacious, open-concept floor plan and many upgrades. . A MUST SEE!!

Deeded Water Access

11079 Melissa Lane | \$234,500 | MLS 284202

REDUCED!

4692 Peed Place | \$325,000 | MLS 28304

PENDING in less than a week

2826 Avenida Alberto | \$165,400 | MLS 287744

SOLD! in less than a week

34198 White Osprey Dr | \$243,460 | MLS 286924

SOLD! in less than a week

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