

February 18, 2018 - First Sunday of Lent

*The Spirit drove Jesus out into the desert,
and he remained in the desert for forty days, tempted by Satan.*

Mark 1: 12-15

"My year of no shopping"

Ann Patchett is the author of the best-selling Commonwealth, Bel Canto and eight other novels; she is also co-owner of Parnassus Books, an independent book store in her hometown of Nashville. At the end of 2016, she writes, "when our country had swung in the direction of gold leaf," she felt the anxiety and fear many Americans were feeling. Inspired by the experience of a friend, Patchett decided to opt out of the empty glitz and resolved that 2017 would be her year of "no shopping." Her ground rules: No clothes or electronics. Shampoo, batteries and printer cartridges were OK, only if she ran out. She could buy anything in a grocery store, including flowers. Plane tickets and eating out in restaurants were also OK. Because she's an author (and owns a book store), she would continue to indulge in buying books, and curtailed her gift-giving to books (one exception: a wedding gift for her editor).

Patchett discovered that "the trick of no shopping isn't that you don't buy things. You don't shop. That means no trawling the sale section of the J. Crew website in idle moments. It means the catalogs go into the recycle bin unopened on the theory that if I don't see it, I don't want it. Halfway through the year I could go to a store with my mother and sister if they asked me. I could tell them if the dress they were trying on looked good without wishing to try it on myself."

She also realized the wisdom of what her parents taught her as a child: If you want something, wait awhile. Chances are the feeling will pass. And "once I stopped looking for things to buy, I became tremendously grateful for the things I received."

"The things we buy and buy and buy are like a thick coat of Vaseline smeared on glass: We can see some shapes out there, light and dark, but in our constant craving for what we may still want, we miss life's details . . . I came to a better understanding of money as something we earn and spend and save for the things we want and need. Once I was able to get past the want and be honest about the need, it was easier to give more of my money to people who could really use it.

"For the record, I still have more than plenty. I know there is a vast difference between not buying things and being able to buy things. Not shopping for a year hardly makes me one with the poor, but it has put me on the path of figuring out what I can do to help."
[The New York Times, December 15, 2017.]

This season of Lent challenges us to opt out of business as usual to discover to new paths to walk, new ways of seeing, new perspectives to embrace. In giving up shopping for a year, Ann Patchett rediscovered the wealth she already possessed. In Lenten desert experience, Christ calls us to lay aside the material and ephemeral in our lives in order to realize the lasting treasures that are ours: love, mercy, forgiveness, justice, compassion. These 40 days of Lent are an invitation to us to spend time in the "wilderness," to confront the hard choices we must confront in our lives: choices between the values of God and the values of "Satan," choices between the values we believe in the depths of our hearts and the "marketplace" values of prestige, wealth and security. In making these choices honestly, sincerely and faithfully, we come to a new realization of God as the center of our lives and hopes and a renewed focus on fulfilling the Easter promise in our own lives.

www.connectionsmediaworks.com

**February 18th, 2018
The First Sunday of Lent**

Sacred Heart Parish

A Stewardship Parish in Union with Christ



Parish Information

Parish Administrator: Monsignor Jim Robertson

Office Hours: Nonday – Friday , 1:00 pm to 5:00 pm

465 Curling Street
Corner Brook, NL A2H 3K8
Tel: (709) 785-5025

curlingparish@hotmail.com
www.sacredheartrcparish.ca

Weekend Masses: Saturday 4:30 pm, Sunday 11:00 am

Reconciliation: Wednesday after Mass, or by request

Mass During the Week: Tues at 7:00 pm Wed, Thurs, Fri at 10:00 am
First Fridays - 2:00 pm at the Lohnes Complex
Daily mass is cancelled any day schools are closed due to bad weather.

Holy Hour of Adoration: Third Sunday of the Month at 2 p.m.

Marriages: Six months' notice is required. A year's notice is recommended.

Baptisms: Please call the Parish Office to schedule preparation session.

