



Ref. No.

RISK ASSESSMENT

Title:

Brief Description of Activity

Dojo at Start Date:- Finish Date:- Ongoing (6 Month Review)

Prepared by: _____ Date _____
Approved by: _____ Date _____
Authorised by: _____ Date _____

Special Conditions for Authorisation

This risk assessment will be regularly reassessed and updated as required. Any major changes to training routine or the Dojo
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Review Date	Date Reviewed	Comments & Authorisation to Continue

1. Hazard

Look only for hazards you could reasonably expect to result in significant harm under the conditions in your training area. Use the following examples as a guide but carefully consider whether any others could arise.

Health

Manual Handling
Extremes of Temperature
Hazardous Substances..

Safety

Equipment.
Electrical Hazards (> 50 V AC).
Fire and/or Explosion.
Movement of Vehicles.

List and number each hazard.

1. Fire Escape
2. Manual Handling (Moving of training equipment etc)
3. Electricity
4. Hazardous Substances (Cleaning materials etc)
5. Slips Trips and Falls (Water/drinks on floors)
6. Lighting levels

2. Who might be harmed?

There is no need to list individuals by name, just tick groups of people doing similar work, or who may be affected.

Students

Others in building

Parents/Guardians

3. Is the risk adequately controlled?

For each hazard identified under Section 1, list existing controls, or note where the information may be found (i.e. Procedures, Working Instructions, COSHH forms etc.)

Have precautions already been taken against the risks from the hazards you listed? For example, have you provided: -

- Adequate information, instruction and training?
- Adequate systems of procedures, what to do in the event of a fire? Roll call at assembly point!

Do the precautions:-

- Meet the standards set by a legal requirement? (e.g. COSHH, Manual Handling).
- Comply with a recognised industry/sports standard?
- Represent good practice?
- Reduce risk as far as reasonably practicable.

If so, then the risks are adequately controlled, but you need to indicate the precautions you have in place. Refer to procedures, manuals, instructions etc., and attach additional assessments where appropriate e.g. COSHH, First Aid etc.

List Control Measures in relation to hazard numbers.

1. Fire Escape

Adequate means of escape from the dojo must be provided for the entire term of the training session/display. Fire lanes must be assessed and agreed as suitable prior to the start of the training and reviewed on a daily basis by the senior instructor or nominated person throughout.

2. Manual Handling

Training preferable.
Specific high risk operations should be individually assessed.
Heavy items of training equipment should be minimised.

3. Electricity

All items of electrical equipment/power distribution must be suitably tested.
No non tested equipment must be allowed in the dojo.
All items of electrical equipment/power distribution must be visually inspected prior to being put into use.

4. Hazardous Substances

These in general would be items of kitchen cleaning equipment. Care must be taken that children are not allowed in the kitchens or near the cleaning cupboards without being supervised by a responsible person

5. Slips Trips and Falls

A high level of Housekeeping is required within the dojo at all times during the training. This must be supervised by the instructors or responsible senior grades in attendance

4. What further action is recommended?

List the risks which are not adequately controlled. Apply the principles below when taking further action, if possible in the following order: -

- Remove the risk completely.
- Try a less risky option.
- Prevent access to the hazard (e.g. by guarding).
- Organise training to reduce exposure to the hazard.
- Consider also: - Training needs.
- New Procedures.
- Signs and Indicators.
- Monitoring and Inspection of regimes.

Hand written comments as per each Dojo.

Training bags and clothes should be kept away from fire exit doors.

All students should be advised that in case of fire or evacuation, where they all should meet and be monitored by the club register.

Children should be monitored in kitchens, these often have an array of cleaning chemicals under the sinks that may be harmful by touch or ingestion.

A first aid kit should be available with a qualified first aider on hand.

An accident book must be kept of all incidents.

Junior students should not be allowed to leave the Dojo until a responsible adult has arrived to collect them.

The instructors should be informed if a child is to be collected by someone other than the recognised guardian.

Contact numbers/details of parents should be on hand in case of an emergency.

The instructor should be aware of any medical details that may be required in case of emergency. I.e. Allergy to penicillin etc. Also the instructor should be aware if a student is asthmatic, epileptic etc.

If in doubt be safe, dial 999 and call an ambulance

