

Monday

Tuesday

Friday

1.	B: Sausage, Egg, Toast, Apples, Milk L: Grilled Cheese, Tom soup, Green Beans, Pears, Milk S: Cucumbers & Ranch, Milk	2. B: Pancakes, Peaches, Milk L: Spaghetti & Meatballs, Corn, Oranges, Milk /S: Applesauce, Yogurt	3. B: Cereal & Milk, Pineapples L: Hotdogs with a roll, Baked Beans, Mixed Fruit, Milk S: Graham Crackers & Milk	4. B: Butter Toast & Bananas, Milk L: Meatloaf, Mashed Potatoes, Carrots, Pears, Milk S: Cheese Sticks & Apples
7.	B: Waffles, Peaches, Milk L: Tuna Noodle Casserole, Peas, Oranges, Milk S: Carrot Sticks & Ranch, Milk	8. B: French Toast, Applesauce, Milk L: Shepherd's Pie (hamburger, mashed pot, Cheese), Broccoli, Pineapple, Milk S: Veggie Straws & Milk	9. B: Sausage, Egg, Toast, Mixed Fruit, Milk L: Chicken Patty on a bun, tater tots, Mixed Vegetables, Bananas, Milk S: Cereal & Milk	10. B: Pancakes, Apples, Milk L: Pizza Burgers, (beef, cheese, pepperoni,) on a roll, Green Beans, Pears, Milk S: Peaches & Ritz Crackers
14.	B: Waffles & Mixed Fruit, Milk L: Breakfast Bake (Sausage, Eggs, Potatoes), Carrots, Bananas, Milk S: Ritz Crackers & Cheese Slices	15. B: French Toast, Apples, Milk L: Pierogies & Meatballs, Peas, Pears, Milk S: Cucumbers & Ranch	16. B: French Toast, Apples, Milk L: Pierogies & Meatballs, Peas, Pears, Milk S: Cucumbers & Ranch	17. B: Sausage, Eggs, Toast, Peaches, Milk L: Chicken salad sandwiches on a roll, Broccoli, Oranges, Milk S: Cheese Sticks & Applesauce
21.	B: Butter Toast, Applesauce, Milk L: Chicken Nuggets, French Fries, Baked Beans, Pineapples, Milk S: Watermelon & Milk	22. B: Butter Toast, Peaches, Milk L: Shredded Chicken, Mashed Potatoes, Corn, Oranges, Milk S: Carrot Sticks & Ranch, Milk	23. B: Waffles, Applesauce, Milk L: Sloppy Joe on a roll, Baked Beans, Pineapples, Milk S: Veggie Straws & Milk	24. B: French Toast, Mixed Fruit, Milk L: Pizza Casserole (Pasta, Pizza sauce, Pepperoni, Cheese), Carrots, Bananas, Milk S: Yogurt & Pears
28.	B: Cereal & Milk, Bananas L: Tacos (Lettuce, Beef, Cheese, whole wheat shells), Green Beans, Pears, Milk S: Apples & Milk	29. B: Cereal & Milk, Pineapples L: BBQ chicken Sandwich on a roll, Mixed Vegetables, Mixed Fruit, Milk S: Cheese Sticks & Ritz Crackers	30. B: Butter Toast, Bananas, Milk L: Cheeseburger Mac & Cheese (Cheese, Pasta, Ground beef), Green Beans, Pears, Milk S: Apples & Goldfish	31. B: Waffles, Peaches, Milk L: Chicken Bacon Ranch (chicken,, Bacon bits, Ranch dressing), Corn, Oranges, Milk S: Applesauce & Milk
				• whole grain cereal include: cinnamon toast crunch, lucky charms, cheerios, golden Grahams