RECEIVED WITH THANKS (Feb 10 - 11, 2018)

Regular Collection	1834.90
Pastoral Dues	145.00
Envelope Cost Contribution	10.00
Building Fund	210.00
Votive Candles	31.00
Mass Stipends	20.00
The Word among us	15.00
Catholic Missions in Canada	385.00
Memorial Fund (M. Pennell)	25.00

MASS INTENTIONS

Feb 17	Parish Community
Feb 18	Parish Community
Feb 19	No Mass
Feb 20	Late Tom Collier
Feb 21	Late Clyde Molloy
Feb 22	Late Marie Pennell
Feb 23	Late Thomas Griffin (sr)
Feb 24	Late Jack Neville
Feb 25	Parish Community

LITURGICAL MINISTERS

February 24	
Linda Tarbett Victoria Murphy	John Carroll Art Hall Frank Lewis
February 25	
Hedy Kenny Donna Eldridge	Doreen Jones Margaret Dalley Brian Sparkes
Communion to the Sick – Eileen Moore	

WINTER WEEKDAY MASS SCHEDULE:

Daily mass is cancelled any day schools are closed due to bad weather. This does not apply to funerals.

LENTEN FOLDERS: Folders are now available at the main entrance to the Church.

PARISH SECRETARY: Katie Greenwood has reigned her position as Office Administrator. This was a 20 hour position. We are now advertising for this position. There is a job description available at the parish for anyone interested. If interested, please contact the Parish Office.

INCOME TAX RECEIPTS 2017

Thank you for your generosity. These are now available at the back of the church. If there are any discrepancies, they should be reported to the Parish Office.

4YOUTH: The season of Lent is closely associated with fasting and abstinence. Just what exactly does that mean? Fasting means eating one full meal and two light meals a day, with no eating between meals. Abstinence means not eating any meat. In Canada, Ash Wednesday and Good Friday are days of fast and abstinence. Although all Fridays are days of abstinence, you can choose to do special acts of charity or piety instead. Many people choose to give up something for Lent, usually something that they enjoy a lot. You can give up: chocolate or sweets or desserts or complaining or negativity or bickering with your family. You might even decide to give up some of your daily screen time (TV, computer, video games, cell phone, etc.) What are you giving up this Lent?

DEVELOPMENT AND PEACE - Caritas Canada will be holding a Lunch/Workshop to introduce you to 2018 Share Lent Campaign, "Together for Peace". You will learn how YOU can become a peacemaker in your community and on a global scale. This FREE workshop will take place at **Holy Redeemer Cathedral residence on Thursday, February 22nd, 12:00 pm to 2:00 pm.** To RSVP please email dpatlantic@devp.org or call 1-888-234-8533 ext 238

ADORATION AND BENEDICTION: Our regular Adoration and Benediction takes place this Sunday. Adoration begins at 2 pm and the hour closes with Benediction at 3 pm. Come, pray with us.

EASTER FLOWERS: If you wish to donate for Easter Flowers in memory of a loved one, you may do so by putting the persons name with a donation in the Sunday collection or drop by the Parish Office.

ADULT FAITH FORMATION: Are you over sixty years of age? Would you like an opportunity to nurture your faith and your spirituality? Well, the Diocese of Corner Brook and Labrador (Office of Evangelization and Catechesis) will be offering an adult faith formation program entitled Beloved Disciples, a DVD course for the over sixties. This program will be held from 2:00-3:30 in the lower level of All Hallows Church on the first five Thursday afternoons of Lent – February 15, February 22, March 01, March 8 and March 15. Why not come along and check it out? (PS: No ID cards necessary!)

ADVANCE NOTICE: MARRIAGE

PREPARATION COURSE: Friday, March 9th at 7:00 pm and Saturday, March 10 at 9:00 am at the Cathedral. The cost to attend is \$50.00 and lunch will be provided.. If you plan to get married in 2018, call the parish office at 634-5161 to register.

FOURTH DEGREE: Bishop O' Reilly Assembly will meet on Tuesday, February 20th at All Hallows Parish Centre starting at 7:45 p. m. All Sir Knights are asked to attend.

PARISH COUNCIL: Our next meeting will take place on Monday, March 5th at 7 pm in the Church Meeting Room.

LENTEN HUMOUR

A Catholic man walks into a diner on the First Friday of Lent. He orders the fish plate. After the meal is finished, he pays the bill but leaves no tip. He repeats this for every Friday during lent.

On the last Friday, the waitress finally confronts the man and politely says, *"Excuse me sir. You've been eating here every Friday, and not once did you leave me a tip. Didn't I provide good service to you?"*

The man is a little embarrassed and replies, *"Oh your service was great! But because it's Lent I had to give up something. I decided to give up tipping."*

BINGO Our next parish bingo will be held on March 4 at 2pm. in the school cafeteria. The list of donors is posted on the church bulletin boards and include last names from N to Y.