

## **I Can, You Can Empathy - Advanced**

### **Description**

Students express emotions through a game of charades. By guessing what the emotion their classmates are portraying, they demonstrate the foundation of empathy: understanding emotion and sharing feelings with others. Students practice critical thinking and collaboration with classmates.

### **Objectives**

- Understand how different emotions are expressed.
- Define empathy and how to show empathy to others.
- Practice critical thinking skills.
- Collaborate with others.

### **Materials**

- Small pieces of paper
- Writing utensils
- Smartboard/projector
- Something to put the pieces of paper in (a hat or a bowl)

### **Set-up**

- Have this video loaded and ready to go
  - <https://www.youtube.com/watch?v=icIIUdTEQnU>

### **Activity (45 minutes)**

#### **Introduction (10 minutes)**

- Ask students what they think empathy is – have a few volunteers say so aloud – ask them to think about their current definition while watching the video.
- Play video (2:43)
- Ask students how the video made them feel and if their idea of empathy has changed.
- Pass the pieces of paper around and have the students write down one emotion on the piece of paper.
- Remind them they can think outside of just happiness or sadness.
- Collect the pieces of paper in the hat (or bowl).

#### **Charades (20 minutes)**

- Explain the game to the class.
  - The player picks an emotion out of the hat and then acts out the emotion.

- The player cannot speak and can only use body language and gestures to act out the emotion.
- The class guesses what the emotion is.
- Ask students to volunteer to be the player.
- Encourage creativity when they act out the emotion.

**Synthesize (15 minutes)**

- Facilitate discussion with the class.
- Questions to ask:
  - How did you know what they were feeling based on what they were doing?
  - Can you think of a time when someone you knew was showing emotion and you demonstrated empathy towards them?
  - How did you show the person that you understood what they were feeling?
  - What's one thing that you learned from today's class that will help you be more empathic to others?