

**First Responder to Sexual Assault and Abuse Training™**

**Registration Form**

**Requested Date:**

**Time: 9:00 a.m. – 4:30 p.m. daily, with scheduled breaks**

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**Name:**

**Email Address:**

**Occupation/Partner Agency/Faculty/Reason for Taking this Course:**

**Please note:**

The First Responder to Sexual Assault and Abuse Training™ is a comprehensive workshop that covers all forms of sexual violence and contains content that could be difficult for some individuals. Please read the agenda included on the last page. We encourage everyone to practice self-awareness and participate in a way that is comfortable for them; however, we also strive to provide a quality education for all participants through a detailed curriculum and cannot be responsible for physical, emotional/mental impacts that may be experienced due to content. Participants must attend both days to receive a certificate. \*\*Registration is not complete until full payment has been received.

**Please complete the following questions:**

|  |  |
| --- | --- |
| I have received disclosures from children who were sexually abused | ⭘ in my work⭘ in my personal life⭘ other (please explain)⭘ I have not received disclosures |
| I have received disclosures from adults who were sexually abused as children | ⭘ in my work⭘ in my personal life⭘ other (please explain)⭘ I have not received disclosures |
| I have received disclosures from adults who were recently sexually assaulted | ⭘ in my work⭘ in my personal life⭘ other (please explain)⭘ I have not received disclosures |
| In responding to disclosures of sexual violence, what are the important things to communicate to the person you are supporting? |  |
| I have made reports to Child and Family services | ⭘ in my work⭘ in my personal life⭘ I have not made a report |
| I am aware of resources in my community to support children, families and adults | ⭘ for children⭘ for families⭘ for adultsplease explain: |
| I can say words like penis, vagina, penetration and oral sex in front of a group of people | ⭘ I could never ⭘ I never have, but probably could⭘ it has taken practice⭘ Easily and often |

**Module 1 – Critical Communication Skills for First Response**

* What is Sexual Violence?
* Continuum of sexual violence
* Importance of effective feedback and support
* Intersectionality: experiences and responding
* Adult process of disclosure

**Module 2 – Child Sexual Abuse**

* Definitions and application of the Criminal Code of Canada
* Dynamics of victims and abusers
* Age of consent
* Child process of disclosure
* Behavioural, physical, mental and social indicators and impacts
* Reporting (Saskatchewan Child Abuse Protocol)
* Demonstration of responding skills using scenarios

**Module 3 – Adults Who Were Abused as Children**

* Behavioural, physical, mental and social impacts of abuse in adults
* Complex post-traumatic stress response
* Reporting options
* Grounding techniques
* Demonstration of responding skills using scenarios

**Module 4 – Sexual Harassment**

* Defining sexual harassment (Sask. Human Rights), harassment versus flirting
* Sexual harassment on the continuum of violence
* Impacts of sexual harassment
* Reporting options

**Module 5 – Sexual Assault**

* Definitions and application of the Criminal Code of Canada
* Examination of myths and biases
* Prevalence rates
* Immediate and long-term impacts
* Sexual assault trauma: stages and responses
* Reporting options
* Demonstration of responding skills using scenarios

**Module 6 – Rethinking Prevention**

* Define and discuss the anti-violence continuum
* Discuss negative impacts of prevention tips aimed at people who may be assaulted
* Myths and the “Just World” hypothesis
* Personal challenges: boundaries, being media savvy, involvement, speaking out