

Dr. Emily W. King, Ph.D.  
Licensed Psychologist



Dr. Emily King is a child psychologist currently working in private practice in Raleigh. She received her Ph.D. in School Psychology from the University of North Carolina at Chapel Hill where she worked on various research projects at Frank Porter Graham Child Development Institute and completed a clinical practicum at the Carolina Institute for Developmental Disabilities. Dr. King completed her internship and post-doctoral training at Cypress-Fairbanks Independent School District in Houston, Texas where she specialized in providing school-based mental health services for preschoolers through adolescents.

As a native of Raleigh, Dr. King returned home from Texas in 2010 where she worked in a multi-disciplinary group practice before opening her own practice in 2012. Dr. King specializes in providing therapy and consultation services for children diagnosed with autism spectrum disorders, anxiety, ADHD, depression, and learning difficulties. She is well-versed in Cognitive-Behavioral Therapy, DIR/Floortime, Conscious Discipline, and Social Thinking methodologies. Dr. King is passionate about empowering parents and teachers to embrace their journey by taking care of their own mental health and finding the best solutions for the growth and happiness of all children.

Dr. King has served on the Project Enlightenment Board since 2017 on the Communications Committee and as the Secretary and Chair. She and her husband enjoy spending time with their two boys, ages 8 and 14 years old.